

# COLLEGE OF DuPAGE

## Instructions

This document is to be provided to individuals who respond “Yes” to any screening question, **AND/OR** who have a temperature >100.4° at screening, **OR** who are sent home due to COVID-19 like symptoms.

For those individuals who responded “yes” to any screening question, **AND/OR** who have a temperature >100.4° at the time of screening, **OR** who are sent home with COVID-19 like symptoms, the following guidelines are strongly recommended:

- **Self-isolate**
- **Contact Primary Care Provider**
- **Get diagnostically tested for COVID-19**
- **Monitor symptoms**

**Seek medical attention immediately if you have emergency warning signs\*, including:**

- ✓ **Trouble breathing**
- ✓ **Persistent pain or pressure in the chest**
- ✓ **New confusion**
- ✓ **Inability to wake or stay awake**
- ✓ **Bluish lips or face**

*\*This list does not include all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.*

### **BEFORE RETURNING TO CAMPUS**

Individuals who are **confirmed or probable for COVID-19 must:**

- Complete 10 calendar days of isolation from the date of first symptom onset, **AND**
- Be fever-free (temperature less than 100.4°) for 24 hours without use of fever-reducing medications, **AND**
- Other symptoms must have improved before returning to campus.

Individuals with COVID-like symptoms **who do not get tested for COVID-19 and/or who do not have a healthcare provider’s note documenting an alternative (non-COVID-19) diagnosis must:**

- Complete 10 calendar days of isolation from the date of first symptom onset, **AND**
- Be fever-free (temperature less than 100.4°) for 24 hours without use of fever-reducing medications, **AND**
- Other symptoms must have improved before returning to campus.

**Employees:** You will need a return to work note from a physician confirming that you can safely return to work.

### **References:**

CDC Guidelines for What to do if You Are Sick <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

CDC Guidelines for Isolate if You Are Sick <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>