HUMAN SERVICES

HUMAN 1100  
Introduction to Human Services  
4 Credit Hours  
Students will explore human service systems through tours of facilities, discussions with professionals, and an examination of the ethical principles that guide their work. Requires 20 hours of service learning. (3 lecture hours, 2 lab hours)

HUMAN 1105  
Esteem Building  
2 Credit Hours  
An overview of cognitive behavioral interventions that increase self-esteem. The construct of self-esteem are explored through research and assessment tests. Specific interventions and appropriate utilization of these interventions for various age groups are discussed. (2 lecture hours)

HUMAN 1113  
Interpersonal Dynamics  
4 Credit Hours  
Overview of interpersonal skills that enhance therapeutic communication. Skills of empathy, respect, concreteness, genuineness, appropriate self-disclosure and confrontation are addressed. Assessment, interviewing and de-escalation techniques are introduced. (3 lecture hours, 2 lab hours)

HUMAN 1114  
Contemporary Practice Models  
3 Credit Hours  
An introduction to current treatment approaches. Each approach is viewed in its historical, cultural and philosophical perspectives. Students demonstrate each theoretical model and assess its potential for incorporation into their developing counseling style. (2 lecture hours, 2 lab hours)

HUMAN 1115  
Behavior Change Principles  
3 Credit Hours  
Students will learn best practices for assisting people to make changes in human services settings. (2 lecture hours, 2 lab hours)

HUMAN 1121  
Cross-Cultural Communications  
4 Credit Hours  
Introductory course exploring a variety of issues related to cultural competency in Human Services practice. The concepts of race, ethnicity, culture, class, religion, gender, sexual orientation, ethnocentrism, oppression, and power will be explored. Practical application of acquired awareness, knowledge, and skills will be stressed. (3 lecture hours, 2 lab hours)

HUMAN 1125  
Introduction to Addictions  
3 Credit Hours  
An exploration of the concept of addiction, including historical and current attitudes toward drug use, diagnostic criteria, treatment models, and current trends in substance use and abuse. (3 lecture hours)

HUMAN 1126  
Psychopharmacology for Addictions Course  
3 Credit Hours  
An introduction to the biochemical principles that affect the nature, action, and use of psychoactive drugs. (3 lecture hours)

HUMAN 1130  
Psychedelic Mindview  
2 Credit Hours  
An exploration of the role of psychedelic substances throughout history. Includes use by indigenous cultures, religious groups, and in psychotherapy. Current research on the use of psychedelics in substance abuse treatment and as a therapeutic adjunct. (2 lecture hours)

HUMAN 1140  
Mental Health First Aid  
1 Credit Hour  
Students will be introduced to basic concepts and strategies for assisting people experiencing a mental health crisis. (1 lecture hour)

HUMAN 1141  
Psychiatric Rehabilitation  
4 Credit Hours  
Rehabilitative approach to treating individuals with severe mental illness. Emphasis is placed on collaborating treatment methods with the clients. Students are introduced to the mental health team, understanding legal and ethical issues surrounding treatment, psychiatric symptoms, and disability. Psychiatric rehabilitation is introduced through vocational skills training, interview techniques and assessment methods. (3 lecture hours, 2 lab hours)

HUMAN 1142  
Psychiatric Rehabilitation Skills  
4 Credit Hours  
Continuation of Psychiatric Rehabilitation Certificate training. Course focuses on interviewing and listening skills, skills training, preventing and managing behaviors, assessment skills, treatment planning and crises intervention. (3 lecture hours, 2 lab hours)

HUMAN 1143  
Health Skills Psychiatric Rehabilitation  
4 Credit Hours  
Continuation of Psychiatric Rehabilitation Certificate training program. Course examines three dimensions of wellness: physical, emotional and environmental. Psychoeducational training sessions are introduced, as well as medication management skill training. Prerequisite: Human Services 1141 with a grade of C or better, or equivalent. (3 lecture hours, 2 lab hours)

HUMAN 1144  
Vocational and Community Living Skills  
4 Credit Hours  
Examines fundamentals of vocational rehabilitation. Job coaching, job analysis, medication management, negotiation skills and networking skills are practiced. Policy standards, both state and federal, are discussed and integrated into coursework. (3 lecture hours, 2 lab hours)

HUMAN 1160  
Residential Child Care  
4 Credit Hours
Introduction to residential child care. Provides an overview of the settings and skills needed to assist children with emotional problems. Students will be introduced to the models of care utilized in outpatient and inpatient settings. (3 lecture hours, 2 lab hours)

HUMAN 1165
**Dynamics of Child Abuse**  
3 Credit Hours  
An in-depth look at child neglect, and child sexual, physical and emotional abuse. Students investigate treatment issues surrounding each area. Victim and perpetrator treatment issues, prevention of abuse, and the long-term impact on the individual are discussed. Clinical issues that arise in children, adolescents and adults as a result of child abuse are covered. (3 lecture hours)

HUMAN 1170
**Role of Advocacy in Human Services**  
2 Credit Hours  
Introduction to advocacy skills in relation to counseling in Human Services. An overview of political and public advocacy issues are discussed. Essential skills and knowledge of legal processes for effective solutions are introduced. (1 lecture hour, 2 lab hours)

HUMAN 1175
**Crisis Intervention**  
2 Credit Hours  
Introduction to clinical interventions utilized in crisis intervention. This course covers crises throughout the life cycle and situations such as medical and psychological traumas, post-traumatic stress disorder and professional burnout. (1 lecture hour, 2 lab hours)

HUMAN 1180
**Domestic/Family Violence**  
4 Credit Hours  
Students will be introduced to a comprehensive exploration of domestic/family violence. Students will examine the history, nature, extent, causes and consequences of family/domestic violence. Skill building in direct service will be explored. (3 lecture hours, 2 lab hours)

HUMAN 1190
**Introduction-Developmental Disabilities**  
5 Credit Hours  
Introduction to developmental disabilities. Course covers treatment history and present methods. Behavioral management programs, record maintenance, and facility and/or home maintenance techniques are explored. Students are introduced to working with an interdisciplinary team to provide care to a varied population. (4 lecture hours, 2 lab hours)

HUMAN 1800
**Special Project**  
1 to 3 Credit Hours  
Special project course covers topics not otherwise covered by general education courses and other course in the Catalog for the discipline. These courses require direct experience and focused reflection in an in-depth study of a specific discipline topic and/or the critical analysis of contemporary issues in the discipline. They are targeted to self-selected students with an interest in the subject matter and involve active participation. The course delivery incorporates an experiential component of no less than 30 percent but not to exceed 70 percent (to be determined by the disciplines). This experiential component may include filed studies, interdisciplinary learning, and/or the practical application of discipline-related concepts, theories, participles and methods with a specific focus.

HUMAN 1820
**Selected Topics I**  
1 to 3 Credit Hours  
Introductory exploration and analysis of selected Human Services topics with a specific theme indicated by course title listed in the college class schedule. This course may be taken four times for credit as long as different topics are selected. (1 to 3 lecture hours)

HUMAN 1840
**Independent Study**  
1 to 4 Credit Hours  
Exploration and analysis of topics within the discipline to meet individual student-defined course description, goals, objectives, topical outline and methods of evaluation in coordination with and approved by the instructor. This course may be taken four times for credit as long as different topics are selected. Prerequisite: Consent of instructor is required. (1 to 4 lecture hours)

HUMAN 2200
**Human Services Corrections Counseling**  
4 Credit Hours  
Provides a human services perspective on working with clients in the criminal justice system. Students will explore the legal issues pertinent to offenders. The functions of rehabilitation settings and clinical interventions provided in these settings are examined. (3 lecture hours, 2 lab hours)

HUMAN 2212
**Group Dynamics**  
3 Credit Hours  
Introduction to leadership functions that affect collective behavior. Exploration of the dynamics of change as it applies to group functions. Analysis of group stages and differing theoretical models to conduct the group process are addressed. Ethical guidelines that govern the establishment and maintenance of groups are explored. (1 lecture hour, 4 lab hours)

HUMAN 2213
**Grief Counseling**  
3 Credit Hours  
An overview of grief counseling, including history and research, normal and abnormal grief responses, and physiological and psychological implications of grief. Lab emphasizes acquiring skills in assisting others to successfully resolve grief issues. (2 lecture hours, 2 lab hours)

HUMAN 2214
**Older Adult Care Management**  
4 Credit Hours  
Introduction to the basic components of older adult care management. Content covers the physical, emotional, social, psychological and cognitive aspects of aging. Course covers practical applications of interviewing and counseling families, managing client behavior, and assessing individual needs for appropriate treatment. (3 lecture hours, 2 lab hours)

HUMAN 2223
**Generalist Practice I**  
2 Credit Hours  
An applied skills approach to interviewing skills, psychological assessment techniques, and individual and group counseling
skills. Development of treatment plans, discharge planning, and documentation skills are addressed. Ethical guidelines governing practice will be reinforced throughout each skill practiced. Students will be prepared for the fieldwork experience. Prerequisite: Consent of instructor is required. (1 lecture hour, 2 lab hours)

HUMAN 2225  
**Addictions Counseling I**  
4 Credit Hours  
Students will focus on the methods and skills utilized in chemical dependence treatment. Prepares students who want to enter the field of addictions counseling. Prerequisite: Human Services 1125 with a grade of C or better, or equivalent and Human Services 1126 with a grade of C or better, or equivalent or consent of instructor. (3 lecture hours, 2 lab hours)

HUMAN 2226  
**Addictions Counseling II**  
3 Credit Hours  
Further development of methods and skills utilized in chemical dependence treatment. Prepares students who want to enter the field of addictions counseling. Prerequisite: Human Services 2225 with a grade of C or better, or equivalent or consent of instructor. (2 lecture hours, 2 lab hours)

HUMAN 2230  
**Grant Development/Non-Profits**  
2 Credit Hours  
Students will be introduced to basic concepts of the grant process, including how to identify funding prospects, determine funding requirements, understand grant guidelines, understand the basic steps in developing a sound grant proposal, and grant management. This class provides the learner with the tools to understand grants and their role in the fundraising schema of human services organizations. (2 lecture hours)

HUMAN 2235  
**Dynamics of Fund Development**  
2 Credit Hours  
Students are introduced to basic concepts and terminology of fundraising operations, fundraising strategies, relationship building, the solicitation process, and the realities of asking for money. Students will refine their skills through analysis of case studies, participation in role playing exercises, and may include a service learning component. (2 lecture hours)

HUMAN 2240  
**Family Education and Treatment Models**  
3 Credit Hours  
Overview of the effects of family interaction on individual growth and change. The impact of crises such as divorce, addictions, death, troubled children, and/or aging parents on the family system is explored. Diverse family systems are also introduced. Clinical approaches as well as preventive interventions with families are explained. (3 lecture hours)

HUMAN 2251  
**Fieldwork I**  
4 Credit Hours  
Fieldwork is a program capstone for students from all certificate and degree options in Human Services. Each student will complete 300 hours of practicum experience under supervision at an approved agency. The course also addresses skills development and ethical practices. Prerequisite: Consent of instructor. (1 lecture hour, 18 clinical hours)

HUMAN 2252  
**Fieldwork II**  
4 Credit Hours  
A continuation of Human Services 2251 for addictions counseling students seeking their CADC certification. This requires an additional 300 hours of supervised practicum experience beyond Fieldwork I. Prerequisite: Human Services 2251, or equivalent and consent of instructor. (1 lecture hour, 18 clinical hours)

HUMAN 2279  
**Ethics & Legal Issues in Human Services**  
2 Credit Hours  
Students will explore the Human Services code of ethics and examine legal issues encountered by professionals in the field. (2 lecture hours)

HUMAN 2280  
**Addictions Counseling III**  
3 Credit Hours  
An advanced skills course for undergraduate students pursuing certification in addictions counseling. Prepares students to begin a practicum at an addictions treatment agency. Prerequisite: Human Services 2226 with a grade of C or better, or equivalent or consent of instructor. (2 lecture hours, 2 lab hours)

HUMAN 2284  
**CADC Exam Preparation**  
1 Credit Hour  
A review of basic concepts and information presented in the Addictions Counselor Training Program that will guide the individual preparation for the Illinois Alcohol and Other Drugs of Abuse Professional Certification Association (IAODAPCA) certification exam. Test taking strategies will be reviewed. This course may be taken four times for credit. (1 lecture hour)

HUMAN 2286  
**Assessment of Clinical Issues for Veterans**  
4 Credit Hours  
Examines the clinical needs of active military and veteran populations. Explores military culture and experience, sources of stress, trauma, incidence of traumatic brain injury (TBI), Post-traumatic Stress Disorder (PTSD), and assessment measures and tools. (4 lecture hours)

HUMAN 2288  
**Treatment Approaches for Veterans And Families**  
4 Credit Hours  
Presents best practices in the diagnosis and treatment of behavioral and mental health challenges experienced by veterans and their families. It also explores practical strategies for continued recovery and wellness. Students will practice skills in simulated group and individual settings. (4 lecture hours)

HUMAN 2284  
**Experimental Pilot Class**  
1 to 6 Credit Hours  
Exploration and analysis of topics within the discipline. This course is used to pilot a proposal for a permanent discipline course. This course may be taken four times for credit as long as different topics are selected. Prerequisite: Consent of instructor is required. (2 to 12 lab hours)
HUMAN 2860  
**Internship (Career & Technical Ed)**  
1 to 4  Credit Hours  
Course requires participation in Career and Technical Education work experience with onsite supervision. Internship learning objectives are developed by student and faculty member, with approval of employer, to provide appropriate work-based learning experiences. Credit is earned by working a minimum of 75 clock hours per semester credit hour, up to a maximum of four credits. Prerequisite: Consent of instructor and 2.0 cumulative grade point average; 12 semester credits earned in a related field of study; students work with Career Services staff to obtain approval of the internship by the Dean from the academic discipline where the student is planning to earn credit.

HUMAN 2865  
**Internship Advanced (Career & Tech Ed)**  
1 to 4  Credit Hours  
Continuation of Internship (Career and Technical Education). Course requires participation in Career & Technical Education work experience with onsite supervision. Internship learning objectives are developed by student and faculty member, with approval of employer, to provide appropriate work-based learning experiences. Credit is earned by working a minimum of 75 clock hours per semester credit hour, up to a maximum of four credits. Prerequisite: Consent of instructor and 2.0 cumulative grade point average; 12 semester credits earned in a related field of study; students work with Career Services staff to obtain approval of the internship by the Dean from the academic discipline where the student is planning to earn credit.