COLLEGE OF DuPAGE

Instructions

This document is to be provided to staff or students who are asked to leave a College facility due to COVID-19 like symptoms.

For those individuals who have been asked to leave a College facility due to COVID-19 like symptoms, the following guidelines are strongly recommended:

- Self-isolate
- Contact Primary Care Provider
- Get tested for COVID-19
- Monitor symptoms

Seek medical attention immediately if you have emergency warning signs*, including:
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

*This list does not include all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

BEFORE RETURNING TO CAMPUS

Get tested for COVID-19 from a third-party test provider (home test will not be accepted).

If you have a negative COVID-19 test:
- **Staff** – provide your negative COVID-19 test (no home test) to Human Resources.
- **Students** – provide your negative COVID-19 test (no home test) to the Dean of Students Office.
- Human Resources or the Dean of Students Office will provide further instructions concerning permission to be in a College facility.

If you have a positive COVID-19 test:
- Isolate for 5 days.
- If after 5 days you are asymptomatic or your symptoms are resolving (without a temperature of less than 100.4°F for 24 hours), wear a mask for the next 5 days when around others.
- If your temperature continues to be 100.4°F or higher, stay away from all College facilities until it is less than 100.4°F for at least 24 hours.

If after 5 days of isolation your temperature has been less than 100.4°F for 24 hours:
- **Staff** – notify Human Resources that you have completed 5 days of isolation, and your temperature has been less than 100.4°F for 24 hours.
- **Students** – notify the Dean of Students Office that you have completed 5 days of isolation, and your temperature has been less than 100.4°F for 24 hours.
- Human Resources or the Dean of Students Office will provide further instructions concerning permission to be in a College facility.

References:
CDC Guidelines: The five days of isolation is based on the scientific fact that the majority of COVID-19 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after (https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html).