1. **Step 1: Health Requirements**—Begin this step **NOW**.

Please read the Health Requirements Packet. You have two options for completing your health requirements. You can use your own **Healthcare Provider** or choose **Edward Corporate Health (ECH)**. (You are encouraged to use your own healthcare provider so that you can use insurance. ECH does not accept insurance). The link to the Health Requirements Packet is located on the EMS/Fire Science Resources webpage: [https://www.cod.edu/academics/programs/fire/resources.aspx](https://www.cod.edu/academics/programs/fire/resources.aspx)

The Health Requirements for EMT will be covered in detail on the first day of class. Prior to the first day of class, questions can be directed to **emsrequirements@cod.edu**. After the first day of class, questions can be directed to the class instructor(s).

**NOTE:** Please start your health requirements **as soon as possible**, as you must have immune titers for Hep B, MMR & Varicella. Proof of the vaccine series will **not** be acceptable. **Plan accordingly and start the health requirements as soon as possible:**

**Summary:**
- **QuantiFERON TB Gold Blood Test:** Completed on **12/15/2022 or later**, you are required to complete the QuantiFERON-TB Gold Blood Test.
- Physical Exam – within the last year
- TDAP vaccine
- Hepatitis B Immune Titer (blood test)
- Varicella Immune Titer (blood test)
- MMR – Measles (Rubeola), Mumps, Rubella Immune Titer (blood test)
- Flu Vaccine
- COVID Vaccine

2. **Step 2:** Call Edward Corporate Health **now** to obtain your preferred appointment date/time, however if you are using your own healthcare provider you need to be sure all your health requirements are complete before going to your appointment and you must bring ALL lab results with you to this appointment.

Cost of Chart Review: $30*

Edward Corporate Health options:
1. Naperville (630) 527-7299 press #2
2. Bolingbrook (630) 527-7299 press #2
3. Addison (331) 221-0570 press #2
4. Elmhurst (331) 221-0570 press #2
After you complete all the necessary health requirements by visiting your own Healthcare Provider or Edward Corporate Health from Step 1 above, you need to be officially cleared by Edward Corporate Health by scheduling an appointment for an in-person Chart Review.

3. **Step 3: Drug Test** – Can begin **On 09/09/2023 or later** through [www.CastleBranch.com](http://www.CastleBranch.com) 

   Once you place the order & pay, please go to your “To Do List” in your Castle Branch account and print the “Chain of Custody” form. You will then need to go to the Quest Diagnostic Lab location listed on the bottom of the Chain of Custody form and take the 10-panel urine drug test. (If you take the drug test earlier than **09/09/2023**, you will need to re-pay and re-take the drug test).

4. **Step 4: Additional Requirements**
   1. **Insurance Coverage** – You will need to have valid insurance that covers you for the entire length of the program. If you need assistance obtaining insurance through the College, please visit [https://cod.edu/student_life/resources/student-insurance.aspx](https://cod.edu/student_life/resources/student-insurance.aspx)
   2. **Policy for Professional Conduct**- This form will be provided by your instructor and reviewed and the first day of class. You must sign and return to them.
   3. **Release of Health Information** – This form will be provided by your instructor and reviewed on the first day of class. You must sign and return to them.
   4. **Release of Liability** – Form will be provided by your instructor and reviewed on the first day of class. You must sign and return to them.
   5. **COVID Participation Waiver** – Form will be provided by your instructor and reviewed on the first day of class. You must sign and return to them.
   6. **COVID-19 Card** – You will need to e-mail your vaccination card

   **DUE DATE**: For all requirements above is 10/09/2023.

   For questions, please email [emsrequirements@cod.edu](mailto:emsrequirements@cod.edu).

   *Prices listed are subject to change by the vendor. Every effort to have the current price reflected is made, but sometimes prices are changed without prior notification.*