Nursing at Advocate Sherman Hospital

Student Orientation
Welcome Nursing Students!

On behalf of the all of the Nursing staff at Advocate Sherman Hospital, Welcome to our hospital!

We hope you have a successful semester and many excellent learning experiences!
For any questions, concerns, or feedback during your clinicals, please contact:
Carrie Burkhart RN, MSN, Clinical Educator
Carrie can be reached at 224-783-8409 (if in-hospital, ext. 8409) or via email at carrie.burkhart@shermanhospital.org
About Advocate Sherman...

• We are a 255 bed community hospital that has had a presence in Elgin since 1888!!

• We moved into our new hospital in Dec. 2009. (*all private patient rooms!*).

• Advocate Sherman includes the hospital, 3 Urgent care centers, Home care Partners and Sherman West Court.
We are Magnet!

- Sherman was designated by ANCC, the American Nurses Credentialing Center, as a Magnet hospital in November, 2012!!
- This is the highest award for clinical nursing excellence! Only ~7% of the hospitals in the USA have received this award.
More about Advocate Sherman...

- Regional heart center –Open heart surgery program since 1972!
- Designated Chest Pain center
- Primary Stroke Center hospital
- Center of excellence for Diabetes, Orthopedic care, Cancer care
- Nationally accredited program for Breast Care Center
- State of IL Lincoln award recipient in 2011
- Affiliation with University of Chicago for Radiation Therapy
- Emergency services with over 60,000 visits annually-Level 2 trauma center
- Family Birthing center offers a Level 2 Nursery with expanded capabilities.
Nursing School Affiliations

• We have affiliations with several undergraduate Colleges of Nursing including:
  – Elgin Community College (ECC)
  – Northern Illinois University (NIU)
  – Chamberlain College of Nursing (CCN)
  – College of Du Page (COD)
  – McHenry County College (MCC)
  – Valparaiso University
  – OSF St. Anthony’s in Rockford

• We also have affiliations with graduate schools of nursing too! (including Rush, NIU, Olivet Nazarene, Walden)

• We provide close to 500 clinical experiences to nursing students annually.
  – Remember to share your School/student informational card with your preceptors!
Key Advocate Sherman Hospital Information

*Our Address is:*  
• 1425 N. Randall Road in Elgin IL., 60123

*Our Phone Number:*  
• Our area code is 224 and prefix 783...  
• So --if you are calling from outside of the hospital and want to call --for example-- the Critical care unit, you would dial 224-783-8745  
• However, the main hospital number is still 847-742-9800

*Parking*  
• Please park in the Employee Parking lot at the very back of the hospital. Turn at “Fox Lane”. *No parking permit is required!*

*Proximity Cards (“prox” cards)*  
• You will receive a prox card from your Instructor; it will allow you entry into the hospital and other hospital areas. It is returned to your instructor upon completion of your clinical rotation.
Key Advocate Sherman Hospital Information

• The *Cafeteria* is located on the Lake (lower level); Tree House Gift Shop and Walgreen’s are on the 1st floor.

• We have a beautiful *Geothermal lake* that heats and cools the patient rooms in the bed tower.
Nursing at Advocate Sherman

• **Mission:**

• **Vision:**
  – To be one of the best community hospitals in the nation by providing extraordinary nursing care every life, every moment, every day.

• **Values:**
  – S...Service for all
  – H...Holistic & Patient centered care
  – E...Evidence Based Practice
  – R...Respect for Diversity
  – M...Magnifying excellence
  – A...Accountability
  – N...Nurturing care
Core Advocate Sherman Values

- Our Core values at Advocate Sherman are:
  - Compassion
  - Integrity
  - Respect
Nursing Philosophy

- We believe that nursing is a calling to provide genuine, patient centered care and to promote a healing environment for the mind, body and spirit from the first to the very last day of life.
Nursing Accomplishments

• Magnet Designation!
• Shared decision making alive & well!
• High Patient and Physician satisfaction
• HAPU Team (Hospital acquired pressure ulcers) … good to great!
• *Increased engagement with you!*—our students!
Nursing Behaviors: “live our MVVP” (Mission, Vision, Values & Philosophy)...

**AIDET:**

Acknowledge, Introduce, Duration, Explain, Thank you!

- Decreases patient anxiety
- Improves clinical outcomes
- Improves patient compliance
- Improves patient satisfaction
Nursing Behaviors ...

**Hourly Rounding—Research based**

- Rounding on your patients every hour with “purpose”... the 3 Ps:
  - Pain
  - “Potty”
  - Positioning

- Hourly rounding will decrease fall risks, reduce call lights, increase patient satisfaction, decrease HAPUs. WOW!!
Nursing Behaviors...

_Bedside Shift report:_

- Why? Focus is on our patients!
- Invites patient participation
- Allows for observation & validation of information
- Increased patient satisfaction
Nursing Behaviors...

**Patient care communication boards (white boards):**

- Includes patient and family in plan of care
- Improves communication
- Updated on an on-going basis/avoid medical “jargon”
- Include:
  - Patient name
  - RN/PCT/Dr./Student names
  - What is important to the patient
  - Pain Scale
  - Hourly rounding information
  - Nurse manager contact information
Other Safety Issues: Joint Commission Safety Goals

- **Goal 1:** Improve Accuracy of Patient Identification
- **Goal 2:** Improve the Effectiveness of Communication
- **Goal 3:** Improve the safety of using medications
- **Goal 7:** Reduce risk of healthcare-acquired infections
- **2012 : New Goal:** Catheter related urinary tract infections
- **Goal 15:** Identify safety risks inherent in patient population
- **Universal Protocol**
Emergency Preparedness/Codes

• The Emergency # at Sherman is x 5555!!
• Red “Emergency Response Guidebooks” are on each unit for your review

Code Review:
– Code Blue - Cardiopulmonary Arrest
– Code R - Rapid Response Team
– Code H - Code Help
– Code BAT - Stroke
– Code Cardiac - MI

Advocate Sherman Hospital
Emergency Preparedness/Codes

- **Code OB** - Rapid response for OB patient (mother)
- **Code Red** - Fire!
- **Code White** - Need for Security assistance
- **Code Silver** - Hostile Intruder, Hostage Response, Active Shooter
- **Code Pink** - Infant abduction
- **Code Adam** - Child missing/abduction
- **Code Zodiac** - Bomb Threat
- **Code Orange** - Hazardous materials
- **Code Purple** - Evacuation
- **Code Triage** - Disaster in area
- **Trauma Alerts** - Trauma patients coming into ED
- **Weather warnings** - Tornado warnings, including Code Black (tornado cell in area)
Code Red Review

• Fire Procedure: **Code Red**

• All staff:
  – Listen to the Code announcement/location
  – Remain in your area or return as able
  – Do not use elevators
Code Red Review

• In case of Fire, remember RACE:
  
  – **R** rescue those in immediate danger as able
  – **A** Activate the alarm (pull manual alarm and dial 5555)
  – **C** Contain the fire (close doors)
  – **E** Extinguish the fire
Code Red Review

• Using the fire extinguisher (check the locations on the units!)
  – P  Pull the pin
  – A  Aim the nozzle
  – S  Squeeze the handle
  – S  Sweep from side to side
Emergency Preparedness...

- Sherman is the “Regional Hospital Coordinating Center” for 12 hospitals.
- All staff and students need to
  - Know evacuation procedures and routes
  - Know location of fire extinguishers and how to report a fire
  - Always wear their name badge
  - Use stairs whenever possible during emergencies
  - Refer media inquiries to Marketing dept.!
Electrical Safety/Medical Equipment

• Medical equipment are devices to be used for diagnosis, treatment and monitoring of patients.

• They include devices such as EKG machines, IV pumps & defibrillators
Electrical Safety/Medical Equipment

• In the event of an emergency with a device, please follow the following procedures:
  – *Disconnect the unit from the electrical outlet and remove it from the patient care area.*
  – *Determine the patient’s condition with your preceptor and/or instructor and perform interventions as needed.*
  – *Staff will contact the Biomedical dept. staff directly or via the Nursing supervisor for repair and urgent replacement of equipment.*
Electrical Safety/Medical Equipment

• The equipment is *labeled as “broken”* to prevent its reuse and all accessories and supplies are kept with it for Biomedical department review.

• Materials Management/Biomed staff monitor and act on equipment notices and recalls to reduce risk to our patients and promote safe care.

• When a recall notice is received, Materials management notifies the department(s) that own the equipment and respond appropriately.
Radiation Therapy

- Radiation & radioactive materials may be essential in medical diagnostics and treatment, but they do create some hazards.
- Staff who work in Radiation restricted areas received special training on this. They are the only ones authorized to be in radiation restricted areas without supervision.
Radiation Therapy

• There are 3 main methods to LIMIT your exposure to Radiation. They are:

  – **Time**: limit your time spent in restricted areas
  – **Distance**: increase your distance from the radiation source
  – **Shielding**: Use lead or other shielding to decrease radiation exposure
Radation Therapy

• If you believe that there are conditions present that could result in unnecessary radiation exposure, please contact your Instructor and the department area supervisor.

• Or, if you believe there is equipment malfunction, leave the area immediately and contact your Instructor or supervisor.
Hazardous Materials...

- A hazardous material is one that is a physical, hazard (flammable, explosive) or a health hazard (Produce reactions in the body, such as a rash).
- Always take the time to read the label on materials for a quick reference on hazards.
Hazardous Materials...

• Protect yourself!
  – Personal Protective equipment such as gloves, goggles, gowns, etc.
  – Work practice; including hand washing, labeling containers
  – Storage: Secure cylinders in an upright position and with chains or cables. Store at least 18 inches from the ceiling.
  – Disposal: Dispose in an approved manner. Be sure to put used needles in the sharps container!
  – Spill clean-up: Housekeeping can be contacted for assistance.
Hazardous Materials...

• Refer to Materials Safety Data Sheets (MSDS)

• They will tell you how to handle and store chemicals properly.

• Includes key information such as Chemical identification, hazardous ingredients, physical data, fire & explosive data, health hazards, reactivity data, spill/leak procedures, special protection & precautions info.
Infection Control Key Points
Infection control & hand hygiene

Our goal at Advocate Sherman Health is to strive to increase compliance of washing hands or using alcohol gel

**EVERY TIME we ENTER and EXIT a patient room!**

Hand Hygiene is the most effective way to prevent the spread of infection, and to keep our patients, visitors and colleagues safe.
The Five Moments for Hand Hygiene

1. Before patient contact
2. Before aseptic task
3. After body fluid exposure risk
4. After patient contact
5. After contact with patient surroundings
Infection Control/Waste Disposal

• **QUICK REFERENCE FOR WASTE DISPOSAL**
• Infection Control and Epidemiology

• **IDPH defines Infectious waste (“Red Bag”) as:**
• Any liquid or semi-liquid blood or body fluid removed from a human body
• Any tissue or organ removed from a human body
• Any item that is covered with dried blood or body fluids
• Any item that is saturated with enough blood or body fluids to release it if the item is compressed
• The 4th item is the item that most contributes to the generation of red bag waste. Therefore follow the following guidelines.
Infection Control/Waste Disposal

NON-REGULATED WASTE (Clear or Black liners):

• Paper items
• Tissues
• Gloves not visibly contaminated with blood or other body fluids
• Plastics
• Items that have blood or body fluids on them but will not release the fluid when compressed (for example, a band-aid with a drop of blood on it can go into clear bag waste)
• Styrofoam cups or other products
• Wrappings from gauze, procedure trays, etc.
Infection Control/Waste Disposal

REGULATED INFECTIOUS WASTE ("Red Bag"):  
• Items saturated with blood or body fluids that would release the fluid if compressed  
• Gloves visibly contaminated with blood or other body fluids

When discarding waste from an “isolation” room:  

• **AIRBORNE PRECAUTIONS** – Handle waste as usual **BUT** wear a N95 mask when in the patient room.  
• **DROPLET PRECAUTIONS** – Handle waste as usual **BUT** wear a surgical mask if within 3 feet of the patient.  
• **CONTACT PRECAUTIONS** – Place the waste into the appropriate container in the patient room. Double bag to the same type of clean liner when waste is leaving the patient room. Red bag to red bag. Black bag to black bag. Blue bag to blue bag.
Infection Control

• Call Epidemiology with any questions about Infection control and types of waste/waste disposal.

• x 2948- Kathy Aureden, Epidemiology Coordinator
ID bands at Sherman

- **WHITE**: Basic Patient ID band
- **RED**: Allergies
- **YELLOW**: Fall Risk
- **PURPLE**: DNR
- **PINK**: Limb Alert
Other Key Issues/Policies
Key Issue: Passing Medications

• Per policy, you may administer medications *under the direction of your Instructor or a staff RN preceptor.*
Key Issue: Our Codes of Conduct

• Corporate Compliance: Hotline # is 3333.

• Conflict of Interest: Questions?: x 8795

• Patient Confidentiality - HIPAA
HIPAA

• See separate HIPAA brochure for students
• Please remember to respect the privacy of others as you want your privacy respected.
• Keeping patients’ information safe is part of patient safety & the right thing to do.
• Please be aware of the environment before you engage in patient conversation.
Key Issue: Ethical Issues

• If an ethical concern is unresolved, a patient, family member, or employee may request a consult from the Ethics committee.

• Advocate Sherman Ethics Committee: Physicians, Nurses, Chaplains, Social worker, Administrators and the Board of Directors.
Ethics

- Request a consult by contacting any member of the committee.
- *Consultation* is advisory, educational and supportive.
- Patient’s primary physician is notified by the committee of the consult.
- Responses are provided within 24 hours.
Key Issue: Service Recovery

• We are all responsible for Service Recovery!
• ACT for Service Recovery:
  – Apologize: No excuses!
  – Correct: Fix the problem, or find out who can
  – Take Action: Communicate

We use the MIDAS system to document service issues.
Key Issue: Diversity

• Today’s workforce is diverse! 😊
• This is an advantage!
• Examples of diversity:
  – Age
  – Gender
  – Culture
  – Religion
  – Race

_The Bottom Line to diversity is Respect!_
Key Issue: Spiritual Care

• We have a Spiritual Care/Department of Pastoral care, led by Reverend Diaz-Cabello.
• Phone number for this dept. is x 2136.
• We also have a Meditation room on the 1st floor of the hospital for patient, family, and other members of the health care team.
Key Issue: Translation/Interpreter Services

- To assist our patients as needed, we have a Translation/Interpreter Services department.
- This team is led by Paola Velasquez.
- They can be contacted at ext./pager 2300.
Key Issue: Medworxx

• What is Medworxx?---A software program that contains all of Sherman’s Policies and Procedures.
• Easily accessible via the Intranet system.
• Can do a quick/easy search for policies!
Key Issue: Uniforms & Dress Code

- **RNs** at Advocate Sherman wear white and/or or olive green (solids or prints)
- **PCTs** wear royal blue (solids or prints)
- **Unit secretaries** wear black & white
- **Expectation for all**: “Neat, professional appearance and follow safety standards”.
Key Issue: Dress Code

- Hair clean, “tied back”- no unusual colors!
- Jewelry: No visible body piercings; no facial piercings or “band-aids” over them
- Ears may have a maximum of 2 piercings per ear (no gauges, plugs)
- Visible tattoos not permitted
- **Schools of nursing** have varied styles/colors of uniforms!
Key Issues: Dress Code

- No extreme colors of nail polish or chipped polish.
- Artificial fingernails and extender are prohibited by those providing direct patient care. Natural nail tips < ¼ inch long
- Direct patient care givers:
  - Refrain from using scented lotions, perfumes
  - Feet and legs covered at all times and wear socks.
Key Issue: Cell Phones

• Cell phone use:
  – You may use them to access your nursing references such as medication resources, nursing care procedure references, etc.!
  – Exercise discretion in using cell phones/texting during clinicals; make personal calls/texts on non-clinical time, unless circumstances demand immediate attention.
  – Camera and camera phone usage not permitted during clinicals.
Thank you!

Thank you for reading this information thoroughly prior to your first clinical day.

Again, we welcome you and wish you a great clinical rotation at Advocate Sherman Hospital!