



## Tips on Using Inclusive Language

### *Use Appropriate Labels*

*Why? To avoid mislabeling and offending people.*

<b>Example of Language that May Not Be Inclusive</b>	<b>Why it May Feel Non-inclusive</b>	<b>Suggested Revision to be More Inclusive</b>
"Hispanic"	"Hispanic" and "Latino/Latina/Latinx" are often used to mean the same thing but are slightly different, and different people have different preferences. Do your research and make sure you are representing whoever you're talking about with the labels they prefer. Try to be specific, if possible.	Maybe "Latino/a/x"; maybe no revision; maybe "Guatemalan" or "Cuban"

<p>“Redneck”</p>	<p>While the term may have had positive origins, it holds negative connotations and could be read as insulting by several demographics. Avoid using such terms without discussing their nuance.</p> <p>Who are you really trying to describe? Working-class people from the South? Use a more specific, neutral term.</p>	<p>“Working-class person from the South”</p>
<p>“Crazy/insane,” “dumb,” “lame,” “mentally retarded”</p>	<p>Words like these were popularized to disrespect and perpetuate negative sentiments towards people with physical and mental disabilities. These words are ableist: they are harmful because they mark people with disabilities as inferior to people without disabilities.</p> <p>Avoid terms like these.</p>	<p>“Ridiculous,” “illogical,” “out of control,” “uncool,” “person with an intellectual disability”</p>

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