

College of DuPage
Isolation and Quarantine Guidelines

For use by
Risk Management, Human Resources, & Dean of Students Office

ISOLATION

Students or staff who have tested positive for COVID-19, or who have COVID-19-like symptoms should be advised that they are not permitted in a College facility or on a College property until they have:

- Isolated for 5 days.
- If after 5 days the individual is asymptomatic or their symptoms are resolving, and they have been without a temperature of more than 100.3° for 24 hours, they can return to campus.
- When initially returning to campus, the individual must wear a face mask for the next 5 days, regardless of their location (in a private office, outdoors, etc.).
- If the individual's temperature continues to be 100.4° or higher after 5 days of isolation, they should be instructed to stay away from all College facilities until their temperature is less than 100.4° for at least 24 hours.
- Staff will be cleared to return to campus by Human Resources, and Students will be cleared to return to campus by the Dean of Students or designate.

QUARANTINE

Students or staff exposed to an individual who has had a positive COVID-19 test, or who is experiencing COVID-19-like symptoms should be advised to follow the following guidelines:

Individuals who are: Unvaccinated / Not Full-Vaccinated / Not Boosted

- Individuals who are unvaccinated OR are more than six months out from their second mRNA (Pfizer or Moderna) dose, OR more than 2 months after the J&J vaccine, and not yet boosted, must quarantine for 5 days.
- If the individual remains symptom free after 5 days, they may be permitted to return to campus, however, they must wear a face mask for the next 5 days, regardless of their location (in a private office, outdoors, etc.).
- If symptoms occur, individuals should immediately isolate until a negative test confirms symptoms are not attributable to COVID-19.
- Staff will be cleared to return to campus by Human Resources, and Students will be cleared to return to campus by the Dean of Students or designate.
- For all those exposed, it is recommended as best practice (but not required) that they seek COVID-19 testing at day 5 after exposure.

Individuals who are: Boosted

- Individuals who have received their booster shot do not need to quarantine following an exposure, however they must wear a face mask for the next 10 days, regardless of their location (in a private office, outdoors, etc.).
- If symptoms occur, individuals should immediately isolate until a negative test confirms symptoms are not attributable to COVID-19.
- Staff will be cleared to return to campus by Human Resources, and Students will be cleared to return to campus by the Dean of Students or designate.
- For all those exposed, it is recommended as best practice (but not required) that they seek COVID-19 testing at day 5 after exposure.

Reference: CDC Guidelines <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>