

College Success Planner

2022-2023



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Fall 2022 Semester Overview

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August	21	22	23	24	25	26	27
	28	29	30	31	1	2	3
September	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	1
	2	3	4	5	6	7	8
October	9	10	11	12	13	14	15
	16	17	18	19	20	21	22

November

23	24	25	26	27	28	29
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17

December

Spring 2023 Semester Overview

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January	22	23	24	25	26	27	28
	29	30	31	1	2	3	4
	5	6	7	8	9	10	11
February	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	1	2	3	4
March	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25

	26	27	28	29	30	31	1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
April	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	1	2	3	4	5	6
	7	8	9	10	11	12	13
May	14	15	16	17	18	19	20

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
		Notes:				

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	
		Notes:				

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31	Notes:					

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
		Notes:				

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
		Notes:				

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
		Notes:				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				
		Notes:				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
		Notes:				

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30		Notes:				

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
		Notes:				

Weekly Schedule & Study Times

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6AM							
7							
8							
9							
10							
11							
12PM							
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							

5-10 Day Study Plan

Research shows that you need to process information at least 5-7 times in order to make the shift from short-term to long-term memory. Studying is also more effective when material is broken up in smaller chunks over a number of days, rather than cramming large amounts of material right before an exam.

An effective study plan should include both **preparation** strategies to help you familiarize yourself with the material and **review** strategies help you check your level of understanding of possible testing material.

Preparation Strategies	Review Strategies
Re-write, re-organize, or revise notes or PowerPoints from class.	Study notes or PowerPoints from class. Quiz yourself by covering up key terms, main points, or details (this works great with Cornell notes!)
Take notes from textbook.	Summarize or recite main ideas from notes.
Predict possible essay questions or outline responses.	Answer essay questions. Practice reciting main points or writing answers from memory.
Make flash cards.	Review & quiz yourself on flashcards; retest yourself on items missed.
Make formula cards.	Practice writing formulas.
Complete a study guide or create your own.	Review study guide, covering up answers to quiz yourself or answering questions in your own words.
Draw diagrams or pictures; create a concept map.	Review, recite, or redraw info from diagrams and pictures from memory.
Re-mark text and star unknowns.	Recite these points out loud; investigate and review unknown information.
Make a practice test.	Take a practice test; review incorrect answers.
Make practice problems.	Work practice problems you created.
Identify problems missed on HW, quizzes, or previous exams and why you missed them.	Re-work problems missed on HW, quizzes, or previous exams.
Create chapter outlines.	Answer/review end of chapter questions.
List steps in a process.	Recite steps from memory.
Meet with instructor during office hours, a study group, or a tutor; make a list of questions & organize material to review.	Explain concepts or material to others.
Find and review supplemental material from textbook publisher, if available, or other online sources.	Summarize, take notes, answer questions, or test yourself on supplemental material.

Sample 5-Day Study Plan Calendar

Quiz/Test Description: Biology Test

Day/Date	Mon. 8/1	Tues. 8/2	Thurs. 8/4	Fri. 8/5	Sun. 8/7
Time	2-3pm	2-3pm	9-11am	9-10:30am	10-11am; 1-3
Task	Prepare	Review/Prepare	Review/Review/Prepare	Review/Create Self-test	Self-test/Self-test
Materials	Ch. 1 & 2	Ch. 1 & Ch.2/Ch. 3	Ch. 3 & 4/Ch. 1 & 2	Ch. 4/Ch. 1-4	Ch. 1 & 2/Ch. 3 & 4
Strategy	Develop a ch. 1 & 2 study guide	Recite Ch. 1 and 2 material/Develop a Ch. 3 study guide	Create a self-test for ch. 3 and develop a study guide for Ch. 4		

5-10 Day Study Plan

Steps to the 5-10 day Study Plan:

- Count back from the exam 5 days (or more) to determine when to start. If the level of difficulty is high or there is a lot of material to be covered, 8-10 days may be best.
- Divide up the material to be studied by chapter or major topic.
- Each day, choose a chunk of material to **prepare** and a chunk to **review**. Use **active** study strategies (e.g. writing, reciting, self-testing). Start with oldest material first.
- Map your study plan out using the template below or another calendar. Stay flexible and adjust the plan as necessary.

5-10 Day Study Plan

Day/Date					
Time					
Task					
Materials					
Strategy					
Day/Date					
Time					
Task					
Materials					
Strategy					

Cornell Notes Template

Date:











Subject/Title:

**Key Terms/Main Ideas/
Questions**

Details/Notes

Summary:

10 Best Apps for College

Name	Icon	Price	Platform/Browser	Description
EverNote		Free	iOS , Android ; Windows	Take notes, organize research, images, and to-do lists. Instantly synchronize from computer to smartphone, tablet, and the web.
Flipd		Free	iOS, Android	Log all of your studying, reading, learning, & work time, analyze your progress, block distractions, use inspirational quotes, background music, or join study groups to help you stay motivated.
Forest		Free (Android, Chrome) \$1.99 (iOS)	iOS, Android; Chrome	Beat phone addiction by planting virtual trees. Grow your own forest when you stay productive and off your smartphone or distracting websites. Earn credits to plant real trees around the world.
Grammarly		Free	iOS, Android; Windows, macOS & web	Automated grammar, proofreading, and revision tool for academic writing. Corrects grammatical & spelling mistakes, checks tone and sentence structure, provides synonym suggestions to make text more readable and precise, and checks documents for plagiarism.
My Study Life		Free	iOS, Android, & web	Schedule and track all of your classes, assignments, and exams anywhere from any device. Set reminders about your schedule or upcoming tasks so you never forget an assignment.
Notion		Free	iOS, Android; Windows, macOS & web	All-in-one workspace where you can write, plan, collaborate and get organized. Choose from pre-made templates for scheduling, notetaking & research, to-do lists, & others, or create your own.
Pomotodo		Free	iOS, Android; Chrome	Schedule work, create to do lists and finish tasks using the 25/5 Pomodoro technique for work time and breaks. Set reminders and review your progress to keep things on track.
Quizlet		Free	iOS , Android	Create or review pre-made flashcards, play interactive games, and quiz yourself with practice tests.
Todait		Free	iOS, Android	Automatically plans and divides your study materials over an established period of time. Measure your study time and get feedback on study habits.
Todoist		Free	iOS, Android; macOS, Windows, Linux; browser ext, & web	To-do list and task manager for collecting, organizing, and prioritizing tasks and projects. Delegate & collaborate on tasks and sync across devices.

CAMPUS RESOURCES

Name	Phone	Location	Email or Website
Learning Commons: <ul style="list-style-type: none"> • Tutoring Services • Math Assistance • Writing, Reading, & Speech Assistance 	630-942-3940	SRC 2102	https://cod.edu/learningcommons Contacts: Bridget Clarke: clarkeb72@cod.edu Jennie Nicodem: nicodemj@cod.edu
Counseling, Advising, & Transfer Services	630-942-2259	SSC 3200	https://cod.edu/counseling
Center for Access & Accommodations	630-942-2154	SSC 3249	https://cod.edu/access
Financial Aid	630-942-2251	SSC 2220	https://cod.edu/costs/financial_aid/index.aspx
Career Services	630-942-2230	SSC 3258	https://cod.edu/careerservices
Student Registration Services	630-942-2377	SSC 2221	https://cod.edu/registration/index.aspx
Office of Student Life	630-942-2243	SSC 1217	https://cod.edu/student_life/index.aspx
Library	630-942-2106	SRC 2020/ 3200	https://library.cod.edu/
Center for Student Success (Navigators)	630-942-3400	BIC 1A02	https://www.cod.edu/student_life/resources/center-for-student-success/
Veterans Services	630-942-3814	SSC 2225	https://www.cod.edu/student_life/resources/veterans/
IT Services and Student Help Desk	630-942-2999	SRC 2155	helpdesk@cod.edu
Testing Center	630-942-2401	BIC 2A06/ 2A08	https://cod.edu/testing

Campus Location Key:

SRC – Student Resource Center

SSC – Student Services Center

BIC – Berg Instructional Center