CONTINUING EDUCATION
Adult Enrichment • Professional Development • Youth Academy
FALL 2017 SCHEDULE OF CLASSES
ADA
For College of DuPage classes, every effort will be made to provide reasonable accommodations to students with disabilities. This is done in coordination with our Center for Access and Accommodations, which can be reached at (630) 942-2154 (voice) or (630) 858-9692 (TDD). Personal assistance with using the restroom, mobility around campus or eating is not provided. Students requesting accommodations should be in contact with Access and Accommodations 30 days prior to the start of programs. An intake session will be performed on an individual basis to determine a student’s needs. On rare occasions, it may be determined that a student’s needs cannot be met in our environment.

CANCELLATIONS
We encourage you to enroll as early as possible to ensure you can get into the courses you choose. If your program cancels, we encourage you to select another program or activity, or we can provide you with a refund. Notification and confirmation of cancellation must be processed by 5 p.m. on the day before the first class session.

REFUNDS
A 100 percent refund is given up to one (1) business day before the start of class. Please note that non-attendance does not count as a withdrawal.

TEACH WITH CONTINUING EDUCATION
To learn more about teaching a course with College of DuPage Continuing Education, please visit cod.edu/conted or email CEprograms@cod.edu.

COD ALERTS
To find out information about College closures due to weather or emergencies, you can sign up for COD Alerts. This notification system is for all students and staff of COD. For details on how to register for alerts go to cod.edu/it/labs/pages/faq.html. You may also find out information from local TV and radio stations.

Continuing Education programs and course schedules are subject to change.

COLLEGE OF DUPAGE
BOARD OF TRUSTEES
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Welcome to the fall term!

While Continuing Education promotes engagement and learning in every season, fall is the time of year when back-to-school is in the air. It’s what many families and individuals are thinking about and preparing for—and for those of us who haven’t been in a classroom in a while, there is no better time to start!

We are pleased to present new and expanded programs for all ages and interests. Our Youth Academy offers enrichment and academic opportunities for students in kindergarten through grade 12. Your child will flourish this fall with inspiring classes, tutoring sessions, music lessons with expert faculty and test preparation opportunities available throughout the term.

Learners of all ages can benefit from a wide range of personal enrichment courses to learn a new skill, develop a passion or explore a dream career. Our Lifelong Learning Institute includes topics in the arts, humanities, history and more, including many opportunities for free lectures, seminars and experiences through our Lunch Break Lectures and Sage Series.

Advance your career with Project Management, Scrum and Six Sigma training or begin a new career in a high-demand field such as truck driving, massage therapy, healthcare or home inspection. Our Business Solutions team offers both the foundational skills and innovative, leading-edge trainings you need for success in your career or business. Let us bring our workshops and professional trainings to your business through contract training delivered on-site at your location, or visit our Center for Entrepreneurship for workshops and consultations in management, marketing, finance and operations.

Our Adult Education program offers free, life-changing quality instructional programming and support services to help adults learn English and civics, improve reading, writing and math skills, and prepare to pass high school equivalency exams.

Continuing Education is your pathway to learning. Whether you are an individual looking to enrich your life, a company looking to grow your business or an employee looking to start or advance a career, Continuing Education has something for you. We invite you to review our many offerings this fall.

Learn, engage and explore with us!

Joseph C. Cassidy
Dean, Continuing Education/Extended Learning
FALL 2017 SCHEDULE OF CLASSES
CONTINUING EDUCATION
Adult Enrichment • Professional Development • Youth Academy

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cod.edu/conted

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www.facebook.com/CEatCOD
www.twitter.com/CEatCOD
Alternative Firing Methods in Ceramics
Available for credit or non-credit
Explore the various surface treatments and alternative outdoor firing techniques in ceramics. Students can bring their own bisque ware or create forms to be fired. Glazes, washes and slips specific to alternative firings are explored. Focus is placed on experiencing various outdoor firings and carbonization techniques achieved in raku, pit/barrel, and wood firing kilns. Instructor: Benjamin Buchenot.
Saturday, Sept. 30-Nov. 4
9 a.m.-1:50 p.m.
ART-0004-004, $135
McAninch Arts Center (MAC), Room 166
Credit: ART-1823-051

Analysing a Masterpiece
Study and analyze masterpieces to uncover the hidden, underlying compositional structures and design principles by using tracing paper to create a series of analytical tracings. Instructor: Jennifer Scavone
Saturday, Nov. 11
10 a.m.-1 p.m.
ART-0004-002, $45
Student Resource Center (SRC), Room 1119

Calligraphy—Roman and Bookhand
Learn letterforms used during the Roman Empire and Renaissance. Experience the rich rewards of designing, writing and binding your own book. A supply list will be mailed before class. Beginners are welcome. Instructor: Timothy Botts
Tuesday, Sept. 19-Nov. 7
7-9 p.m.
ART-0005-002, $185
McAninch Arts Center (MAC), Room 250

Drawing for Beginners
Let your artistic abilities surface while learning how to draw and sketch. Explore basic drawing skills such as placement, form, light, shadow and composition. A supply list will be mailed before class. Instructor: Pam Keller
Wednesday, Sept. 6-Oct. 4
6-8 p.m.
ART-0001-001, $185
Student Resource Center (SRC), Room 1123

Calligraphy—Roman and Bookhand
Learn letterforms used during the Roman Empire and Renaissance. Experience the rich rewards of designing, writing and binding your own book. A supply list will be mailed before class. Beginners are welcome. Instructor: Timothy Botts
Tuesday, Sept. 19-Nov. 7
7-9 p.m.
ART-0005-002, $185
McAninch Arts Center (MAC), Room 250

Drawing—Beginners and Beyond!
Refine and enhance your drawing skills. Study form, shape, tone, texture, gesture, movement, mass and light—while incorporating your personal style—and see how easily they relate to a complete composition. A supply list will be mailed before class. Instructor: Pam Keller
Wednesday, Oct. 11-Nov. 8
6-8 p.m.
ART-0001-002, $185
Student Resource Center (SRC), Room 1123

Etsy Basics
Get an overview of the Etsy site from both a seller’s and buyer’s perspective. Learn the basics of setting up an account, establishing an Etsy shop and stocking your Etsy store.
Monday, Oct. 2
6:30-9:30 p.m.
ART-0004-005, $29
Student Resource Center (SRC), Room 1118

Gelli Printmaking: A New way to Create Monoprints
Follow step-by-step directions to produce pencil drawings that create an illusion of three-dimensional volume and mass by applying value tones and analyzing how a light source affects the local tone of a subject. Instructor: Jennifer Scavone
Friday, Oct. 6-13
6-8 p.m.
ART-0002-006, $55
Student Resource Center (SRC), Room 1119

ART
Acrylic Painting
Learn the various techniques of using acrylic paint. Explore applying glazes, impasto and layering. Create your own masterpieces! A supply list will be mailed before the first class. Instructor: Pam Keller
Thursday, Sept. 14-Oct. 12
3-5:30 p.m.
ART-0002-004, $185
Student Resource Center (SRC), Room 1119

Acrylics Workshop
This workshop is designed for those who have had some acrylic painting experience. Expand your acrylic techniques and learn a bit more about colors, brushes and applying paint to the canvas.
Friday and Saturday, Nov. 17 and 18
9 a.m.-noon
ART-0002-005, $95
Student Resource Center (SRC), Room 1119

Drawing for Beginners
Let your artistic abilities surface while learning how to draw and sketch. Explore basic drawing skills such as placement, form, light, shadow and composition. A supply list will be mailed before class. Instructor: Pam Keller
Wednesday, Sept. 6-Oct. 4
6-8 p.m.
ART-0001-001, $185
Student Resource Center (SRC), Room 1123

Drawing—Beginners and Beyond!
Refine and enhance your drawing skills. Study form, shape, tone, texture, gesture, movement, mass and light—while incorporating your personal style—and see how easily they relate to a complete composition. A supply list will be mailed before class. Instructor: Pam Keller
Wednesday, Oct. 11-Nov. 8
6-8 p.m.
ART-0001-002, $185
Student Resource Center (SRC), Room 1123

Etsy Basics
Get an overview of the Etsy site from both a seller’s and buyer’s perspective. Learn the basics of setting up an account, establishing an Etsy shop and stocking your Etsy store.
Monday, Oct. 2
6:30-9:30 p.m.
ART-0004-005, $29
Student Resource Center (SRC), Room 1118

Gelli Printmaking: A New way to Create Monoprints
Follow step-by-step directions to produce pencil drawings that create an illusion of three-dimensional volume and mass by applying value tones and analyzing how a light source affects the local tone of a subject. Instructor: Jennifer Scavone
Friday, Oct. 6-13
6-8 p.m.
ART-0002-006, $55
Student Resource Center (SRC), Room 1119

COVER ME ARTIST SERIES
What better way to learn about an artist than to emulate his or her work? Students create a copy, or “cover,” in the artistic style of the famous artist and read the artist’s own writings to learn more about the history and style of the artist. The paintings will be selected by the instructor and a supply list will be mailed before the first class. Instructor: Jennifer Scavone

Cezanne and Post-Impressionism
Saturday, Sept. 23
1-4 p.m.
ART-0002-007, $45
Student Resource Center (SRC), Room 1119

Kandinsky and the Blue Riders
Saturday, Oct. 21
1-4 p.m.
ART-0002-008, $45
Student Resource Center (SRC), Room 1119

ANALOGIST
Music Academy

The music program at College of DuPage is recognized as one of the finest instructional programs in the Chicago metropolitan area.

MUSIC ACADEMY PRIVATE LESSONS

Music Quest
Whether your skills have grown a bit rusty or you want to learn a new instrument, Music Quest classes offer weekly, one-on-one, 30-minute lessons in COD’s beautiful McAninch Arts Center (MAC). Lessons are available on piano, organ, guitar, voice, and all traditional band and orchestra instruments. Each of our applied music faculty has an advanced degree in performance and/or pedagogy, and has the experience to work successfully with students of all ages and abilities. Music Quest lessons are offered in a variety of musical styles, ranging from classical to jazz and blues to contemporary.

Music Masters
This level is for intermediate or advanced students who want to take their performance skills to a higher level. Arrange weekly private lessons at a length that works for you and study with passionate musicians who are active throughout Chicagoland as recitalists, soloists, recording artists, composers and performers. Professional bios can be viewed online either at AtTheMac.org/private-lessons or cod.edu/musicacademy

Join us this fall for

MUSIC FRIDAYS!

Music Fridays@Noon is a series of free programs featuring the College of DuPage Music department with performances and presentations by COD faculty, students and guests. All events are free and begin at noon in the MAC, Room 140. For more information, contact Lee Kesselman at kesselma@cod.edu. For a current schedule, visit atthemac.org/music-fridays.

History of Art: Neo-Classicism through Post-Modernism
Voyage through the history of Western civilization to explore art and architecture from Neo-Classicism through Post-Modernism. Instructor: Jennifer Scavone

Thursday, Sept. 21-Oct. 19
6-8 p.m.
ART-0004-001, $139; Lifelong Learner $99
Berg Instructional Center (BIC), Room 1445

Making Theater Happen: Behind the Scenes with the Buffalo Theatre
A crucial part of a live performance happens beyond the public eye. From research to production, instruction includes lectures and behind-the-scenes experiences with the Buffalo Theatre Ensemble at their rehearsals. Students enhance their appreciation for theater by examining the many elements of play mounting and production. The course is led by two outstanding members of COD’s theater faculty, Amelia Barrett and Connie Canaday Howard. The course fee includes a script and a voucher for two tickets to the production at the MAC.

The 39 Steps
Thursday, Aug. 24-Sept. 14
6:30-8 p.m.
ART-0004-006, $165; Lifelong Learner $135
On campus in Glen Ellyn

Watercolor for Beginners
Learn how to choose supplies, mix color and paint backgrounds. Discover simple painting techniques to create skies, water, trees, grass and flowers. Learn finishing techniques to make your painting come alive. A supply list will be mailed before class.

Tuesday, Sept. 5-Oct. 24
6-8 p.m.
ART-0002-001, $185; Lifelong Learner $129
Student Resource Center (SRC), Room 1119

Tuesday, Sept. 5-Oct. 24
12:30-2:30 p.m.
ART-0002-011, $185; Lifelong Learner $129
Riverwalk Community Center, Naperville

Watercolor—Beginners and Beyond!
Enjoy the next step in your watercolor exploration. Using skills acquired from previous experience, build on various wash and finishing techniques and advance your competence and confidence in the art of watercolor.

Tuesday, Oct. 31-Dec. 19
12:30-2:30 p.m.
ART-0002-013, $185; Lifelong Learner $129
Riverwalk Community Center, Naperville

MUSIC

Learn to Play the Ukulele
Enjoy the ease of learning and playing the ukulele. This versatile instrument can be used for all kinds of music, from classical to pop. Students learn about the ukulele and how to play it, starting with basic chords and common songs, and moving up to basic pop tunes. You don’t need to have previous musical instrument training. The course fee includes a ukulele and an electronic tuner.

Saturday, Nov. 4
9 a.m.-noon
MUSIC-0001-003, $120
On campus in Glen Ellyn
FEATURED MUSIC CLASSES

We offer non-credit opportunities to participate in college music courses. All classes take place on campus at the McAninch Arts Center (MAC). For more information, visit cod.edu/musicacademy.

Chamber Orchestra
Tuesday, Aug. 22-Dec. 12
7-9:50 p.m.
MUSIC-0001-141, $160; Lifelong Learner $92.50
Credit: MUSIC-1141-001

DuPage Chorale
Monday, Aug. 21-Dec. 11
7-9:50 p.m.
MUSIC-0001-150, $160; Lifelong Learner $92.50
Credit: MUSIC-1150-001

Community Band
Monday, Aug. 21-Dec. 11
7-9:50 p.m.
MUSIC-0001-180, $160; Lifelong Learner $92.50
Credit: MUSIC-1180-001

DuPage Community Jazz Ensembles
Wednesday, Aug. 23-Dec. 13
7-9:50 p.m.
MUSIC-0001-181, $160; Lifelong Learner $92.50
Credit: MUSIC-1181-001

Ukulele—Group Jam
Enjoy the next level of instruction with the ukulele. This versatile instrument can be used for all kinds of music from classical to pop. Students should know the basic chords and will learn more advanced songs and group jamming. Bring a tuned ukulele and pitch pipe. A new song book will be provided.

Saturday, Nov. 4
1-3 p.m.
MUSIC-0001-004, $59
On campus in Glen Ellyn

COMPUTERS

3D Printing Overview
This one-day seminar showcases new developments in 3D printing, and how they can be incorporated into gaming, film, media, healthcare, education, hobbyist practices and the average consumer’s life. Imagine being able to design and create your own jewelry, kitchen utensils, medical prototypes or replacement parts.

Saturday, Sept. 9
9 a.m.-noon
COMPT-0006-012, $59
Student Resource Center (SRC), Room 1126

Monday, Sept. 11
6-9 p.m.
COMPT-0006-122, $59
Student Resource Center (SRC), Room 1126

3D Modeling and Rendering
Explore the world of 3D printing using Autodesk Maya. Gain an introduction to the interface and workflow, and participate in assignments that allow a deeper exploration into Maya’s modeling tools.

Wednesday, Oct. 18-Dec. 6
6-9:30 p.m.
COMPT-0006-124, $399
Student Resource Center (SRC), Room 1126

Adobe Flash Animation
Learn the basics of Flash, including drawing, tools, symbols, text, timelines, layers (frame-by-frame animation) and tweens (motion and shape). Discover sound, video and basic action scripting. Previous computer experience and a textbook are required.

Wednesday, Sept. 13-Oct. 18
6:30-9:30 p.m.
COMPT-0002-004, $295
Student Resource Center (SRC), Room 1120

Adobe Illustrator CS6
Discover how to use Adobe Illustrator to draw electronic illustrations. Learn to trace and manipulate electronic artwork and create original art within the program. Previous computer experience and a textbook are required.

Tuesday, Oct. 24-Nov. 28
6:30-9:30 p.m.
COMPT-0002-007, $295
Student Resource Center (SRC), Room 1120

Adobe InDesign
Explore Adobe InDesign, a professional-level page layout program for designing business, personal or educational page layouts with sophisticated graphics and typography. Advanced word processing skills and a textbook are required.

Monday, Oct. 16-Nov. 13
6:30-9:30 p.m.
COMPT-0002-003, $295
Student Resource Center (SRC), Room 1120

Apple Keynote
Learn how to make powerful presentations with the features of Apple Keynote.

Thursday, Sept. 14-28
6-9 p.m.
COMPT-0003-001, $179
Student Resource Center (SRC), Room 1120

Access Intermediate 2016
Enhance your database skills in MS Access 2013. Learn how the revised interface makes it easier to design forms and reports. MS Access experience and a textbook are required.

Thursday, Oct. 5-19
6-9 p.m.
COMPT-0003-002, $179
Student Resource Center (SRC), Room 1120

Apple Numbers
Learn how to create spreadsheets that include charts, tables, and images with the features of Apple Numbers.

Thursday, Oct. 5-19
6-9 p.m.
COMPT-0006-133, $179
Student Resource Center (SRC), Room 1126

3D Printing and Scanning
Learn various processes and tools for 3D printing: additive manufacturing, filaments and materials used, and the use of 3D model data to create printed prototypes. Topics include acquiring raw scan data, cleanup, enhancement and integration with popular, professional 3D software packages.

Wednesday, Sept. 13-Oct. 11
6-9:30 p.m.
COMPT-0006-123, $269
Student Resource Center (SRC), Room 1126

Access Basic 2016
Learn the basic features of MS Access 2013, a popular database application. Discover how to organize, track, manage, update and share your data in powerful ways. A textbook is required.

Thursday, Sept. 14-28
6-9 p.m.
COMPT-0003-001, $179
Student Resource Center (SRC), Room 1120

Adobe Acrobat
Explore Adobe Acrobat. Learn about bookmarks, document security and digital signatures. Edit, arrange and extract pages, and convert document types into PDF formats. Previous experience with Microsoft Windows and Word is recommended.

Wednesday, Oct. 25-Nov. 1
6-9 p.m.
COMPT-0002-017, $89
Student Resource Center (SRC), Room 1120

Adobe Dreamweaver
Discover the many features of Dreamweaver, a professional visual page editor for creating and managing websites and pages. Easily create and edit cross-platform, cross-browser pages. Previous HTML or similar experience is preferred. A textbook is required.

Tuesday, Sept. 12-Oct. 17
6:30-9:30 p.m.
COMPT-0002-001, $295
Student Resource Center (SRC), Room 1120

Adobe InDesign
Explore Adobe InDesign, a professional-level page layout program for designing business, personal or educational page layouts with sophisticated graphics and typography. Advanced word processing skills and a textbook are required.

Monday, Oct. 16-Nov. 13
6:30-9:30 p.m.
COMPT-0002-003, $295
Student Resource Center (SRC), Room 1120

Apple Numbers
Learn how to create spreadsheets that include charts, tables, and images with the features of Apple Numbers.

Thursday, Oct. 5-19
6-9 p.m.
COMPT-0006-133, $179
Student Resource Center (SRC), Room 1126

Apple Pages
Learn how to create documents with the features of Apple Pages.

Thursday, Oct. 26-Nov. 9
6-9 p.m.
COMPT-0006-028, $59
Student Resource Center (SRC), Room 1134
PHOTOGRAPHY

Beginning Photography
Bring your camera and explore basic topics such as camera function, lighting, composition, lenses, filters and specialized photography. Assignments include shooting digitally or with film. Instructor: Erica Benson
Wednesday, Sept. 13-Oct. 25
6:30-9 p.m.
PHOTO-0001-001, $185
Berg Instructional Center (BIC), Room 1A06

Beyond Beginning Photography
Sharpen your camera skills as you increase your ability to see photographically and compose better images. In-class and out-of-class shooting projects increase understanding of your camera. Bring a digital or film single-lens reflex camera. Instructor: Erica Benson
Wednesday, Nov. 1-Dec. 20
6:30-9 p.m. (no class Nov. 22)
PHOTO-0001-002, $185
Berg Instructional Center (BIC), Room 1A01

Capturing Family Memories
Develop your photography skills while recording family memories! Explore taking family pictures at parties, and practice portraits and candid shots. Common settings for digital cameras are also covered.
Monday, Oct. 9-30
6:30-8:30 p.m.
PHOTO-0001-007, $125
Berg Instructional Center (BIC), Room 1A01

Digital Camera Operation
Learn to use the functions and features of your digital camera. Topics include downloading photos, image resolution and compression, locking focus and built-in scene or shooting modes. Bring batteries and your camera manual.
Thursday, Sept. 7-Oct. 19
6:30-9 p.m.
PHOTO-0001-004, $185
Berg Instructional Center (BIC), Room 1A06

Digital Camera Operation—Beyond Basics
Explore further into the use and functions of your digital camera with increased confidence and skill.
Thursday, Oct. 26-Dec. 21
7-9:30 p.m. (no class Nov. 23)
PHOTO-0001-005, $185
Student Resource Center (SRC), Room 1118

Natural Beauty—Fall Photography
Capture the beauty of fall with instructor Erica Benson. Explore camera and composition techniques to photograph leaves, trees, landscapes, insects and weather. Understand the performance of proper exposures to gain skills with the use of hands-on demonstrations, classroom lectures and practice in off-site locations, including forest preserves.
Saturday, Sept. 9-Oct. 21
10:30 a.m.-1:30 p.m.
PHOTO-0001-003, $185
Berg Instructional Center (BIC), Room 1A01

Photography Workshop—Secrets of Lighting
Learn the disciplines of lighting and discover how to use studio lighting equipment in a hands-on environment. Lighting equipment is provided for student use. Please bring your own camera.
Instructor: Erica Benson
Saturday, Nov. 4 and 11
2-4 p.m.
PHOTO-0001-008, $59
Student Resource Center (SRC), Room 1119

Photography Workshop—Shoot to Sell!
Get hands-on practice and learn how to take better photos for eBay, Etsy and online Instructables. Lighting and studio equipment are provided for student use. Please bring your own camera. Instructor: Erica Benson
Saturday, Oct. 7 and 14
2-4 p.m.
PHOTO-0001-009, $59
Student Resource Center (SRC), Room 1119

Travel Photography
Document your life’s adventures! Develop the skills to capture the architecture, events and people you encounter on your travels and explorations.
Monday, Sept. 11-Oct. 2
6:30-8:30 p.m.
PHOTO-0001-006, $125
Berg Instructional Center (BIC), Room 1A01
Computer Privacy at Home
By using safety measures and good practices to safeguard your computer, you can protect your privacy and your family. Topics covered may include email spam and scams, search engines and browsers, viruses and malware, adware and trojans, safe use of social networks, protecting yourself against hacking and monitoring children on the computer.

Monday, Nov. 13 and 20
6-9 p.m.
COMPT-0006-038, $99
Student Resource Center (SRC), Room 1134

Craigslist
Craigslist is a popular website that provides a community service from coast to coast. This site is about more than just buying and selling. Come find out what Craigslist has to offer!

Tuesday, Nov. 28
6:30-9 p.m.
COMPT-0006-035, $45
Student Resource Center (SRC), Room 1134

Designing Effective Websites
Learn the basics of designing and developing an effective website. Discover the advantages of using templates and explore other affordable, easy-to-use resources to create a professional website.

Wednesday, Nov. 8-15
6-9 p.m.
COMPT-0003-050, $89
Student Resource Center (SRC), Room 1134

Downloading Apps/Programs
Learn how to safely download and install software from the internet and how to uninstall and reset your software. Discover how to update, copy, save and backup to drives and the cloud.

Wednesday, Nov. 15
6-9 p.m.
COMPT-0006-127, $59
Student Resource Center (SRC), Room 1133

Excel Basic 2016
Learn the basics of creating an electronic spreadsheet using MS Excel 2016. Discover how to work smarter, faster and with greater efficiency. Previous computer experience and a textbook are required.

Tuesday, Sept. 12-26
6-9 p.m.
COMPT-0003-100, $179
Student Resource Center (SRC), Room 1133

Excel Intermediate 2016
Build upon current skills using MS Excel 2016. Work with large spreadsheets, three-dimensional formulas, advanced formatting, list, charting and auditing features. Basic MS Excel experience and a textbook are required.

Thursday, Nov. 30-Dec. 14
6-9 p.m.
COMPT-0003-104, $179
Student Resource Center (SRC), Room 1120

Excel Advanced 2016
Work on advanced spreadsheet concepts in MS Excel 2016, including range names, advanced functions, lists, importing and exporting data, analytical options and macros. Intermediate level MS Excel 2016 or equivalent experience and a textbook are required.

Tuesday, Oct. 24-Nov. 7
6-9 p.m.
COMPT-0003-102, $179
Student Resource Center (SRC), Room 1133

Excel Advanced Formulas
Learn how to use advanced Excel formulas and functions to perform complex calculations, including absolute references, VLOOKUP, HLOOKUP and other useful functions. Previous Excel experience is required.

Wednesday, Nov. 29
6-9 p.m.
COMPT-0003-035, $59
Student Resource Center (SRC), Room 1120

Excel Pivot Tables
Learn how pivot tables are used to quickly summarize and analyze large amounts of data organized in rows or columns. Pivot table proficiency can give you an edge in the job market. Previous Excel experience is required.

Wednesday, Nov. 8
6-9 p.m.
COMPT-0003-041, $59
Student Resource Center (SRC), Room 1133

Excel Shortcuts and Tips
Learn shortcuts and tips to skillfully navigate Excel. Areas covered may include creating tabs and groups, customizing the Quick Access Toolbar, naming and grouping sheet names, copying formulas with the fill option, using the sort and filter commands, and displaying formulas instead of the results for easy editing.

Thursday, Oct. 26
6-9 p.m.
COMPT-0003-031, $59
Student Resource Center (SRC), Room 1120

Facebook
Learn how to interact, set guidelines, make connections and adjust privacy settings on Facebook. Manage family public relations and design an action and monitoring plan.

Monday, Nov. 6
6-9 p.m.
COMPT-0003-032, $59
Student Resource Center (SRC), Room 1133

Google Adwords
Learn how to get more clicks, conversions and return on your investment by choosing the best keywords, writing winning ad copy and measuring the effectiveness of your ads on Google.

Wednesday, Nov. 15
6:30-9:30 p.m.
COMPT-0006-042, $59
Student Resource Center (SRC), Room 1134

Excel Pivot Tables
Learn how pivot tables are used to quickly summarize and analyze large amounts of data organized in rows or columns. Pivot table proficiency can give you an edge in the job market. Previous Excel experience is required.

Wednesday, Nov. 8
6-9 p.m.
COMPT-0003-041, $59
Student Resource Center (SRC), Room 1133

Excel Shortcuts and Tips
Learn shortcuts and tips to skillfully navigate Excel. Areas covered may include creating tabs and groups, customizing the Quick Access Toolbar, naming and grouping sheet names, copying formulas with the fill option, using the sort and filter commands, and displaying formulas instead of the results for easy editing.

Thursday, Oct. 26
6-9 p.m.
COMPT-0003-031, $59
Student Resource Center (SRC), Room 1120

Facebook
Learn how to interact, set guidelines, make connections and adjust privacy settings on Facebook. Manage family public relations and design an action and monitoring plan.

Monday, Nov. 6
6-9 p.m.
COMPT-0003-032, $59
Student Resource Center (SRC), Room 1133

Google Adwords
Learn how to get more clicks, conversions and return on your investment by choosing the best keywords, writing winning ad copy and measuring the effectiveness of your ads on Google.

Wednesday, Nov. 15
6:30-9:30 p.m.
COMPT-0006-042, $59
Student Resource Center (SRC), Room 1134
Google Analytics
If you are not reviewing your website statistics, then you are missing several key opportunities to profit from your website traffic. This course, aimed at non-technical users, will take you through all the key techniques and how to get the most from your website using Google Analytics.

Monday, Nov. 27-Dec. 4
6-9 p.m.
COMPT-0006-044, $99
Student Resource Center (SRC), Room 1134

Google Apps
Discover the tools available by Google that allow you to access your information from any device with an Internet connection. The apps you will be introduced to include Google, Google Play, Google Calendar, Gmail and Google Maps.

Thursday, Nov. 16
6-9 p.m.
COMPT-0006-029, $59
Student Resource Center (SRC), Room 1134

Google Drive
Explore Google’s file storage and synchronization service. Google Drive enables users to have cloud storage, file sharing, and collaborative editing.

Tuesday, Oct. 24
6-9 p.m.
COMPT-0006-135, $59
Student Resource Center (SRC), Room 1126

Google Tools
Learn about the different tools offered by Google and gain an overview of what they offer. Learn how to use tools to send email, manage a calendar and create a document.

Monday, Nov. 20
6-9 p.m.
COMPT-0006-128, $59
Student Resource Center (SRC), Room 1133

HTML Introduction and Web Page Design
Learn the basics of HTML to create your own web pages. Discover how to format text, create hypertext links and incorporate graphics into your pages. Previous Internet experience is required.

Monday, Sept. 11-Oct. 2
6-9 p.m.
COMPT-0003-119, $199
Student Resource Center (SRC), Room 1134

HTML Advanced
Learn how to build websites that maximize the benefits of HTML techniques. This class demonstrates the HTML tools needed to make your website interactive, accessible and easier to manage. A textbook and previous HTML experience are required.

Monday, Oct. 9-30
6-9 p.m.
COMPT-0003-120, $199
Student Resource Center (SRC), Room 1134

Internet Basics
Explore the wealth of information available on the Internet. Learn how to get online, understand basic terminology, use the toolbar and conduct a web search.

Tuesday, Dec. 5
6-9 p.m.
COMPT-0006-006, $59
Student Resource Center (SRC), Room 1134

Introduction to the iPad
Designed for you to get the most out of your new iPad, instruction includes hardware connectivity, apps, productivity, media, syncing, backup and printing. Please bring your iPad to this practical, hands-on course.

Thursday, Nov. 9
6-9 p.m.
COMPT-0006-021, $59
Student Resource Center (SRC), Room 1133

Keyboard Typing Basics
Learn to type with better accuracy, break bad habits and gain proper touch-typing techniques.

Saturday, Sept. 23-Oct. 7
9 a.m.-noon
COMPT-0006-003, $115
Student Resource Center (SRC), Room 1120

Tuesday, Oct. 24-Nov. 7
6-9 p.m.
COMPT-0006-002, $115
Student Resource Center (SRC), Room 1134

Mac Spotlight
Learn how to customize Spotlight to search and access documents, emails, apps, music and contacts on your Mac.

Monday, Oct. 2
6-9 p.m.
COMPT-0006-130, $59
Student Resource Center (SRC), Room 1126

Maintaining a Healthy PC
Get familiar with the basic maintenance necessary to improve the performance and reliability of your computer. Discover how to deal with Internet viruses, spam, hoaxes and popups. Know more about when you need to upgrade, add memory or buy a new monitor.

Thursday, Oct. 19 and 26
6-9 p.m.
COMPT-0006-025, $99
Student Resource Center (SRC), Room 1134

Saturday, Nov. 11 and 18
9 a.m.-noon
COMPT-0006-032, $99
Student Resource Center (SRC), Room 1134

Maintaining Your Mac
Macs are known for their quality and high performance, but they can slow down over time. Learn to diagnose and solve Mac performance issues. Discover the main culprits of a slowdown in the processor, RAM and hard drive and uncover simple maintenance techniques to keep your Mac running efficiently.

Tuesday, Oct. 17
6-9 p.m.
COMPT-0006-129, $59
Student Resource Center (SRC), Room 1126
Office 2016
Explore the features of this fully-integrated software package using Word, Excel, Access and PowerPoint. This class is designed for those who already have some computer experience and want to learn Office 2016 for personal or work use. A textbook is required.

Monday, Sept. 11-Oct. 30
6-9 p.m.
COMPT-0003-111, $259
Student Resource Center (SRC), Room 1133

Office 2016 for New Users
Designed for those with little or no experience in operating a computer, this course introduces the student to the Internet, email, Windows, Word, PowerPoint and Excel. A textbook is required.

Thursday, Sept. 14-Oct. 12
6-9 p.m.
COMPT-0003-116, $209
Student Resource Center (SRC), Room 1133

Outlook 2016
Learn to use Microsoft Outlook efficiently to send and receive email, track events with a calendar, manage address books and contacts, and understand how Outlook integrates with other Microsoft Office applications.

Monday, Nov. 20 and 27
6-9 p.m.
COMPT-0003-110, $89
Student Resource Center (SRC), Room 1120

PC Troubleshooting
Discover how to protect your valuable electronics and irreplaceable data from disaster. Learn to manage power problems, memory glitches, drive/file errors and boot failures.

Thursday, Sept. 7
6-9 p.m.
COMPT-0006-024, $59
Student Resource Center (SRC), Room 1133

Monday, Nov. 13
6-9 p.m.
COMPT-0006-206, $59
Student Resource Center (SRC), Room 1133

PowerPoint 2016
Learn how to make attention-getting presentations with MS PowerPoint 2016. Produce, share and save professional-quality slides. A textbook is required.

Wednesday, Sept. 13-27
6-9 p.m.
COMPT-0003-113, $179
Student Resource Center (SRC), Room 1133

Saturday, Oct. 14
8 a.m.-4:30 p.m.
COMPT-0003-114, $179
Student Resource Center (SRC), Room 1120

Prezi Presentations
Learn the basics of this professional and personal storytelling tool to present information using a single canvas rather than traditional slides.

Thursday, Nov. 2
6-9 p.m.
COMPT-0006-039, $59
Student Resource Center (SRC), Room 1134

QuickBooks I
Learn the basics of QuickBooks, including working with customer and vendor transactions, developing a banking system, setting up budgets and creating a new company. A textbook is required.

Wednesday, Sept. 13-Oct. 4
6:30-9:30 p.m.
COMPT-0006-040, $199
Student Resource Center (SRC), Room 1134

QuickBooks II
Expand your knowledge of QuickBooks. Learn to work with physical inventory, use QuickBooks for payroll and work with balance sheet accounts. Create estimates and use classes, job costing and time tracking. A textbook is required.

Wednesday, Oct. 11-Nov. 8
6:30-9:30 p.m.
COMPT-0006-041, $229
Student Resource Center (SRC), Room 1134

Search Engine Optimization (SEO)
Learn techniques to increase your website’s visibility on search engines like Google and Bing and attract the right kind of traffic to your website.

Tuesday, Nov. 14
6-9 p.m.
COMPT-0006-037, $59
Student Resource Center (SRC), Room 1134

Sketchup
Sketchup is a simple yet amazingly powerful software tool for creating, viewing and modifying 3D ideas quickly and easily. It combines the spontaneity of pencil sketching with the speed and flexibility of today’s digital media. Software can be downloaded for free at home.

Thursday, Sept. 14-Oct. 12
6-9 p.m.
COMPT-0006-043, $209
Student Resource Center (SRC), Room 1134

Troubleshooting Your Mac
Discover proven measures to protect your valuable electronics and irreplaceable data from disaster.

Monday, Sept. 18
6-9 p.m.
COMPT-0006-126, $59
Student Resource Center (SRC), Room 1126

Twitter
Explore this popular social media site. Learn what hashtags are and why Twitter has become an increasingly popular source of information.

Tuesday, Nov. 21
6-9 p.m.
COMPT-0006-033, $59
Student Resource Center (SRC), Room 1134
**Welcome to the Mac**
Learn to navigate the Macintosh OS X desktop. Use desktop tools including the dock, dashboard and Spotlight. Organize windows with views and organize your work by creating folders. Explore built-in applications including Safari, Mail, Address Book, iCal and Spotlight. A textbook is required.

**Wireless Networks**
Learn the necessary hardware and techniques to configure and troubleshoot your wireless network.

**Word 2016—Basic**
Learn to use the features of MS Word 2016. Practice the basics of creating, editing and formatting documents, text and tables. Previous computer experience and a textbook are required.

**WordPress**
Use WordPress to set up an entire website, create pages, add links to other websites, post new content and edit or delete content. Previous computer experience and a textbook are required.

**Workplace Computer Skills—Beginner**
Designed for individuals who need to update their computer skills before seeking employment, this course covers essential MS Office programs including Word, Excel and PowerPoint. Basic Internet and email skills are also introduced. A textbook is required.

**CARMELA MARTINO**
Carmela Martino started writing poetry in junior high.

It was not only a creative outlet but also a way to deal with the turmoil and pressures of adolescence. Her first publication came while she was in high school, when one of her poems appeared in an anthology of writing by Chicago public school students. From there, she went on to become a freelance writer for newspapers and magazines and eventually a children’s author.

Martino’s novel, “Rosa, Sola” (Candlewick Press), was named to Booklist magazine’s list of “Top Ten First Novels for Youth: 2006.”

She also writes nonfiction articles on the craft of writing, such as one that appears in the 2015 “Children’s Writer’s & Illustrator’s Market” (Writer’s Digest Books), edited by Chuck Sambuchino. And she blogs regularly at TeachingAuthors.com, which she founded with five other children’s authors who are also writing teachers.

“I love teaching almost as much as I love writing. I learn so much from it, not only from the work I do in preparation to teach but also from my students. Their questions make me think more deeply about the writing process,” she said.

**Exploration in Writing**
You love to write and arrange words on a page, but you aren’t sure what you want to write. Paul Barile—published novelist/playwright/poet—will guide you through a series of exercises designed to unlock the writer within. Explore a different genre of writing each week and discover which appeal to you and your writing style.

**My City, My Story**
Join us for a storytelling journey centered in and around Chicago! Intended for those that spent the early part of their lives living or working in Chicago, we will collect and document the histories of the people, places and events that shaped Chicago on an intimate and accessible level. Share your real stories, then learn how to present them through the use of a story arc. In our final class we will perform the stories and capture the personal and everyday history of our city.

**WRITING**

**COD Writers’ Group**
Get the inspiration and support you need to achieve your writing dreams. Join a community of writers of all ages, backgrounds and experience, working in a wide range of genres—short story, novel, poetry, flash fiction, creative nonfiction and scriptwriting, plus blogging and other online styles. Enjoy friendly feedback and encouragement, as well as regular goals that help you turn your ideas into reality. Come join us!

**Memoir Writing**
We all have a story of a life lived with family and friends. Learn how to tell yours with Chicago writer/actor Paul Barile. Using a variety of tools and prompts, create a piece of literary non-fiction that reflects who you are and what makes your experiences so unique. Through the course of the day you will identify the most important moments of your life and turn them into stories for readers. There is no topic too marginal or too grand. There is only you and your story and you might be amazed at how many people would be interested in hearing it.

**My City, My Story**
Join us for a storytelling journey centered in and around Chicago! Intended for those that spent the early part of their lives living or working in Chicago, we will collect and document the histories of the people, places and events that shaped Chicago on an intimate and accessible level. Share your real stories, then learn how to present them through the use of a story arc. In our final class we will perform the stories and capture the personal and everyday history of our city.

**Register online at myaccess.cod.edu | For more information, call (630) 942-2208**
Setting the Scene
The success of your writing hinges on creating authentic, believable and vibrant depictions for your readers. Whether you are describing a crime scene or a romantic landscape, the right details—used correctly—are what bring your scenes to life.

Tuesday, Oct. 10-24
6-8 p.m.
HUMNT-0002-005, $89
Berg Instructional Center (BIC), Room 1447

Turning Life into Fiction
This one-day workshop will introduce you to techniques for creating fiction based on your own life events, or those of others. Learn how to mine your past for story ideas and details that will bring your fiction to life. Find out how to create composite characters from real people and turn anecdotes into stories that have a beginning, middle, and end. Instructor: Carmela Martino.

Saturday, Oct. 21
9 a.m.-3 p.m.
HUMNT-0002-003, $89
Student Resource Center (SRC), Room 1123

Writing Fiction—Get Started!
Fiction writers will develop the tools needed to write a compelling story or begin a gripping novel. Read short works of fiction for inspiration, explore techniques to unleash creativity during in-class assignments, and learn reader-centered writing through our sessions.

Tuesday, Nov. 7-Dec. 12
4-6 p.m.
HUMNT-0002-006, $139; Lifelong Learner $99
Student Resource Center (SRC), Room 1123

Writing for Theater
This six-week course introduces students to some of the various disciplines of writing for the stage including sketch comedy, screenwriting, the 10-minute play, monologues, storytelling and marketing. Writer and producer Paul Barile gives students the foundation for each of these disciplines.

Saturday, Sept. 9-Oct. 14
10 a.m.-noon
HUMNT-0002-011, $159; Lifelong Learner $119
Berg Instructional Center (BIC), Room 1A05

Writing Workshop
Meet like-minded writers working in a variety of genres, including short story, novel, poetry, flash fiction, screenplay and creative nonfiction. Get friendly support, critique and encouragement, regular assignments and deadlines that help get the work done. Instructor: Mardelle Fortier

Thursday, Sept. 7-Oct. 19
10 a.m.-1 p.m.
HUMNT-0002-002, $239; Lifelong Learning $199
On campus in Glen Ellyn

Tuesday, Oct. 24-Dec. 5
10 a.m.-1 p.m.
HUMNT-0002-007, $239; Lifelong Learning $199
On campus in Glen Ellyn

FINANCE AND INVESTMENT

Buying Your First Home
Buying your first home can be stressful and confusing. Walk through all the important steps to home ownership, including the loan process, knowing the housing market, home selection, appraisals, home inspection and the closing.

Tuesday, Oct. 10
6-9 p.m.
PROED-0021-001, $59
Berg Instructional Center (BIC), Room 1A05

Complete Guide to Investing
Learn about stocks, bonds, open and closed end mutual funds, ETFs, ETNs, MLPs, U.S. Royalty Trusts, options, commodities, annuities, real estate, REITs and asset allocation. Explore how to find, evaluate and determine whether each category is right for you. This hands-on, practical and comprehensive course gives you all the tools necessary to help guide your financial future.

Instructor: Peter Krouwer.

Tuesday, Oct. 17-Nov. 21
7-9:30 p.m.
PROED-0024-002, $149
Berg Instructional Center (BIC), Room 2500

Credit Rating for Beginners
Late payments, job loss, foreclosure and bankruptcy can have a negative impact on your credit score. Banks and credit card companies use credit scores to determine whether to quality applicants for loans or home purchases, as well as the rate of interest charged. Learn ways to improve your credit score and build your financial future.

Wednesday, Nov. 1
7-9 p.m.
PROED-0021-015, $39
Berg Instructional Center (BIC), Room 1A06

Credit Ratings – Beyond the Basics
Take your credit monitoring skills to the next level. Learn advanced techniques for building and maintaining your credit score.

Wednesday, Nov. 15
7-9 p.m.
PROED-0021-016, $39
Student Resource Center (SRC), Room 1123

Economics of Modern Investing
Enjoy a fun, concise overview of the financial markets. Discuss the history and basics of investing, tax and estate planning, and the fundamentals of managing your own investment portfolio.

Wednesday, Oct. 25-Nov. 15
10 a.m.-noon
HUMNT-0001-036, $119; Lifelong Learner $79
Student Resource Center (SRC), Room 1118

Income and Estate Taxes: The More You Know, The Less You’ll Pay
Understand how the different assets you own are taxed and how those taxes can be minimized or eliminated. All dollars are not created equal when it comes to how they will be taxed. Explore ways to reduce the devastating effect taxes have on your long term wealth and financial success. Remember it’s not what you make but what you get to keep that counts! Instructor: John Gajkowski

Thursday, Oct. 5
7-9 p.m.
PROED-0021-009, $49; Lifelong Learner $29
Berg Instructional Center (BIC), Room 1H07

Plan for a Lifetime of Income
Address investment concerns after age 50 and explore other important issues to consider as you craft a successful retirement strategy. Instructor: John Gajkowski

Thursday, Sept. 21
7-9 p.m.
PROED-0021-010, $49; Lifelong Learner $29
Student Resource Center (SRC), Room 1123

Resume in a Day
Create a resume to target job opportunities. Explore resume fundamentals. Identify strategies used by employers to screen potential candidates for interviews and discover ways to customize applications.

Saturday, Oct. 21
9 a.m.-1 p.m.
PROED-0019-001, $45
Berg Instructional Center (BIC), Room 1A05

Retirement Planning Today
Learn to avoid the 10 biggest retirement planning mistakes. Whether your objective is to build a nest egg, protect your assets or preserve your lifestyle throughout retirement, get ready to plan your future with confidence.

Thursday, Sept. 28-Oct. 12
6:30-9 p.m.
PROED-0022-020, $119; Lifelong Learner $89
Berg Instructional Center (BIC), Room 1H08

Tuesday, Oct. 10-24
6:30-9 p.m.
PROED-0022-022, $119; Lifelong Learner $89
Westmont Center

Tuesday, Oct. 31-Nov. 14
6:30-9 p.m.
PROED-0022-024, $119; Lifelong Learner $89
Naperville Center, Room 22

Retirement Strategies for Challenging Times
Discuss how to build a portfolio and explore important topics, including low interest rates, stock market volatility, stagnant or falling real estate prices, the potential for higher taxes, inflation and increasing costs of healthcare. Instructor: John Gajkowski

Thursday, Oct. 19
7-9 p.m.
PROED-0021-012, $49; Lifelong Learner $29
Student Resource Center (SRC), Room 1118
PHIL HINTON

While being involved in the study of Aikido, Goju Ryu Karate, and Danzan Ryu Jujitsu for nearly 20 years, Phil Hinton began the study of Chinese internal martial arts. Initially drawn to the slow meditative movement of Tai Chi, his interest soon spread to the companion arts of Baguazhang and Hsing I Chuan. Phil has studied these arts since 2000, and has been awarded instructor rank.

“If I can do martial arts, anybody can. You just have to decide you want the benefits enough to practice. Practice is the secret!”

puts his expertise to work teaching Tai Chi, Baguazhang and Massage Therapy at College of DuPage.

“I am drawn to teaching because when I experience something positive, I want to share it,” he said.

Stock Options
Use stock options to increase return, protect existing stock investments or speculate using leverage. Learn option terminology and a step-by-step approach to understand how options work. Commonly used strategies of calls, puts and spreads are covered.
Instructor: Peter Krouwer
Thursday, Sept. 14-Oct. 12
7-9:30 p.m.
PROED-0024-001, $135
On campus in Glen Ellyn

The 12 Universal Laws of Successful Investing
Discover the 12 Universal Laws which are your clues to investment success and help you protect what you have. Learn how to make your returns more predictable, investing less stressful and yourself more successful.

Thursday, Nov. 9
7-9 p.m.
PROED-0021-008, $49; Lifelong Learner $29
Berg Instructional Center (BIC), Room 1A05

Top 10 IRA Mistakes
Discover the top 10 mistakes related to Individual Retirement Accounts and learn how to avoid them. Discussion includes information about conversion and beneficiary designation, as well as strategies to maximize value and minimize taxes.
Instructor: John Gajkowski
Thursday, Nov. 2
7-9 p.m.
PROED-0021-013, $49; Lifelong Learner $29
On campus in Glen Ellyn

FITNESS AND HEALTH

Beginning Tai Chi
Focus on the basics of Tai Chi and learning the Yang short form. This class is ideal for students who want to try Tai Chi for the first time, older adults, or anyone interested in improving relaxation and adopting a meditative mindset. Instructor Phil Hinton will guide you through the practice of this ancient art form which can improve balance and flexibility, increase strength and improve overall immune system function.
Tuesday, Sept. 12-Nov. 28
6-7:30 p.m.
FITN-0001-024, $199
Physical Education Center (PEC), Room 135

Chinese Internal Arts Tai Chi
Move beyond the basics and learn about the more energetic approaches to Chinese internal arts. Explore the three martial arts forms of practice: Baguazhang, Hsing I Chuan and advanced Tai Chi. The format of this class is flexible, allowing you to spend more time on each form, or focus on one in particular. The small class size provides an opportunity for instructor Phil Hinton to work on a more individual level with each student. Prerequisite for this class is Beginning Tai Chi and a desire to take your practice to the next level.
Thursday, Sept. 14-Dec. 7
6-7:30 p.m. (no class Nov. 23)
FITN-0001-010, $199
Physical Education Center (PEC), Room 135

CPR: AHA Heartsaver CPR/AED
For Lay Responders and general public
Train in adult, infant and child CPR techniques, choking emergencies and the use of an Automated External Defibrillator (AED). Successful completion of a skills test is required for a course completion card. Textbooks and all course materials are included in the cost of the course.

Monday, Oct. 2
5-9 p.m.
HLTHS-0003-005, $76
Student Resource Center (SRC), Room 1119

Monday, Nov. 6
5-9 p.m.
HLTHS-0003-006, $76
Student Resource Center (SRC), Room 1119

Don't Stress
Feelings of anxiety or stress are never pleasant and many of us have varying interpretations of what stress is. Knowing how to handle life’s challenges—and the stress that comes with them—can prevent mental and physical harm to our bodies. Each week we look at different methods of stress reduction and relaxation, including the use of exercise, meditation, labyrinth, mandalas, Qigong and Tai Chi. Instructor: John Robertson
Tuesday, Wednesday and Thursday, Oct. 24-26
6-8:30 p.m.
LEISR-0067-025, $49
Berg Instructional Center (BIC), Room 2525

End Cravings: Eat for Health
Whether you’re reaching for chips, cake or the TV remote, what you are craving is a reflection of what’s happening in the rest of your life. Learn about your addiction to sugar, how it impacts you and how you can turn it around.
Instructor: Diane Randall
Saturday, Aug. 26
9-11 a.m.
LEISR-0067-050, $49
Student Resource Center (SRC), Room 1118

Falls—Reduce Your Risk
Learn the risk factors, causes and consequences of a fall. Discover simple things you can do to reduce your risk of falling, improve your balance and maintain your quality of life.
Instructor: J. Robertson
Saturday, Oct. 14
10 a.m.-noon
LEISR-0067-008, $49
Berg Instructional Center (BIC), Room 1A03

Qi Gong and Beginning Tai Chi
Like Tai Chi, Qi Gong is a form of meditation in motion. It combines the practice of repeated slow, graceful movements with controlled deep breathing in order to promote overall well-being and the harmony and balance of the mind-body-spirit connection. Qi Gong practice reduces stress and increases energy, while also improving balance, strength, flexibility and agility. This class is great for beginners, with an introduction to the Basic Simplified (24 Step) Yang style form.
Instructor: Sifu Tia Greenfield
Monday, Aug. 21-Dec. 4
3-4 p.m. (No class Sept. 4)
FITN-0001-023, $149; Lifelong Learner $115
Physical Education Center (PEC), Room 135

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 13
Say Goodbye to Antacids
If you suffer from heartburn, acid reflux or indigestion, you may benefit from these simple and effective exercises. Learn gentle movements that have the potential to reduce or eliminate these issues. Instructor: John Robertson
Thursday, Oct. 5
6-9 p.m.
LEISR-0067-003, $49
Berg Instructional Center (BIC), Room 1A05

Secrets to Living a Long Life
Learn sound dietary habits and balanced, healthy lifestyles that can lengthen your life. Inspired by the best-selling book of the same name, this program summarizes the nutrition and lifestyles of the world’s five most remarkable longevity hotspots. Instructor: John Robertson
Thursday, Oct. 12
6-9 p.m.
LEISR-0067-004, $49
Berg Instructional Center (BIC), Room 1A05

Tai Chi for Continuing Students
This class is for students who are experienced in basic forms, particularly the Basic Simplified (24 Step) Form. Although there will be some review of Tai Chi basics and Qi Gong exercises, we will focus primarily on the Traditional Yang style long form (88/108 Step) to improve overall well-being and enhance the harmony and balance in the mind-body-spirit connection. Practicing this gentle, relaxing, and beautiful form of meditation and exercise will increase energy and reduce stress, while also improving balance, strength, flexibility and agility. Instructor: Sifu Tia Greenfield
Wednesday, Aug. 23-Dec. 6
3-4 p.m.
FITN-0001-002, $149; Lifelong Learner $115
Physical Education Center (PEC), Room 135

COMING SOON FOR FOODIES!
Join us as we partner with Culinary and Hospitality to offer new explorations in food! Our award-winning COD chefs and experts will host classes featuring some of their favorite recipes, tricks and tips.
Upcoming details available at cod.edu/con ted_featured.

Food and Beverage

Bread and Biscotti
Discover the basic skills required to make great bread from scratch. Each student makes a loaf of chocolate bread to take home. While our bread is rising, make an assortment of biscotti to share and take home. Bring your own beverage to enjoy while cooking. Please note: A seven-day advance cancellation notice is required.
Saturday, Dec. 9
9 a.m.-1 p.m.
LEISR-0004-106, $110
My Chef’s Station in Roselle

Fall Flavors
Our fall menu includes baked brie; rosemary skewered bread; cranberry-pecan dip; spinach and apple salad; redskin mashers; rosemary, maple and mustard roast pork loin; roasted vegetables; and pumpkin bread pudding. Bring your own beverage to enjoy while cooking. Please note: A seven-day advance cancellation notice is required.
Tuesday, Oct. 3
7-9 p.m.
LEISR-0004-103, $80
My Chef’s Station in Roselle

Holiday Cookies
Get in the holiday spirit! Work in groups of two preparing recipes with direction from the chef. All cookies are divided up to take home for family and friends. Please bring containers for your cookies and your own beverage to enjoy while baking. Please note: A seven-day advance cancellation notice is required.
Thursday, Dec. 14
6:30-9:30 p.m.
LEISR-0004-107, $80
My Chef’s Station in Roselle

Kitchen Confidence
Hone basic cooking skills and prepare simple recipes. From soup to dessert, the recipes are easy, elegant, tasty and nutritious. Practice basic cooking methods of broiling, sautéing, stir-frying, steaming, chopping, cutting, mixing, folding and using seasonings. Instructor: Laura Walsh
Sunday, Sept. 17-Oct. 15
1-4 p.m.
LEISR-0004-001, $259
Culinary and Hospitality Center (CHC), Room 1013

Thanksgiving—Beginner’s Basics
Learn how to make all the holiday basics! The menu includes basic, all-American classics for the beginner: turkey and gravy, mashed potatoes, stuffing, squash, salad and dessert. Bring your own beverage to enjoy while cooking. Please note: A seven-day advance cancellation notice is required.

Thanksgiving—Gourmet
Learn how to prepare a gourmet holiday feast! We will make a turkey with all the sides and then sit down together to enjoy the meal. Our menu includes spiced turkey with cherry-pear glaze, red potato mashers with green onions, fresh green bean casserole, blue cheese and spiced pecan Brussels sprouts salad, apple-pecan stuffing, pumpkin bread pudding and a cheddar and chive braided bread! Bring your own beverage to enjoy while cooking. Please note: A seven-day advance cancellation notice is required.

HOBBY AND RECREATION

Crocheting
Learn the basics of crochet: chain, single crochet, double crochet, simple shaping and how to read basic patterns. Bring one skein of solid, light-colored #4 medium-weight yarn and size U.S. H-8 (5mm) crochet hook to first class.
Tuesday, Oct. 3-Oct. 31
6:30-9:30 p.m.
LEISR-0045-300, $119
On campus in Glen Ellyn

Holiday Sewing Projects
Transform your home into a winter wonderland with a holiday tree skirt, your own table runner and matching placemats. Sewing machines are provided for in-class use. A supply list will be mailed prior to class.
Tuesday, Oct. 10-Nov. 14
6:30-9:30 p.m.
LEISR-0045-012, $89
On campus in Glen Ellyn
Sewing Basics I
Gain confidence in using your sewing machine and complete your first sewing project. Learn the basics of using a pattern, reading a guide sheet, sewing seams and finishing seams. Sewing machines are available for in-class use. A supply list will be mailed prior to class.

Tuesday, Sept. 5-Oct. 17
6:30-9:30 p.m.
LEISR-0045-001, $199
On campus in Glen Ellyn

Sewing Basics II
Build on basic skills and acquire advanced sewing techniques. Focus on simple pattern adjustments, different types of fabrics, zipper insertion and other details that may include collars, sleeves and waistbands. Construct a garment in class. Sewing machines are available for in-class use. A supply list is mailed prior to class.

Tuesday, Oct. 24-Dec. 5
6:30-9:30 p.m.
LEISR-0045-002, $199
On campus in Glen Ellyn

Halloween Costume—Sewing
Create a fun and festive costume! This workshop helps you design and create a unique and handmade costume just in time for Halloween. Previous sewing experience is recommended. Sewing machines are provided for in-class use. A supply list will be mailed prior to class.

Thursday, Oct. 12 and 19
6:30-9:30 p.m.
LEISR-0045-011, $59
On campus in Glen Ellyn

The Science of Paranormal Investigations
Learn the fundamentals and reasoning behind paranormal activity and analyze common investigative practices, techniques, and scientific theories. Discover how different scientific fields and facts are incorporated into the process of observing and documenting the paranormal and closely examine the specifics that need to be applied while investigating, reviewing data and making correlations.

Wednesday, Oct. 4-25
7-9 p.m.
LEISR-0067-010, $149
On campus in Glen Ellyn

Halloween Costume—Sewing
Create a garment in class. Sewing techniques that may include collars, sleeves and different types of fabrics, zipper insertion and techniques. Focus on simple pattern adjustments, building on basic skills and acquiring advanced sewing.

LEISR-0045-002, $199
6:30-9:30 p.m.
On campus in Glen Ellyn

Backyard Composting
Here you will learn the science and benefits behind composting and how easy it is to set up composting in your own back yard.

Sunday, Sept. 24
Noon-3 p.m.
LEISR-0032-401, $59
On campus in Glen Ellyn

Basic Home Repair
Learn how to perform simple repairs and routine home maintenance without a plumber, carpenter or electrician. Replace faucets and washers, install a toilet, repair toilet leaks, install a bathroom sink and caulk. Make your own drywall repairs with plaster, taping and sanding. Find out how to replace light switches, install electrical boxes and add a breaker to the fuse box. Some hands-on activities are included.

Wednesday, Sept. 20-Oct. 25
6-9 p.m.
LEISR-0032-001, $249
Addison Center

Decorating Diagnosis
Don’t replace what you have; rearrange it and give it a whole new look! Let a professional redesigner provide the diagnosis and treatment for spaces that are bland, overcrowded with furniture, lacking the right lighting or otherwise uninviting. Acquire tips on how to use the furniture and accessories you already own to change not only the look of your home, but also how you feel in it. Instructor: GraceAnn Simoni

Tuesday, Sept. 26
6:30-8:30 p.m.
LEISR-0032-200, $59
On campus in Glen Ellyn

Fall Gardening
The early fall is a great time to add plants and bulbs and prepare your garden for the long winter. Learn about different types of bulbs, how to transplant, divide perennials, save seeds, and extend your vegetable season. Discuss the fall clean-up and how to care for your garden tools.

Sunday, Sept. 3-17
Noon-3 p.m.
LEISR-0032-400, $89
On campus in Glen Ellyn
**Redesign and Staging Career**
Interior redesign and home staging are popular avenues in the decorating market for motivated entrepreneurs. Learn from a professional about redesign, home staging and what to consider if you are interested in starting a business in the field.
Instructor: GraceAnn Simoni

Saturday, Dec. 9
9:30-11:30 a.m.
LEISR-0032-002, $59
On campus in Glen Ellyn

**Residential Plumbing**
Gain knowledge of basic plumbing repair, plumbing code, fixtures, common problems and solutions—and learn when to call a licensed plumber.

Wednesday, Nov. 1-15
5:30-9:30 p.m.
LEISR-0032-006, $199
Addison Center

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**Arabic**

**Conversational Arabic I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in Arabic. A textbook is required.

Tuesday, Sept. 12-Oct. 10
6:30-9:30 p.m.
LANGS-0001-017, $199
Berg Instructional Center (BIC), Room 1H07

**Conversational Arabic II**
Add to your Arabic vocabulary and improve conversational skills through practical dialogues and discussions about current events. Gain a deeper perspective of Arabic culture and learn to read and comprehend written Arabic. A textbook is required. Prerequisite: Arabic I or equivalent experience.

Tuesday, Oct. 17-Nov. 14
6:30-9:30 p.m.
LANGS-0001-018, $199
Berg Instructional Center (BIC), Room 1425

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**Chinese**

**Conversational Mandarin Chinese I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in Mandarin Chinese.

Wednesday, Sept. 13-Oct. 11
6:30-9:30 p.m.
LANGS-0001-028, $199
Student Resource Center (SRC), Room 1118

**Conversational Mandarin Chinese II**
Add to your Mandarin Chinese vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of Chinese culture and learn to read and comprehend written Chinese. Prerequisite: Chinese I or equivalent experience.

Wednesday, Oct. 18-Nov. 15
6:30-9:30 p.m.
LANGS-0001-029, $199
Berg Instructional Center (BIC), Room 1A03

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**French**

**Conversational French I**
Actively begin to build your grammatical foundation, understand simple spoken phrases and speak French in simple sentences. This course is designed for students with little or no experience in French. A textbook is required.

Saturday, Sept. 16-Oct. 14
9 a.m.-noon
LANGS-0001-205, $199
Berg Instructional Center (BIC), Room 1447

**Conversational French II**
Add to your French vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of French culture and learn to read and comprehend written French. A textbook is required. Prerequisite: French I or equivalent experience.

Saturday, Oct. 21-Nov. 18
9 a.m.-noon
LANGS-0001-207, $199
Berg Instructional Center (BIC), Room 1A03

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**German**

**Conversational German I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, the basic sentence structure necessary to understand and begin to formulate conversations in German. A textbook is required.

Wednesday, Sept. 6-Oct. 4
6:30-9:30 p.m.
LANGS-0001-205, $199
Berg Instructional Center (BIC), Room 1A05

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**Travel Planning**

**Language for Travel**

Prepare for your next travel adventure with these easy and practical introductions to language and culture. Discover where to go and what to see, acquire survival phrases, and learn how to read signs, menus and transportation schedules. Explore cultural differences and be prepared to fully enjoy your destination. No previous language study is needed.

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**TRAVEL PLANNING**

**Chinese**

**Conversational Mandarin Chinese I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in Mandarin Chinese.

Wednesday, Sept. 13-Oct. 11
6:30-9:30 p.m.
LANGS-0001-028, $199
Student Resource Center (SRC), Room 1118

**Conversational Mandarin Chinese II**
Add to your Mandarin Chinese vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of Chinese culture and learn to read and comprehend written Chinese. Prerequisite: Chinese I or equivalent experience.

Wednesday, Oct. 18-Nov. 15
6:30-9:30 p.m.
LANGS-0001-029, $199
Berg Instructional Center (BIC), Room 1A03

**French**

**Conversational French I**
Actively begin to build your grammatical foundation, understand simple spoken phrases and speak French in simple sentences. This course is designed for students with little or no experience in French. A textbook is required.

Saturday, Sept. 16-Oct. 14
9 a.m.-noon
LANGS-0001-205, $199
Berg Instructional Center (BIC), Room 1447

**Conversational French II**
Add to your French vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of French culture and learn to read and comprehend written French. A textbook is required. Prerequisite: French I or equivalent experience.

Saturday, Oct. 21-Nov. 18
9 a.m.-noon
LANGS-0001-207, $199
Berg Instructional Center (BIC), Room 1A03

**German**

**Conversational German I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, the basic sentence structure necessary to understand and begin to formulate conversations in German. A textbook is required.

Wednesday, Sept. 6-Oct. 4
6:30-9:30 p.m.
LANGS-0001-205, $199
Berg Instructional Center (BIC), Room 1A05
**Conversational German II**
Add to your German vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of German culture and learn to read and comprehend written German. A textbook is required. Prerequisite: German I or equivalent experience.

Wednesday, Oct. 11-Nov. 8
6:30-9:30 p.m.
LANGS-0001-301, $199
Berg Instructional Center (BIC), Room 1425

**Conversational Polish I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in Polish. A textbook is required.

Wednesday, Sept. 13-Oct. 11
6:30-9:30 p.m.
LANGS-0001-406, $199
Berg Instructional Center (BIC), Room 1437

**Conversational Polish II**
Add to your Polish vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of Polish culture and learn to read and comprehend written Polish. A textbook is required. Prerequisite: Polish I or equivalent experience.

Wednesday, Oct. 18-Nov. 15
6:30-9:30 p.m.
LANGS-0001-407, $199
Student Resource Center (SRC), Room 1118

**Polish Conversation/Grammar**
This class is for those with an intermediate knowledge of Polish looking to further improve conversation skills. Build confidence in oral and written communication.

Thursday, Sept. 21-Oct. 19
6:30-9:30 p.m.
LANGS-0001-408, $199
Berg Instructional Center (BIC), Room 1429

**Conversational Italian I**
Explore the Italian culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in Italian. A textbook is required.

Monday, Sept. 11-Oct. 9
6:30-9:30 p.m.
LANGS-0001-400, $199
Berg Instructional Center (BIC), Room 1A03

Saturday, Sept. 16-Oct. 14
9 a.m.-noon
LANGS-0001-401, $199
Berg Instructional Center (BIC), Room 1A02

**Conversational Italian II**
Add to your Italian vocabulary and improve conversational skills through practical dialogues. Gain a deeper perspective of Italian culture and learn to read and comprehend written Italian. A textbook is required. Prerequisite: Italian I or equivalent experience

Monday, Oct. 11-Nov. 13
6:30-9:30 p.m.
LANGS-0001-402, $199
Berg Instructional Center (BIC), Room 1A03

Saturday, Oct. 21-Nov. 18
9 a.m.-noon
LANGS-0001-403, $199
Student Resource Center (SRC), Room 1118

**Conversational Italian III**
Deepen your perspective of the Italian culture and converse on useful topics and themes encountered in everyday life. Actively increase your vocabulary, listening comprehension, oral proficiency and grammar skills. A textbook is required. Prerequisite: Italian II or equivalent experience

Tuesday, Sept. 12-Oct. 10
6:30-9:30 p.m.
LANGS-0001-404, $199
Berg Instructional Center (BIC), Room 1A07

**Conversational Russian I**
Explore a new culture and language in a relaxed and informal atmosphere. Learn practical vocabulary, correct pronunciation, and the basic sentence structure necessary to understand and begin to formulate conversations in Russian.

Tuesday, Sept. 12-Oct. 10
6-9 p.m.
LANGS-0001-003, $199
Berg Instructional Center (BIC), Room 1A06

**Conversational Russian II**
Continue conversational Russian skills that you can apply to real life and practical situations. Engage in the language while exploring the Russian culture. A textbook is required. Prerequisite: Russian I or equivalent

Tuesday, Oct. 17-Nov. 14
6-9 p.m.
LANGS-0001-004, $199
Student Resource Center (SRC), Room 1118

**Conversational Spanish I**
Bienvenidos! Develop beginning Spanish conversational skills you can apply to practical, everyday situations. Engage in the language while learning about Spanish-speaking countries and their cultures.

Tuesday, Sept. 12-Oct. 10
6:30-9:30 p.m.
LANGS-0001-700, $199
Student Resource Center (SRC), Room 1123

Saturday, Sept. 16-Oct. 14
9 a.m.-noon
LANGS-0001-710, $199
Student Resource Center (SRC), Room 1123
Finger Labyrinth Journey
While tracing the sacred geometry of the labyrinth, the combination of movement and introspection is used as a form of guided meditation, allowing you to gain peace and engage in personal and spiritual renewal. Experience relief from the stressors of daily life and solve problems using this mindful technique. Instructor: John Robertson
Saturday, Oct. 14
12:30-3:30 p.m.
LEISR-0067-006, $39
Student Resource Center (SRC), Room 1118

Jumpstart: Find the Motivation to Change Your Life
Do you want to make a change in your life, but have no idea where to begin? That’s the first step to making meaningful change. This class offers insightful discussion, exercises and tools for moving forward. You’ll walk away with an action plan that you can use immediately. Instructor: Diane Randall
Saturday, Oct. 21
9 a.m.-noon
LEISR-0067-065, $49
Berg Instructional Center (BIC), Room 1A07

Conversational Spanish III
Interactive activities help expand your Spanish conversational skills. Focus on additional grammar concepts to improve reading and writing skills while exploring Spanish-speaking countries and their cultures. Prerequisite: Spanish II or equivalent experience

Wednesday, Sept. 13-Oct. 11
6:30-9:30 p.m.
LANGS-0001-707, $199
Berg Instructional Center (BIC), Room 1A03

Conversational Spanish IV
Further expand your Spanish conversational skills through interactive activities. Focus on additional grammar concepts to improve reading and writing skills while exploring the culture of several Spanish-speaking countries. Prerequisite: Spanish III or equivalent experience

Wednesday, Oct. 18-Nov. 15
6:30-9:30 p.m.
LANGS-0001-708, $199
Berg Instructional Center (BIC), Room 1G04

Meridian Hand Exercises
Discover the secrets of meridian health balls, an exercise system developed in China that has been in use for 2,000 years. Improve strength, flexibility, dexterity and circulation in the fingers, hands and wrists—as well as relieve joint stiffness and soreness. Reduce the risk of carpal tunnel syndrome, tendonitis, repetitive strain injury, rheumatism and arthritis. These hand exercises can be deeply relaxing and may improve overall health, stimulate the mind and reduce your risk of cognitive decline. Fee includes set of chiming health balls. Instructor: John Robertson
Thursday, Oct. 19
6-9 p.m.
LEISR-0067-007, $75
Berg Instructional Center (BIC), Room 1H07
**Midlife Makeover: Let Your Passion Lead to Purpose**
Are you looking for a career that gives you a true sense of purpose? This insightful and informative class offers exercises and strategies that will help you match your energy, vitality and passion to a fulfilling career. Instructor: Diane Randall

Saturday, Oct. 7
9 a.m.-noon
LEISR-0067-060, $49
Student Resource Center (SRC), Room 1118

**Mindfulness Meditation**
Train your mind the way you train your body for the perfect way to stay centered with our Chopra Center-certified meditation instructor. Learn centuries-old meditation techniques to relax and increase your overall sense of well-being. Explore the benefits of developing a regular meditation practice to improve health, strengthen the immune system, and release stress and anxiety. A textbook is recommended, but not required. Instructor: Stephanie Frantz

Tuesday, Sept. 12-Oct. 3
Noon-1 p.m.
LEISR-0061-002, $54
On Campus in Glen Ellyn

**Holiday Stress-Buster Meditation:**
Tuesday, Nov. 28-Dec. 12
Noon-1 p.m.
LEISR-0061-043, $54
Berg Instructional Center (BIC), Room 3419

**More Mindfulness Meditation**
This class is for students who have taken Mindfulness Meditation and are interested in continuing group meditation. Explore the topic of mindfulness more deeply through reading and class discussions. Prerequisite: Mindfulness Meditation. Required textbook: “Wherever You Go, There You Are,” John Kabat-Zinn ISBN: 978-3548221298 Instructor: Stephanie Frantz

Wednesday, Sept. 20-Oct. 11
Noon-1 p.m.
LEISR-0061-010, $54
Berg Instructional Center (BIC), Room 1A01

Wednesday, Oct. 25-Nov. 15
Noon-1 p.m.
LEISR-0061-015, $54
Student Resource Center (SRC), Room 1128

**Passion Test: Find Your Inspiration**
Becoming more passionate about what you do changes everything. Using The Passion Test, engage in a simple but powerful process to identify your top five passions. Passions can change over time, and gaining greater clarity frees up new energy and opens new worlds.

Saturday, Oct. 7-14
1:30-3:30 p.m.
LEISR-0067-019, $75
Student Resource Center (SRC), Room 1123

**Reiki I**
Introduce yourself to the healing principles of Reiki under the guidance of a Reiki master teacher. Practice hands-on healing techniques to re-establish balance and harmony on the physical, emotional and spiritual planes. Restore the natural function of the body and activate its ability to heal itself. Reiki stone, a student manual and a certificate of completion are included. Instructor: John Robertson

Saturday, Sept. 16
9 a.m.-6 p.m.
LEISR-0067-002, $169
Student Resource Center (SRC), Room 1131

**The Art of Letting Go**
Close your eyes and imagine life without the emotional baggage and things you have stored away that no longer serve you. Start the process of letting them go so you can start filling your life with things you desire and that bring you joy and happiness. Instructor: Miriam lvrey

Tuesday, Sept. 12-Oct. 3
Noon-1 p.m.
LEISR-0067-002, $169
Student Resource Center (SRC), Room 1131

**Eyes and Brows!**
Learn everything you need to know to create the perfect brow for your face shape. You will also learn what eye looks are best for you, how to achieve them, and how to choose the right products. Instructor: Michelle Laraabi

Monday, Aug. 14
6-9 p.m.
LEISR-0043-050, $59
Student Resource Center (SRC), Room 1118

**Event Makeup**
Learn makeup tips for a special event, wedding or night out! Spiff up your normal style by learning the steps from start to finish to create a glamorous look for any special occasion. Instructor: Michelle Laarabi

Tuesday, Nov. 14
6-9 p.m.
LEISR-0043-075, $59
Student Resource Center (SRC), Room 1128

**Fall Trends**
Achieve stylish fall looks at any age. Find the best skincare products and makeup for your skin and learn to apply them for a natural look all season long. Instructor: Michelle Laraabi

Thursday, Sept. 21
5:30-9:30 p.m.
LEISR-0063-050, $75
Student Resource Center (SRC), Room 1128

**Tips and Tricks for Plus 50**
Look and feel your best at any age. Explore makeup and skincare, discover how to take care of your skin’s basic needs and learn how to stay fresh, natural and current. Discover time-saving tips for your busy lifestyle. This two-part series gives you an opportunity to try new techniques between classes and return to discuss and refine them. Instructor: Michelle Laarabi

Monday and Wednesday, Oct 23 and 25
6-9 p.m.
LEISR-0063-070, $99
Student Resource Center (SRC), Room 1128

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 19
**Literacy**

In a small group setting based on ability level, students develop reading and writing skills, and have the opportunity to advance through the classes. These courses complement other offerings within College of DuPage.

- **Tuesday and Thursday, Sept. 12-Nov. 14**
  - 11-11:50 a.m.
  - LEISR-0070-101, $225
  - Student Resource Center (SRC), Room 1128

- **Tuesday and Thursday, Sept. 12-Nov. 14**
  - 12:30 p.m.
  - LEISR-0070-200, $225
  - Student Resource Center (SRC), Room 1123

- **Tuesday and Thursday, Sept. 12-Nov. 14**
  - 5-5:50 p.m.
  - LEISR-0070-300, $225
  - Student Resource Center (SRC), Room 1118

- **Tuesday and Thursday, Sept. 12-Nov. 14**
  - 6-6:50 p.m.
  - LEISR-0070-301, $225
  - On Campus in Glen Ellyn

**Reach Out**

Young Adults with Developmental Disabilities

For more information, contact Susan Landers at (630) 942-2176 or visit cod.edu/reachout.

Continuing Education is responding to a need in the community for classes designed for adults with mild to moderate developmental disabilities. These courses complement other offerings within College of DuPage. A student does not have to reside within District 502 to attend. Classes can be taken multiple times as new information is introduced. Reach Out courses are designed for 21- to 40-year-old students who can independently and safely find their way to classes. No transportation will be provided. Classes are limited to 12 students. To register, call (630) 942-2208.

**Nutrition and Health**

This course is designed for adults with cognitive disabilities to help them better understand the role of nutrition in their overall health. Students will learn the importance of food choices, how to meal plan, shop for food and basic kitchen methods. Students will also explore basic food groups and what careers are available in Food and Nutrition.

Instructor: Pat Sovonick

- **Tuesday, Sept. 12-Nov. 14**
  - 1-2:30 p.m.
  - LEISR-0070-050, $199
  - Student Resource Center (SRC), Room 1128
College of DuPage

VOCATIONAL SKILLS PROGRAM

College of DuPage offers a Vocational Skills program for students challenged with mild to moderate cognitive impairment. These are developmental-level, non-credit courses designed to develop life and vocational skills that can lead to competitive, entry-level employment and enhance everyday living skills. Most courses meet two days a week, two hours a day for eight weeks on campus in Glen Ellyn, including topics on computer skills, foodservice, hospitality, horticulture and more. For more information on the Vocational Skills program, call (630) 942-2208 or visit cod.edu/vocational.

CONTACT US. If you are new to the Vocational Skills program, please schedule a meeting with Access and Accommodations to determine program eligibility by calling (630) 942-2154. For all other inquiries and to register, call (630) 942-2208 or visit College of DuPage Continuing Education on campus in Glen Ellyn at 425 Fawell Blvd. in the Student Resource Center (SRC), Room 1110.

Animal Care Skills
This course is for adults with cognitive disabilities and provides an introduction to basic animal care. Students will learn about potential careers in the animal care field and how to provide basic care for cats, dogs and other household pets. Grooming, nutrition and common illnesses will also be discussed.

Tuesday and Thursday, Sept. 12-Nov. 12
3-4:50 p.m.
VOCSK-0070-001, $299
Student Resource Center (SRC), Room 1128

Computer Skills I
This course provides an introduction to computer technology and word processing for adults with cognitive disabilities and includes the basic parts of a computer, creating and editing documents for business, and using the Internet and email. Prerequisite: Vocational Skills 0020 or keyboard experience.

Tuesday and Thursday, Sept. 26-Nov. 16
9:00-10:50 a.m.
VOCSK-0021-001, $299
Student Resource Center (SRC), Room 1120

Employment Skills I
This course provides an introduction to pre-employment skills for adults with cognitive disabilities to prepare for job placement. Topics include resume writing, job interviewing and completing job applications.

Tuesday and Thursday, Sept. 26-Nov. 16
9:00-10:50 a.m.
VOCSK-0011-001, $299
On Campus in Glen Ellyn

Food Service Skills I
This course is designed for adults with cognitive disabilities and provides an introduction to the basic skills required for entry-level food service occupations. Topics include demonstration and hands-on learning in basic sanitation, safe food handling, safety issues, basic food preparation and cooking.

Friday, Sept. 29-Nov. 17
9 a.m.-12:50 p.m.
VOCSK-0041-001, $299
Culinary & Hospitality Center (CHC), Room 1013

General Office Skills I
This course offers an introduction to basic office tasks and operation of office machines for adults with cognitive disabilities. Topics include filing, mailing, copying, faxing, and time management skills.

Tuesday and Thursday, Sept. 26-Nov. 16
2:30-5:00 p.m.
VOCSK-0025-002, $299
On Campus in Glen Ellyn

Hospitality Skills I
This course is designed for adults with cognitive disabilities and provides an introduction to basic skills required for entry-level hospitality and hotel housekeeping occupations. Topics include basic room cleaning, laundry duties, proper trash handling, and cleaning product safety. Personal grooming and social skills are also covered.

Tuesday and Thursday, Sept. 26-Nov. 16
Noon-1:50 p.m.
VOCSK-0651-002, $299
On Campus in Glen Ellyn

Horticulture Skills I
This course offers an introduction to the skills needed to work in a production greenhouse and is designed for adults with cognitive disabilities. Topics include plant potting and watering procedures, plant grooming methods, transplanting methods, and plant propagating methods. Students assist in retail operations and plant care.

Tuesday and Thursday, Sept. 26-Nov. 16
9:30-11:20 a.m. (no class Nov. 23)
VOCSK-0061-001, $299
Tuesday: Technical Education Center (TEC), Room 1015
Thursday: Technical Education Center (TEC), Room 1011

COACH
Career Opportunity ACHievement Program for young adults with cognitive disabilities

COACH is a two-year (four-term) cohort program designed for adults 22 and older. The program focuses on:
• Academics: reading, writing, math and computer literacy
• Social and independence skills
• Career exploration

COACH has been developed to provide post-transition students with additional educational training aimed at preparing them for meaningful employment. The tuition for COACH is $2,499 per semester and an application process applies. For more information or to inquire about availability for this fall, contact Susan Landers at (630) 942-2176 or LandersS@cod.edu.

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 21
GET YOUR GED® AT COD!

Take the first step toward your educational goals and improve your earning potential by working toward your High School Equivalency. Classes are offered in English or Spanish, as well as online in English. There is no cost to you and you may qualify for the $500 Jump Start Scholarship, which provides tuition assistance to help you begin your studies at College of DuPage.

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- Complete your High School Equivalency
- Receive college credit
- Job placement assistance
- Also available to high school graduates

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Call (630) 942-3697

College of DuPage Adult Education
425 Fawell Blvd., Glen Ellyn, IL 60137
Student Resource Center (SRC), Room 1110

(630) 942-3697
HSE@cod.edu
cod.edu/ICAPS

Stevens Amendment
Approximately 37 percent of the Illinois Adult Education and Literacy Program cost at COD is federally funded under Title II, Adult Education and Family Literacy of the Workforce Investment Act of 1998.
Adult English Language Acquisition (ELA)
(Formerly ESL)
ELA@cod.edu, cod.edu/ELA

Free English classes develop your reading, writing, listening and speaking skills necessary for work, education and everyday communication. Find a course near you at one of our many locations. Classes fill quickly! Placement testing takes approximately three hours.

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Take the first step toward your educational goals and improve your earning potential by working toward your high school equivalency. There is no cost to you.

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Contact us!
Schedule your registration and testing appointment today!

Adult Education
(630) 942-3697
Student Resource Center (SRC) Room 1110
425 Fawell Blvd., Glen Ellyn

For Americans with Disabilities Act accommodations, call (630) 942-2141 (voice) or (630) 858-9692 (TDD).

College of DuPage is an equal opportunity educator and employer. Approximately 40 percent of tuition is federally funded under WIA Title II.
These classes are designed for students of any age who would like to pursue interests that enhance and energize. The reduced senior fee is for those 55 and over. Contact us at (630) 942-2208 to learn about special scholarships and grants. See special class features at cod.edu/lifelong.

BRIDGE

Beginner’s Bridge
Learn the basics in playing of the hand, scoring and common bidding conventions. Engage in hands-on practice, setting up and playing as many hands as time allows.

Wednesday, Sept. 13-Oct. 25
7-9 p.m.
HUMNT-0001-038, $169; Lifelong Learner $129
Berg Instructional Center (BIC), Room 1A07

Bridge—Beginners and Beyond
Do you already play bridge and know basic bidding and card play, but would like to improve your game? Learn useful bidding conventions and hints for better card play in this class. If there are bidding conventions that you would like to cover, instructor Bob Kucaba will be happy to address specific bidding and playing systems that are of interest to the class.

Wednesday, Sept. 13-Oct. 25
1:30-3:30 p.m.
HUMNT-0001-039, $169; Lifelong Learner $129
Berg Instructional Center (BIC), Room 1H05

COMPUTERS AND TECHNOLOGY

Beginning Computer Skills for Plus 50, Part I
Tailored for the Plus 50 student, this beginner’s computing course helps to enhance confidence through patient, hands-on instruction and review.

Tuesday, Aug. 29-Oct. 3
1-3 p.m.
COMPT-0006-010, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1120

Continued Computer Skills for Plus 50, Part II
Tailored for the Plus 50 student, this is the second part to Beginning Computer Skills +50 and will build on skills learned in the beginner’s class. Those who have not taken the beginner’s course should have familiarity with a computer and mastery of basic skills.

Tuesday, Oct. 10-Nov. 14
1-3 p.m.
COMPT-0006-011, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1120

Intermediate Computer Skills for Plus 50, Part III
Gain an introduction to word processing principles and techniques. Learn how to compile and edit documents. In addition, continue to browse the Web and conduct advanced searches with various search engines.

Wednesday, Aug. 30-Oct. 4
1-3 p.m.
COMPT-0006-031, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1134

EARTH AND NATURAL SCIENCES

Backyard Winter Wildlife
We share our yards and neighborhoods with literally hundreds of wild animals. Learn the survival strategies of these creatures, the facts about feeding birds and squirrels, and how specific animal behavior can affect humans and vice versa. Instructor: Jack MacRae

Monday, Nov. 6-27
10 a.m.-noon
HUMNT-0001-081, $119; Lifelong Learner $79
On campus in Glen Ellyn

FILM

The Art of Screen Cuisine
Join in for screenings of some of the most delectable combinations of film and food. Engage in lively discussions about theme, imagery and characters as well as larger topics of food in art—and food in life. Instructor: Anna Draniewicz

Thursday, Oct. 26-Nov. 16
2-5 p.m.
HUMNT-0001-019, $159; Lifelong Learner $119
Student Resource Center (SRC), Room 1118

Female Face in French Cinema
Join us for screenings of modern French films showing a new, female face of French Cinema. Women play very important roles in these sometimes shocking films. Engage in discussions about the feminist film theory, as well as larger topics of art, sex, violence and power.

Tuesday, Sept. 12-26
1-4 p.m.
HUMNT-0001-017, $119; Lifelong Learner $79
Student Resource Center (SRC), Room 1123

Intro to Mac for Plus 50
This course is designed for Apple computer users who wish to explore the capabilities of their Mac. Computer terminology as well as basic word processing, spreadsheet and an Internet Browser will be covered.

Thursday, Oct. 5-26
1-3 p.m.
COMPT-0006-008, $119; Lifelong Learner $89
Student Resource Center (SRC), Room 1126

Using Gmail for Plus 50
Work with instructor Mark Pusinelli to set up a Gmail account, learn the basics and explore the features.

Wednesday, Nov. 8-29
1-3 p.m.
COMPT-0006-009, $109; Lifelong Learner $69
Student Resource Center (SRC), Room 1134

Using iPad and iPhone for Plus 50
Get the most from your new device! Work with instructor Mark Pusinelli to learn the basics and get comfortable exploring the world of your iPad or iPhone.

Wednesday, Oct. 11-Nov. 1
1-3 p.m.
COMPT-0006-030, $119; Lifelong Learner $89
Seaton Computing Center (SCC), Room 121
Gotta Sing, Gotta Dance
Learn about the evolution of movie musicals during the 1930s and 1940s. Enjoy such films as “Top Hat” with Fred Astaire and Ginger Rogers and “42nd Street” from Busby Berkeley. Instructor: Brian Kleemann
Tuesday, Sept. 26-Oct. 24
6-9 p.m.
HUMNT-0001-014, $159; Lifelong Learner $119
Berg Instructional Center (BIC), Room 2455

Great Films
Combine the viewing of meaningful films with thematically-related short readings to investigate timeless questions. The Great Books method of shared inquiry is used, with group discussion about ethical questions such as the nature of good and evil, law and justice, individuality, courage, art, beauty and happiness. Each class session focuses on one theme and includes a film viewing, a related reading and lively discussion. Come to class with a notebook for journaling. Instructor: Vicky Edwards
Tuesday, Sept. 19-Oct. 24
1-4 p.m.
HUMNT-0001-028, $229; Lifelong Learner $169
On campus in Glen Ellyn

Polish Cinema
Explore the history of Polish Cinema from its beginnings. Start with the most famous Yiddish film made in the pre-war Poland, move on to the communist propaganda films of the ’50s, the counterpropaganda films of the ’60s, discuss the cinema of the ’70s, the Solidarity period of the ’80s and continue through the Free Poland Cinema of this century. Finish with the 2015 Oscar-winning film, “Ida.” Instructor: Anna Draniewicz
Wednesday, Oct. 4-25
1-4 p.m.
HUMNT-0001-018, $159; Lifelong Learner $119
Student Resource Center (SRC), Room 1123

The Twilight Zone: Tropes & Tales
Rod Serling’s “Twilight Zone”: A turning point in TV content and a high point in the use of TV to challenge social and political mores. Using videos of the 1959-64 series, research and interviews with many associated with the series, we will discuss the cautionary tales within and their impact on society. Instructor: Michael Lynn
Tuesday, Nov. 7-28
6-8 p.m.
HUMNT-0001-003, $119; Lifelong Learner $79
On campus in Glen Ellyn

HISTORY AND CULTURE

60 Miles Under the Loop
Chicago’s underground freight tunnels are a fascinating piece of history. Sixty-two miles of tunnels under the Chicago Loop were a mostly forgotten piece of history until the disastrous Chicago flood on April 13, 1992. A damaged wall of a utility tunnel beneath the Chicago River opened into a breach, which flooded basements and underground facilities throughout the Loop with an estimated 250 million gallons of water. Explore the construction, uses and effects of this fascinating network of tunnels. Instructor: David Overeem
Friday, Oct. 13
10 a.m.-noon
HUMNT-0001-087, $29; Lifelong Learner $19
On campus in Glen Ellyn

Alexander Hamilton and the Promise of America
Talented, passionate and vain, Hamilton arrived in the American colonies as a poor boy. He was like a son to George Washington, and served him during the Revolutionary War and again in his administration, as Secretary of the Treasury. Hamilton one of the few revolutionaries who had a truly national perspective. He believed the new United States would one day become a global powerhouse. Yet this foresight put him on a collision course with other national leaders and lead to his tragic demise. Instructor: Joyce Haworth
Tuesday, Oct. 24-31
1-3 p.m.
HUMNT-0001-077, $59; Lifelong Learner $39
Berg Instructional Center (BIC), Room 3537

Ancestry and Family History
Learn how to conduct an oral history interview and then create your own family history project with historical documents, a photobook, digital slide shows, and a DVD for each family member. Give the gift of memories to your family! Instructor: Anne Shimojima
Tuesday, Nov. 7
1-3 p.m.
HUMNT-0001-009, $29; Lifelong Learner $19
On campus in Glen Ellyn

Ancient Kingdoms of Britain
Much of ancient Britain remains a mystery. Who were the Picts, the Dal Riata Scots, the Anglos and the Saxons? Who was ‘top-dog’? How did these clannish people live and what was their relationship with the Vikings? Discuss the roles of Ireland and the Kingdom of York in the creation of Britain. Who ruled what—and for how long? The fluid, constantly shifting powerbase of Ancient Britain from the 5th to the 11th century is the focus of this class. Team taught by instructors Marcus Sanghera and John Schreiber.
Tuesday, Sept. 12-Oct. 31
1-3 p.m.
HUMNT-0001-043, $189; Lifelong Learner $149
Berg Instructional Center (BIC), Room 3451

The Aurora, Elgin and Chicago Railroad
Known as the interurban railroad that helped build Chicago’s western suburbs, this electric railway provided passenger and freight service connecting the western suburbs with Chicago. Explore the development, operation and final decline of the “Great Third Rail.” Instructor: David Overeem
Friday, Oct. 27
10 a.m.-noon
HUMNT-0001-086, $29; Lifelong Learner $19
On campus in Glen Ellyn

Baseball’s Golden Age: Charles Conlon
Charles M. Conlon is considered the photographer of baseball’s glorious heyday. Though he created some of baseball’s most famous photographs, Conlon himself is practically unknown. Explore Conlon’s life and photographs from the books and cards issued from his work. As part of our journey, we’ll use the photographs as a gateway to an understanding of baseball, the sport, and the role it has played as an indispensable part of the American culture. We’ll learn, too, about the everyday players Conlon photographed and the issues they, and other Americans faced in the first half of the 20th Century. Instructor: Gerald Horan
Tuesday, Sept. 26
9-11 a.m.
HUMNT-0001-033, $29; Lifelong Learner $19
Grace Lutheran Church, LaGrange

Tuesday, Oct. 3
9-11 a.m.
HUMNT-0001-032, $29; Lifelong Learner $19
On campus in Glen Ellyn

The Bible as History
The class will analyze the Old Testament from the dual perspectives of Biblical and contemporary secular archaeology. Using external sources and philological analysis, examine the Hebrew Bible in a specific historical framework. Also discuss current speculation about the various authors and time periods of composition. Instructor: Tim Dailey
Tuesday, Sept. 26-Nov. 14
1-3 p.m.
HUMNT-0001-084, $189; Lifelong Learner $149
Villa St. Benedict, Lisle
(Please enter from Subiaco Drive.)
Cavalry in the American Civil War

The Civil War cavalry didn’t fight much at all in the early days of the conflict. As the war went on, the role of the cavalry changed dramatically. Later in the war, cavalry units were frequently used in combat roles as mobile fighting forces and advance scouts. Instructor: John Schreiber

Monday, Sept. 11-Oct. 30
1-3 p.m.
HUMNT-0001-041, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1123

Chicago Ghost Stories, Fact vs. Fiction

Join us as we learn about the famous ghost stories that drive the history of the Windy City. You will discover the true Devil in the White City, Hell House, Resurrection Mary and the Eastland Disaster. Instructor: Michael McCann

Tuesday, Oct. 3
1-2:30 p.m.
HUMNT-0001-027, $29; Lifelong Learner $19
Student Resource Center (SRC), Room 1123

Christianity and Islam: A Comparative Study

Outline the roots of Christianity and Islam, explore their shared history and examine current conflicts, including the avenues for reconciliation and cooperation. We start by looking at the growth of Christianity and Islam and the historical relationship between the two. From there, we examine various aspects of their contemporary encounter, including legal issues, proselytism, persecution, violence and peacemaking. In the end, we explore what hope there might be for the future. Instructor: Hesham Shehab

Wednesday, Oct. 18-Nov. 29
1-3 p.m. (no class Nov. 22)
HUMNT-0001-023, $159; Lifelong Learner $119
On campus in Glen Ellyn

Clash of Civilizations: American Culture and Beliefs in the Rest of World

What makes one culture different from another? More than just food, spices and music, cultures reflect differing beliefs and priorities. Explore Western and U.S. culture and identify the beliefs that make us American. From the perspective of differing beliefs, discuss how we view other parts of the world—and how we are viewed, in return. We will contrast, specifically, Russian and Muslim cultures against U.S. culture and look at the impacts of these clashes on our international relationships. Instructor: Eric Phillipson

Monday, Nov. 6-Dec. 11
1-3 p.m.
HUMNT-0001-020, $159; Lifelong Learner $119
On campus in Glen Ellyn

Czars and Czarinas—Russian Power, Murder and Intrigue

Explore Russian history through the exciting intrigues of its powerful historical figures, including Ivan the Great, Ivan the Terrible, Peter the Great and Catherine the Great. Finally, discuss Czar Nicholas and the collapse of Imperial Russia. Instructor: Eric Phillipson

Monday, Sept. 18-Oct. 23
1-3 p.m.
HUMNT-0001-021, $159; Lifelong Learner $119
On campus in Glen Ellyn

Discourses on History

Starting from the premise that ‘history is a lie,’ historian Marcus Sanghera examines what is real and what is fiction. Also explore the term we believe we understand as ‘history,’ and examine how history is made.

Friday, Sept. 15-Nov. 3
1-3 p.m.
HUMNT-0001-059, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1118

Discourses on the Possibility of Ideas

Engage in a freeform lecture and discussion series on the nature of ideas and historical thought. Historian Marcus Sanghera explores the philosophies and methodologies that underlie critical thinking and the possible outcomes that ultimately lead to decisions that affect and make history.

Friday, Sept. 15-Nov. 3
10 a.m.-noon
HUMNT-0001-058, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1118

Early European Explorers of the Great Lakes

The Golden Age of Exploration brought European explorers and adventurers deep into North America. Learn of their exploits as they traveled through Native America and encountered the various groups of people that were living there. Instructor: Jack MacRae

Thursday, Sept. 7-28
10 a.m.-noon
HUMNT-0001-079, $119; Lifelong Learner $79
On campus in Glen Ellyn

Eleanor and Elizabeth

Explore the history of England’s two great queens Eleanor of Aquitaine and Elizabeth Tudor: one who married not one but two kings; the other who never married at all.

Thursday, Sept. 14-Oct. 19
1-3 p.m.
HUMNT-0001-064, $159; Lifelong Learner $119
Student Resource Center (SRC), Room 1118

Elizabeth and Leicester

He was the great love of her life, but Queen Elizabeth I never married Robert Dudley, Earl of Leicester, the man she affectionately called her ‘sweet Robin.’ Explore the story of one of the most talked about, written about, scandalous, and complicated relationships in English history.

Wednesday, Nov. 8-Dec. 13
10 a.m.-noon
HUMNT-0001-062, $149; Lifelong Learner $109
On campus in Glen Ellyn

England’s Worst Kings

Most of England’s kings were abject failures. Historians Marcus Sanghera and John Schreiber pick out their favorite ‘Worst,’ including Edward II and Richard II, Henry VI, Charles I and Charles II, James II, Ethelred the Unready, Edward the Confessor, Stephen and John.

Thursday, Sept. 14-Nov. 2
10 a.m.-noon
HUMNT-0001-067, $189; Lifelong Learner $149
Student Resource Center (SRC), Room 1119

A Game of Queens: Six Women Who Changed the Course of English History

Explore whether the queens of the Wars of the Roses were really the meddlers, schemers and witches of Shakespeare’s history plays. We’ll pull back the curtain of history to reveal six fascinatingly real women, and the deadly Game of Queens that set the stage for the improbable rise of the Tudor dynasty. Instructor: Joan Krawitz

Monday, Oct. 2-Nov. 6
10 a.m.-noon
HUMNT-0001-037, $149; Lifelong Learner $109
On campus in Glen Ellyn

Henry II and Henry VIII

Two of England’s most notorious and well-remembered kings were never quite what they seemed. Historians Marcus Sanghera and John Schreiber unravel the facts and the fiction behind these two giant figures of the English monarchy.

Wednesday, Sept. 13-Oct. 18
10 a.m.-noon
HUMNT-0001-063, $159; Lifelong Learner $119
Student Resource Center (SRC), Room 1118

Hidden Memory: An American Story

Listen to the story of one family’s journey from Japan to the United States and through the incarceration camps of World War II. Storyteller Anne Shimojima illustrates her talk with photos from her family and the National Archives, showing a family whose only crime was looking like the enemy.

Tuesday, Oct. 24
1-2:30 p.m.
HUMNT-0001-010, $29; Lifelong Learner $19
On campus in Glen Ellyn

History in Your Pocket

Explore how our government has honored and depicted U.S. history through our coins and paper money. Our currency is a history class created by circumstances and congress. We will discuss 1776 to the present. Instructor: David Overeem

Friday, Sept. 15
10 a.m.-noon
HUMNT-0001-085, $29; Lifelong Learner $19
On campus in Glen Ellyn
History of Santa Claus
Explore the origins of St. Nick from the real man to the myth he has become. Discuss the beginnings of several holiday traditions, including stockings, pickles in trees and the red suit. Instructor: Michael McCann
Tuesday, Dec. 5
1-2:30 p.m.
HUMNT-0001-029, $29; Lifelong Learner $19
Student Resource Center (SRC), Room 1123

Indian Treaties of the Illinois Country
Starting in the 18th century, native Illinois tribes began signing a series of treaties with the U.S. government. This class will explore the pressures, negotiations, and ramifications of these important historic documents. Instructor: Jack MacRae
Tuesday, Sept. 5-26
10 a.m.-noon
HUMNT-0001-078, $119; Lifelong Learner $79
Student Resource Center (SRC), Room 1119

An Introduction to Islam
This course seeks to introduce the core theological, ritual, legal, textual, cultural and historical components of Islam, as well as Islam’s impact on the West and the Judeo-Christian culture. Begin with an examination of the pre-Islamic Middle East, the advent of Prophet Muhammad, his life in Mecca and Medina and the Arab conquests. Throughout the course, a comparative study explores the relationship between the Judeo-Christian religious values and Islam. The conflict between Islam and the West is discussed from historical, political and cultural perspectives.
Wednesday, Sept. 6-Oct. 11
1-3 p.m.
HUMNT-0001-024, $159; Lifelong Learner $119
Student Resource Center (SRC), Room 1118

Know Your Car!
Learn the best way to do preventive maintenance on that vehicle and discuss topics such as anti-lock brakes and turbo-charged engines. We’ll go out of the classroom to kick the tires and look under the hood. This class is taught by an ASE certified mechanic and car enthusiast, Ilio Andreuccetti.
Friday, Oct. 6
1-3 p.m.
HUMNT-0001-083, $29; Lifelong Learner $19
Student Resource Center (SRC), Room 1123

The LGBT Experience
The twenty-first century has seen significant victories for lesbian, gay, bisexual and transgender people in the U.S. The acceptance of openly gay people in the military, passage of same sex marriage bills, and visibility in the media and popular culture are some of the dramatic changes in this country over the past 20 years. Explore the complexities of what it means to be LGBT with sample discussion topics including before and after Stonewall, discrimination, the impact of AIDS, gay parenting, transgenderism, hate crimes, race and political realities. Join us in deepening our understanding of the multifaceted history of LGBT life. Instructor: Frank Serafino
Tuesday, Oct. 24-Nov. 14
10 a.m.-noon
HUMNT-0001-070, $119; Lifelong Learner $79
On campus in Glen Ellyn

Life and Times of Alfred the Great
Discover why Alfred is the only English King to be called ‘the Great.’ Best known as a defender of Britain from the Vikings and the man responsible for the creation of England as one state, he was much more. While most European kings could not read, Alfred’s interests ranged from the law, art, architecture, invention, public education, and the creation of a literary tradition for his people and all of England.
Instructor: John Schreiber
Tuesday, Sept. 12-Oct. 17
10 a.m.-noon
HUMNT-0001-042, $149; Lifelong Learner $109
Student Resource Center (SRC), Room 1123

Life and Times of Old Abe
During Lincoln’s time there was more going on than the Civil War alone. Wars with Native Americans, relocating freed slaves, forcing the army to adopt new technology, keeping Europe out of the war, and personal tragedy were all part of this fascinating tune period.
Instructor: David Overeem
Friday, Nov. 10
10 a.m.-noon
HUMNT-0001-088, $29; Lifelong Learner $19
On campus in Glen Ellyn

The Mysterious King Arthur Revealed
Survey the political and cultural history of Great Britain during the fifth and sixth centuries that transformed Roman Britannia into England and Wales. Study the historic basis of the myths, extant literature and archæology. Instructor: John Schreiber
Monday, Nov. 6-Dec. 11
10 a.m.-noon
HUMNT-0001-044, $149; Lifelong Learner $109
Student Resource Center (SRC), Room 1118

Napoleon
He has been called ‘the greatest personality of all time.’ He dominated European and global affairs for more than a decade. His political and cultural legacy has ensured his status as one of the most controversial leaders in human history. Examine Napoleon’s life as a military commander and political leader.
Instructor: Marcus Sanghera
Tuesday, Nov. 7-Dec. 12
1-3 p.m.
HUMNT-0001-053, $149; Lifelong Learner $109
Berg Instructional Center (BIC), Room 3537

Napoleon’s Great Battles
Military historians John Schreiber and Marcus Sanghera choose some of the Emperor’s greatest battles, not all of which were victories, including the Battle of Austerlitz and The Peninsular War.
Wednesday, Sept. 13-Nov. 1
1-3 p.m.
HUMNT-0001-068, $189; Lifelong Learner $149
Student Resource Center (SRC), Room 1119

Native Tribes of the American East
Explore the culture and history of several American Native Tribes from east of the Mississippi, which have been chosen as representatives of tribes from the South, Northeast and Old West region in what became the United States. Topics for each tribe will include language, gender status and socio-economic organization, as well as the polemics of the tribes with respect to each other and to the Europeans.
Instructor: John Schreiber
Monday, Nov. 6-Dec. 11
1-3 p.m.
HUMNT-0001-045, $149; Lifelong Learner $109
Student Resource Center (SRC), Room 1123

Richard III’s Important Decision
In the spring of 1483 Richard, Duke of Gloucester had a very important decision to make: Should he, or shouldn’t he, murder his nephews? Explore the background to this extraordinary moment in English history, a decision that would forever change the course of a small island’s history.
Instructor: Marcus Sanghera
Monday, Nov. 6-Dec. 11
10 a.m.-noon
HUMNT-0001-056, $149; Lifelong Learner $109
Berg Instructional Center (BIC), Room 2525

Sakura Tales: Stories from the Land of the Rising Sun
Japanese stories sparkle with magic, wisdom, and humor. Learn about Japanese folklore and culture as you listen to storyteller Anne Shimojima tell stories of the oral tradition that have been passed down through the years to delight listeners today.
Tuesday, Dec. 5
1-2:30 p.m.
HUMNT-0001-011, $29; Lifelong Learner $19
Student Resource Center (SRC), Room 1118

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 27
Scotland’s Kings
With a history every bit as rich and colorful as England, from the Dal Riata Scots and the Scoti, from the kings of Strathclyde and Scotland’s first king Kenneth MacAlpin, to the Royal Houses of Dunkeld, Bruce, Balliol, and Stewart, historian Marcus Sanghera reveals the story of Scotland to be a 1,000-year tale of dastardly derring-do.

Monday, Sept. 11-Oct. 30
10 a.m.-noon
HUMNT-0001-051, $179; Lifelong Learner $139
On campus in Glen Ellyn

Searching for Marquette
Explore the life and journey of the 17th century French Jesuit missionary-explorer Jacques Marquette through his journal excerpts, maps and images. Discover his cultural impact on the Midwest as told through the monuments and works of art dedicated to his memory. Retrace Marquette’s steps throughout the Great Lakes and Mississippi regions, highlighting his encounters and friendships with regional Native American tribes along his route. Based on the book “Searching for Marquette,” written by instructor Ruth Nelson. This book is the suggested text, although it is not required.

Wednesday, Sept. 27-Dec. 18
7-9 p.m.
HUMNT-0001-030, $119; Lifelong Learner $79
Berg Instructional Center (BIC), Room 1455

Sears Homes of Chicagoland
From 1908 to 1942, Sears Roebuck and Company sold about 65,000 ready-to-build kit homes through catalogs. Despite the rash of teardowns in the Chicago area, some of these houses have managed to survive—undiscovered treasures hidden in plain sight. Explore the Sears kit homes built right here in DuPage County. On the second meeting of class, meet in a nearby neighborhood for a two-mile walking tour of local kit homes. Adverse weather date for the walk is Sept. 21.

Instructor: Lara Solonickne
Thursday, Sept. 7 and 14
10 a.m.-noon
HUMNT-0001-066, $59; Lifelong Learner $35
Berg Instructional Center (BIC), Room 1A02

The Trojan War: The Catastrophe that Ended the Bronze Age
Explore the primary Kingdoms of the Late Bronze Age in the Eastern Mediterranean. Discuss the nature of warfare around 1200 B.C. in the Eastern Mediterranean region, as well as topics including the Mycenaean Greeks, Troy and the Trojan War, the new developments in warfare, and the transformation of states during the Dark Ages that followed. Instructor: John Schreiber

Tuesday, Nov. 7-Dec. 12
1-3 p.m.
HUMNT-0001-046, $149; Lifelong Learner $109
Berg Instructional Center (BIC), Room 3451

Vatican Treasures Decoded
Explore the enigma of the Vatican Gardens, the drama of St. Peter’s, and the mysteries behind the Papal Tombs. Unlock the sophisticated iconographies of the Renaissance through ancient symbols and allegories. Special emphasis will be given to Michelangelo’s Sistine Chapel and the Pieta. Instructor: Ruth Nelson

Thursday, Oct. 5-26
7-9 p.m.
HUMNT-0001-031, $119; Lifelong Learner $79
Berg Instructional Center (BIC), Room 1455

Warrior Monks
Join instructor John Schreiber for a study of one of the most striking features of the Crusades, the emergence of the Templars, Knights of St. John, and the Teutonic Knights. These men dedicated themselves to holy orders and chivalry to create an army of salvation that would become, and remain, controversial. Instructor: John Schreiber

Tuesday, Nov. 7-Dec. 12
10 a.m.-noon
HUMNT-0001-047, $149; Lifelong Learner $109
Student Resource Center (SRC), Room 1118

What If? An Alternate History of the American Civil War
The events of the Civil War shaped the modern world. Imagine a world completely different from the one that we know today: An independent Southern Confederacy with colonies in the Caribbean, Latin America and Africa. What if things had turned out differently? During the course of the war, there were several key decisions and events that could have led to a different outcome and an entirely different world. We will look at these seminal moments, explore different paths that weren’t taken, and discuss the potential alternate outcomes of the Civil War that might have resulted. Instructor: Glenn Drover

Saturday, Sept. 23-Oct. 21
10 a.m.-noon
HUMNT-0001-004, $149; Lifelong Learner $109
On campus in Glen Ellyn

Winston Churchill
Discover the life, political career and legacy of the man considered by many to be the greatest person of the 20th century. Churchill was a larger-than-life figure who failed before he ever succeeded and then failed again. To the British, he is an icon for the ages. Instructor: Marcus Sanghera

Monday, Sept. 11-Oct. 30
1-3 p.m.
HUMNT-0001-052, $179; Lifelong Learner $139
Berg Instructional Center (BIC), Room 1A07

JOHN SCHREIBER
Although John Schreiber trained to become a teacher in grad school, he instead made his living as a general building contractor and construction manager.

In the early 2000s, he returned to the classroom and taught construction management as an adjunct faculty member at Oakton Community College. It was there he discovered his passion for teaching. He returned to grad school for his master’s in Military History.

Schreiber teaches semi-historical subjects, such as the history of Chicago crime and King Arthur, as well as history courses on London, the Plantagenets, the Vikings and the War of 1812. He enjoys sharing his excitement of a subject with his students and hopes that it excites them as well, spurring their own reading and research.

“I teach because I enjoy it and I’m good at it. I love historic research and because of a theater background in undergraduate school, I have a strong class presence and can present the information in an enjoyable manner,” he said.

“I try to make class time fun for the students, just as I am having fun teaching it. While my method is predominantly lecture, I encourage an open classroom environment where the students are free to engage me with questions, comments, additions and corrections.”
The Wreck of the Edmund Fitzgerald
When the SS Edmund Fitzgerald was launched in 1958, she was the largest ship on the great lakes. She was also the largest to ever sink. Learn the story of this ship, her crew, and the tragic afternoon and evening of Nov. 10, 1975. Instructor: Jack MacRae

Friday, Oct. 6-20
10 a.m.-noon
HUMNT-0001-080, $89; Lifelong Learner $59
Student Resource Center (SRC), Room 1123

LITERATURE AND MUSIC

The Beatles: A Magical History Tour
Join us as we discover the Beatles’ story, their personalities and, most importantly, how their music continues to influence our culture and our expectations of popular music. Through audio and visual content, explore the arc of the Beatles career from their development in Liverpool, through Beatlemania into their psychedelic phase, and finally their dissolution. Deepen your appreciation for the Beatles’ incredible productivity, their musical and lyrical maturity and their cultural impact.

Monday, Sept. 18-Oct. 9
1-3 p.m.
HUMNT-0001-015, $119; Lifelong Learner $79
On campus in Glen Ellyn

Discourses on Shakespeare
Engage in a freeform lecture and discussion series on all matters ‘Shakespeare.’ Explore Shakespeare’s sources, tragic and heroic kings, spelling, language, theater—and his hidden identity. Instructor: Marcus Sanghera

Tuesday, Sept. 12-Oct. 31
10 a.m.-noon
HUMNT-0001-061, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1118

Homer’s Iliad
Homer’s epic historical and allegorical record of a long-distant war in the 12th century B.C. between the Greeks and Trojans is an acknowledged masterpiece of world literature. Find out why.


Tuesday, Nov. 7-Dec. 12
10 a.m.-noon
HUMNT-0001-057, $149; Lifelong Learner $109
Student Resource Center (SRC), Room 1119

John, Paul, George and Ringo: The Solo Years 1970-1980
After The Beatles broke up one question echoed all over the world. “Will The Beatles ever reunite?” They never did of course, but in the 10 years after they disbanded John, Paul, George and Ringo still enjoyed, and sometimes frustrated, their fans. Through audio and visual content, explore the highs and lows of their musical output, the feuds, friendships, lifestyles and lawsuits. Together, we’ll explore the whether the sum of The Beatles was greater than its individual parts.

Instructor: Gary Wenstrup

Monday, Oct. 16-Nov. 6
1-3 p.m.
HUMNT-0001-016, $119; Lifelong Learner $79
Student Resource Center (SRC), Room 1118

The Life and Music of Bob Dylan
No artist in the 20th century has had a greater creative influence on popular music than Bob Dylan. His early life, meteoric rise and stunning longevity is looked at through songs, interviews and concert performances. Instructor: Jack MacRae

Tuesday, Nov. 7-Dec. 12
6-8 p.m.
HUMNT-0001-082, $149; Lifelong Learner $109
On campus in Glen Ellyn

Shakespeare’s Richard III
Shakespeare’s most dastardly villain is also his most popular. Enjoy an in-depth reading of Shakespeare’s original text (Required reading: Richard III, any edition). Instructor: Marcus Sanghera

Monday, Nov. 6-Dec. 11
1-3 p.m.
HUMNT-0001-054, $149; Lifelong Learner $109
Berg Instructional Center (BIC), Room 1A07

POLITICS AND POLICY

The Bill of Rights and the Supreme Court
The Bill of Rights consists of the first 10 amendments to the U.S. Constitution and represents the foundation of many of our laws. The founders of our country were united in their belief that we needed a constitution, but were divided over our need for a bill of rights. In today’s world, we debate the meaning of the Bill of Rights but not its inclusion. We’ll look at how the U.S. Supreme Court has come to define the boundaries of our civil rights and liberties through its interpretation of the Bill of Rights. This course will review what some of those rights are, how they have been viewed by the Supreme Court over time and how they affect you. Instructor: Pat deRosset

Monday, Oct. 9-30
1-3 p.m.
HUMNT-0001-002, $119; Lifelong Learner $79
Berg Instructional Center (BIC), Room 1A01

Origins of the First Amendment: Freedom of Expression
Directly in the middle of the uneasy intersection between national freedom and national security, the First Amendment guarantees free speech, a free press, and the freedom to assemble. Engage in a non-partisan examination of the history these rights, from the days of the English radicals and the French Enlightenment through the early years of the American republic as our nation struggled to decide if freedom of expression was simply too costly.

Instructor: Joyce Haworth

Monday, Sept. 11
10 a.m.-noon
HUMNT-0001-073, $29; Lifelong Learner $19
Berg Instructional Center (BIC), Room 3C04

Origins of the Second Amendment: The Right to Bear Arms
The Second Amendment to the United States Constitution protects the right of the people to keep and bear arms. Its interpretation continues to be the focus of intense debate. This nonpartisan class focuses on the history behind this amendment, including the norms of weapon ownership and use in the 18th century, the opinions of the Founders, and the regulations found in the individual states.

Instructor: Joyce Haworth

Monday, Sept. 25
10 a.m.-noon
HUMNT-0001-074, $29; Lifelong Learner $19
Berg Instructional Center (BIC), Room 3C04

The Rise of Political Islam
Gain an introduction to the core theological, ritual, legal, textual, cultural and historical components of Islam and their relation to the rise of religious and political influence.

Tuesday, Sept. 19-Oct. 24
1-3 p.m.
HUMNT-0001-025, $159; Lifelong Learner $119
Student Resource Center (SRC), Room 1118
Ronald Reagan and the Rise of American Conservatism
With the election of Ronald Reagan to the presidency in 1980, American conservatives now had a leader and spokesman for their political, economic and social agenda. The liberalism of the 1960s would be replaced with changes that conservatives had long sought to implement since the days of FDR. How the conservatives in America were able to gain control of the White House and how our country was impacted by eight years of Republican domination of the government will be the focus of this eight week course of study. In addition, the foreign policy of the Reagan administration will be analyzed, and Reagan’s part in bringing the Cold War to an end will be discussed. Instructor: Kathy Mullin

Wednesday, Sept. 27-Nov. 15
1-3 p.m.
HUMNT-0001-012, $179; Lifelong Learner $139
Roselle Public Library, Roselle

Thursday, Sept. 28-Nov. 16
9-11 a.m.
HUMNT-0001-013, $179; Lifelong Learner $139
Student Resource Center (SRC), Room 1118

Saudi Arabia’s Role in the Middle East: How Past Dictates Present
How does Saudi Arabia’s geography, history and culture play into its foreign policy and role in today’s Middle East? Saudi Arabia faces a growing risk of instability on many fronts. We will look at how the country has evolved and how that shapes its present position in the Middle East and relationship with the United States. Instructor: Pat deRosset

Tuesday, Nov. 14
1-3 p.m.
HUMNT-0001-001, $29; Lifelong Learner $19
On campus in Glen Ellyn

KATHLEEN MULLIN
Kathleen Mullin first became interested in history while in middle school.

“It was always my favorite subject, probably because I liked reading about famous people, learning about places far away and, when possible, visiting historical sites,” she said. “Coupling that interest with my desire to become a teacher, and the end result is a history and social science teacher who has spent over 45 years in the classroom.”

Whether she is teaching high school students or older adults, Mullin wants them to leave her classroom with a better understanding of the world today.

“Our shared history as humans on this earth have led us to the here and now,” she said. “Shared memories bring us closer together and help explain the world to us. With all of my students, it is my desire to bring my love of history to their lives and encourage them to read and grow.”

Lifelong Learning at COD introduces Special Interest Groups (SIGs) for the fall semester. SIGs are a great way for community members to continue lifelong learning beyond the classroom. Meeting regularly and free to join, SIGs provide new and enriching opportunities to form friendships with other members while exploring a specific topic area. A SIG is formed by a collective of people with a special interest in the same subject who want to participate as active learners. Special Interest Groups are independent and self-directed, with members deciding where and when to meet and how the group will function.

SPECIAL INTEREST GROUPS

The Forum: Dialog to Challenge our Thinking
Meets the first Monday of each month from 1 to 3 p.m., beginning Oct. 2. Current political, social and economic issues that influence all of us are changing faster than ever before. This SIG is designed to challenge our thinking through an active investigation into the world’s happenings. A free-flowing dialogue designed to enrich and expand participants’ thinking on topics ranging from Changing Demographics of Retirees to Nuclear Disarmament and Climate change.

The Joys and Challenges of Grandparents and GrandFriendships
Meets from 10 a.m. to noon the first and third Friday of the month beginning Oct. 6. This group is dedicated to intergenerational learning in all forms. From sharing your own experiences as Grandparents and/or Grandfriends with like-minded community members to exploring ways to share your knowledge and talents through mentorship, this group is dedicated to the idea that the affection and experience of related or non-related older adults can be a great gift that shapes the lives of young children. Led by intergenerational expert and author, Helene Block Fields.

Students interested in joining should contact the Lifelong Learning program coordinator, Julie Konczyk at konczykj@cod.edu, for more information.
A Bite of China: Staple Food
“A Bite of China” is a Chinese documentary series on the history of food, eating, and cooking in China. The class will focus on a segment of the documentary highlighting a few popular staple foods in different regions of China. A discussion will follow the video presentation. Instructor: Nancy Chen

Friday, Sept. 22
10 a.m.-noon
HUMNT-0001-203, Free. Registration is required.
On campus in Glen Ellyn

Behind-the-Scenes at the COD Greenhouse
Explore the birthplace of so much of the College’s natural beauty! Get behind the scenes with Greenhouse Supervisor Amy Hull. Learn the ‘who, what, when and where’ of this working greenhouse and see how this dedicated staff prepares for special events throughout the year. You may even get a chance to get your hands in the soil! Meet at the Greenhouse at 10 a.m.

Friday, Nov. 17
10-11:30 a.m.
HUMNT-0001-207, Free. Registration is required.
Technical Education Center (TEC), Greenhouse

NASA’s Dawn Spacecraft
Dawn is a mission in NASA’s Discovery Program. It orbited and explored the giant asteroid Vesta in 2011-2012, and now it is in orbit around and exploring a second new world, dwarf planet Ceres. It has provided our first close-up views (and some surprises) of these two small worlds. Our review of this groundbreaking mission will show their unique place in the solar system.

Saturday, Oct. 14
7:30-9 p.m.
HUMNT-0001-200, Free. Registration is required.
Health Science Center (HSC), Room 1234

Travel in Andalusia Spain
James Fox shares his tips for visiting this iconic region. Discover how best to reach key cities and take advantage of all the sites and activities that await you!

Friday, Dec. 1
10-11:30 a.m.
HUMNT-0001-206, Free. Registration is required.
On campus in Glen Ellyn

Intergenerational Learning and the Value of Grandfriendships
Local author and education advocate Helene Block Fields presents this session on intergenerational learning and the positive impact that older adults can have on young children. Join us as we discuss the important roles that older adults play in the lives of children, both in their families and communities, and the decades of research that support these learning opportunities. Attendees are welcome to share their own stories as we explore this timely topic.

Friday, Sept. 15
1-2:30 p.m.
HUMNT-0001-208, Free. Registration is required.
On campus in Glen Ellyn
LUNCH BREAK LECTURES

Enjoy the topics and the company!

Join us for free lectures on engaging topics presented by Continuing Education subject experts. Lectures are scheduled on Wednesday from noon to 1 p.m. in the Student Resource Center (SRC), Room 1118. Registration is requested. For up-to-date lecture details, go to cod.edu/lifelong

LIVING WELL Series

Special Programming for Community Members Over 50

In partnership with Advocates for Aging Well, Continuing Education is proud to offer a new series of programs designed to meet the growing needs of our Plus 50 community. These workshops and courses cover a variety of topics including estate planning, memory, health and cognition. Additional information is available by calling (630) 942-2208.

**Sept. 6**
The LGBT Experience
HUMNT-0001-507

**Sept. 20**
Noble Titles and Names
HUMNT-0001-501

**Oct. 4**
The Knights Templar
HUMNT-0001-502

**Oct. 18**
Bob Dylan and The Never Ending Tour
HUMNT-0001-503

**Nov. 1**
The Spanish Armada
HUMNT-0001-504

**Nov. 15**
Rod Sterling’s “Twilight Zone”
HUMNT-0001-500

**Nov. 29**
Feudalism and Serfdom in Medieval Europe
HUMNT-0001-505

**Dec. 13**
Making Theater Happen
HUMNT-0001-506

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**Free**

All about the Journey for Plus 50
There are many legal issues we need to be aware of on our life’s journey. Attorney Nancie Dorjath uses engaging presentations to discuss estate plans, trusts and five key documents everyone should have in place.

Wednesday, Sept. 13-27
1-3 p.m.
HUMNT-0001-600, $25
On campus in Glen Ellyn

Explorations of the Brain and Memory for Plus 50
Explore several topics on memory and the brain. From fun, interactive programs designed to help keep you sharp to more in depth discussions on how to identify and work with memory loss, this course is designed to help you navigate and maintain healthy brain function.

Thursday, Oct. 12-26
1-3 p.m.
HUMNT-0001-602, $25
On campus in Glen Ellyn

Healthy at Home for Plus 50
Whether you are downsizing or staying in your forever home, learning the tricks of the trade to stay organized can be an enormous help! Learn how to de-clutter, discuss estate sale secrets and cover home modification musts. This class is designed to make the process easier and less overwhelming for you and your family.

Thursday, Nov. 2
6-8 p.m.
HUMNT-0001-603, Free
Registration is requested.
On campus in Glen Ellyn

Medicare and Medicaid Workshop for Plus 50
What is the difference between Medicare and Medicaid? In this lively and educational session, learn what you need to know about these two important government programs and why. Breakdown the four sections of Medicare to help you determine the proper Medicare plan for you and discuss the pros and cons of Medicare Advantage programs. Join us to demystify the Medicaid program and discuss different ways for you to plan for the future.

Thursday, Oct. 5
6-8 p.m.
HUMNT-0001-601, Free
On campus in Glen Ellyn

Taking Charge of Change for Plus 50
Our roles in life and relationships are ever-changing in this bustling world. At times, we land in new roles that leave us uncertain as how to best proceed. In this three-part series we’ll discuss ways to advocate for your loved one, be supportive to someone who may be dealing with loss or change, and have hard conversations to encourage someone to accept help.

Wednesday, Nov. 1-15
1-3 p.m.
HUMNT-0001-604, $25
On campus in Glen Ellyn

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In partnership with Advocates for Aging Well, Continuing Education is proud to offer a new series of programs designed to meet the growing needs of our Plus 50 community. These workshops and courses cover a variety of topics including estate planning, memory, health and cognition. Additional information is available by calling (630) 942-2208.
Many older adults are choosing to return to the workforce and Continuing Education is proud to offer several programs to help prepare for the next step. These are no-nonsense, streamlined classes designed for career search, work retraining or to meet other goals. From a workshop designed to evaluate an individual’s past and present to the skill-based classes aligned with specific educational and career goals, this series will prove useful to people age 50 and over as they re-evaluate midlife. Additional information is available by calling (630) 942-2208

PLUS 50 SERIES
Special Programming for Community Members over 50

Career Search for Plus 50
To help individuals aged 50 and older transition to new career and training opportunities, College of DuPage offers a specialized career-readiness workshop. Under the guidance of an experienced career coach, update your resume, practice interviewing and negotiating skills, and develop a professional LinkedIn profile. Learn about the resources available to you at College of DuPage and within the broader community. This class is offered at a minimal charge to students age 50 and over only. Registration is required.

Monday, Oct. 2-30
6-8:30 p.m.
HUMNT-0001-150, $35
On campus in Glen Ellyn

Computer Skills Camp Plus 50
In this specially-priced, two-day computer camp, students evaluate their computer skills under the guidance of an experienced and patient instructor. Determine if further study and practice is for you as you build confidence and competence. Set clear goals for where you want your skills to be, and develop a plan for how to get there.

Friday and Saturday, Oct. 20-21
9-11:30 a.m.
HUMNT-0001-152, $50
On campus in Glen Ellyn

Job Search Websites for Plus 50
This class introduces web sites that assist in your job search. Sites explored will include those that are local to the Chicagoland area, as well as general job search sites, such as CareerBuilder, Indeed and LinkedIn. Examine the pros and cons of each one, and discuss how you can use these sites to your career advantage.

Wednesday, Nov. 8 and 15
6-8 p.m.
HUMNT-0001-157, $25
On campus in Glen Ellyn

Job Training Opportunities for Plus 50
National Able presents paid job training opportunities for seniors in our community. Come learn what’s available and how College of DuPage and National Able can work with you to help you achieve your job training and career goals. Registration is required.

Friday, Sept. 22
9-11 a.m.
HUMNT-0001-155, Free. Registration is required.
On campus in Glen Ellyn

Networking for Plus 50
Networking is often seen as the single most powerful job-search tool. Many Plus 50 job seekers are hesitant to create a network, let alone advertise to others that they are out of work or looking for a new position. Attend this workshop for some key ideas on networking, how to get one set up and how to use and nurture your network.

Tuesday, Nov. 14 and 21
6-8 p.m.
HUMNT-0001-151, $25
On campus in Glen Ellyn

Self-Discovery for Plus 50
Evaluate your past accomplishments, current interests, skills and future goals in a friendly and supportive environment. Designed for the adult who is returning to school, entering the workforce, or exploring volunteer opportunities, this course explores some assessment tools, including writing exercises to help you uncover your true interests. Develop an awareness of yourself and your goals for the next step.

Tuesday, Nov. 28-Dec. 12
6-8:30 p.m.
HUMNT-0001-153, $35
On campus in Glen Ellyn

Volunteerism in DuPage County
DuPage County offers a multitude of opportunities for you to give back to the community—and some of these placements even pay a wage. Come learn what’s out there, who needs your help and where to start this rewarding endeavor. Giving DuPage presents this informative session. Space is limited; advanced registration is required.

Friday, Dec. 1
1-3 p.m.
HUMNT-0001-156, Free. Registration is required.
On campus in Glen Ellyn

Please check the Professional Development section of this catalog for more courses relating to careers.
This series of courses helps you prepare for the exciting concerts and theater productions coming to COD’s McAninch Arts Center in Glen Ellyn. Take one or more of the classes featured, and then attend College events with a newfound understanding.

**Breaking News**

The press has always held an important role in our country. From informing the public on world affairs to humorous anecdotes. Discuss the roles that the press has played throughout our country’s history including the modern changes brought on by digital and social media. After the course, be sure to check out *The Man Behind Spotlight: Journalist Michael Rezendes at the MAC* on Oct. 3. Tickets for the event are available separately through the MAC box office. Call (630) 942-4000.

*Tuesday, Sept. 19*
1-3 p.m.
HUMNT-0001-071, $29; Lifelong Learner $19
On campus in Glen Ellyn

**Classical Music Appreciation**

Get an introduction to the music and style of the great classical composers, from Bach, Beethoven and Mozart to Chopin, Liszt and Rachmaninoff. Engage in discussion of their most inspired and popular compositions, while also exploring the genre as a whole. Instructor: Bob Kucaba

*Monday, Oct. 30-Dec. 4*
10 a.m.-noon
HUMNT-0001-072, $159; Lifelong Learner $119
On campus in Glen Ellyn

**Opera Appreciation Basics**

Every baseball fan knows what to do during the seventh inning stretch. Likewise, every opera fan knows how to honor certain longstanding traditions. Discuss these, as well as the range of opera voices and basic opera terms. If you’re new to opera, talk about how to choose an opera to attend by scanning a timeline of some of the greatest operas ever written. Instructor: Gerald Horan

*Wednesday, Oct. 18*
4-6 p.m.
HUMNT-0001-065, $29; Lifelong Learner $19
On campus in Glen Ellyn

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*See our Sage Series on page 31 for more great learning opportunities at the MAC!*
People Educating People (PEP) is a tutoring and mentoring program providing support and guidance to adult students in 18 communities throughout DuPage County. PEP accepts volunteers throughout the year and offers new trainings at the start of each semester.

Help someone achieve the skills and confidence to succeed in English Language Acquisition and High School Equivalency programs. PEP tutors are able to work in one-on-one, small group or classroom settings in the following areas:

» English Language Acquisition (ELA)—English skills for non-native speakers
» Reading literacy
» Math

New! PEP Mentoring Opportunities

Help an adult student transition into sustainable, quality employment while obtaining a High School Equivalency degree. PEP is currently seeking mentors with industry experience in the following areas:

» Manufacturing
» Information Technology (IT)—hardware and networking

For more information:

Kristy Durkin
(630) 942-2992
durkink319@cod.edu

Ruta Jonusaitis
(630) 942-3796
jonusait@cod.edu

cod.edu/PEP

For Americans with Disabilities Act accommodations, call (630) 942-2141 (voice) or (630) 858-9692 (TDD).
College of DuPage Continuing Education is on Facebook and Twitter!

Follow our pages to learn about upcoming events and special CE news!

www.facebook.com/CEatCOD
#CEatCOD
The Center for Entrepreneurship strives to advance the practice of entrepreneurship to stimulate economic growth and development through new company formation and business growth. The Center is committed to the small business community with programming and promotion of entrepreneurial activities through varied programs, customized advising and high quality training.

cod.edu/entrepreneurship
(630) 942-2600

Inspire. Educate. Empower.

THE CENTER FOR ENTREPRENEURSHIP

There are three core programs offered under the Center for Entrepreneurship:

**SMALL BUSINESS DEVELOPMENT CENTER (SBDC)**
Offers counseling, advising and training on small business management, business planning, financial analysis, financing, acquisitions, franchises and marketing.

**INTERNATIONAL TRADE CENTER (ITC)**
Offers counseling, advising and training to companies interested in exporting their products or services and help the business to be “export ready.”

**PROCUREMENT TECHNICAL ASSISTANCE CENTER (PTAC)**
Offers counseling, advising and training on governmental contracting, governmental registration, customized bid matching, proposal preparation, contract analysis and certification assistance.
Business Solutions at College of DuPage is designed to improve the performance of your organization through focused, customized and cost-effective training to meet your unique business needs. Training can take place at your location or at any College of DuPage location, including the state-of-the-art Glen Ellyn campus.

To learn more about employee training opportunities, email bsolutions@cod.edu or call (630) 942-2770.

Courses may include:
» Computer/IT Training
» Leadership/Management Development
» Process Improvement
» Professional/Staff Development
» Specialized/Industrial Skills
a variety of teaching methods and externship skills in the lab, and provides the opportunity to practice your skills in the state-of-the-art dental hygiene clinic. Gain real-world experience through a 120-hour externship, while engaging with peers and instructors through an online platform. Student prerequisite is a high school diploma or equivalency. Students must purchase course textbooks and course supplies. A list will be provided at information session.

Externship hours are scheduled to best fit student needs within site availability. Students need to be available between Oct. 22 and Dec. 8 to complete the externship.

Tuesday and Thursday, Sept. 19–Nov. 16 6:30-8:30 p.m. PROED-0039-001, $769
Tuesday on campus in Glen Ellyn
Thursday at local health club

New Hybrid course format option available. Visit cod.edu/personaltraining to learn more.

Dental Assistant Information Session
Students are required to attend an information session before registering for the Dental Assistant program. Get acquainted with course logistics and expectations and gain an overview of the curriculum. The information session is free and registration is preferred.

Thursday, Aug. 24 6-8 p.m.
Student Resource Center, Room 1127
Register at cod.edu/dentalassist

*College of DuPage's Dental Assistant program is eligible for WIOA funding. Explore full details at worknet.dupage.org.
Pharmacy Technician Program
Pharmacy technicians are in high demand. This 80-hour program is designed to provide students with the knowledge and skills necessary to work in a community or hospital pharmacy setting. Students will be prepared to assist the pharmacist in all daily pharmacy tasks and gain the communication skills necessary for interactions with patients and other healthcare professionals. The course includes classroom instruction for retail and institutional pharmacy practices and national board examination preparation. Student prerequisite is a high school diploma or equivalency. Students must purchase course textbooks, and acquire an Illinois Technician License. Instructions will be provided on the first night of class. Students will schedule and pay for the board certification exam separately.

As part of the course fee, students have the opportunity of an optional externship component at a retail location of Walgreens Pharmacy. Students complete the 120-hour externship at the conclusion of the course.

Saturday, Sept. 9-Dec. 9
8 a.m.-2 p.m. (no class Nov. 25)
Student Resource Center (SRC), Room 1127
BPHRM-0100-001, $1,499*

Tuesday and Thursday, Sept. 12-Dec. 14
5:30-8:30 p.m. (no class Oct. 31 or Nov. 23)
Student Resource Center (SRC), Room 1127
BPHRM-0100-002, $1,499*

Tuesday and Thursday, Sept. 5-Dec. 7
6-9 p.m. (no class Oct. 31 or Nov. 23)
Naperville Center (NC), Room 21
BPHRM-0100-003, $1,499*

*College of DuPage’s Pharmacy Technician Program is eligible for WIOA funding. Explore full details at worknetdupage.org.

Pharmacy Technician Information Session
Students are required to attend this introduction before registering for the Pharmacy Technician course. Topics covered include course logistics, expectations and an overview of curriculum, including examples of mathematics used in the field. The information session is free and registration is preferred.
Thursday, Aug. 29
6-8 p.m.
Student Resource Center, Room 1127
Register at cod.edu/pharmacytech

Veterinary Assistant Program
Veterinary assistants are an important part of the veterinary team, working with veterinarians and veterinarian technicians to provide medical care to animals. Students interested in this field can learn knowledge and skills through this course of 150 hours of hybrid learning, including classroom and online instruction. Students engage in the college-level instruction with knowledgeable and experienced instructors and learn hands-on skills through lab stations. Students gain real-world experiences through a 70-hour externship, and engage with peers and instructors through an online platform. Student prerequisite is a high school diploma or equivalency and some basic knowledge of algebra is suggested. Students must purchase course textbooks.
Externship hours are scheduled to best fit student needs within site availability. Students need to be available between Oct. 23 and Dec. 1 to complete the externship.

Tuesday and Thursday, Sept. 5-Dec. 14, 6-9 p.m. and Saturday, Oct. 14, 9 a.m.–2 p.m.
BVETA-0100-001, $1,999*
On campus in Glen Ellyn

*College of DuPage’s Veterinary Assistant Program is eligible for WIOA funding. Explore full details at worknetdupage.org.

Veterinary Assistant Information Session
Students are required to attend this introduction before registering for the Veterinary Assistant course. Topics covered include course logistics, expectations and an overview of curriculum, including examples of mathematics used in the field. The information session is free and registration is preferred.

Tuesday, Aug. 22
6-9 p.m.
Student Resource Center, Room 1127
Register at cod.edu/vetassist

“Teaching is the way that I pay it forward for all the great instructions from the wonderful instructors who taught me.”

COURTNEY PATTERSON
As a child, Courtney Patterson helped her mother and grandmother take care of her great-grandmother, who had ovarian cancer.

“Going to all the doctor’s appointments and seeing the medications infused really piqued my interest,” she said. “As I grew older, the field of pharmacy became interesting to me. With this profession, I can always help people get better or feel their best.”

Patterson works for Advocate Health Care as the Director of Pharmacy for Advocate Medical Group – West Region and Advocate Physician Partners. She also teaches in Continuing Education’s Pharmacy Technician program at COD.
REAL ESTATE

Earn Your Real Estate Broker License
If you have been thinking of getting a broker license, now is the time to take courses in our Continuing Education Program at College of DuPage and prepare for the Illinois Real Estate Broker License Examination.

- Courses available as non-credit or for credit
- Convenient short-term schedule
- Low tuition

Real Estate 1130
Gain an introduction to real estate topics including license law, real property, agency, seller and buyer relationships, state and federal laws, marketing and advertising, market analysis and appraisal, financing, contracts, employment agreements and career paths. This is a required course to take the Illinois Real Estate Broker License Examination. 5 lecture hours

Monday and Wednesday, Aug. 21-Nov. 20
10 a.m.-12:50 p.m.
Non-credit: PROED-1130-001, $675
Credit: REALE-1130-001, $675

Tuesday and Thursday, Aug. 22-Nov. 21
6:30 p.m.-9:20 p.m.
Non-credit: PROED-1130-002, $675
Credit: REALE-1130-002, $675

Real Estate 1131
Apply real estate broker pre-license topics to the practice of real estate brokerage. Participate in situational and case studies, role playing and demonstrations of real estate activities. This is a required course to take the Illinois Real Estate Broker License Examination. Prerequisite: Real Estate 1130 with a grade of “C” or better

Monday and Wednesday, Nov. 27-Dec. 13
10 a.m.-12:50 p.m.
Non-credit: PROED-1131-001, $135
Credit: REALE-1131-001, $135

HOME INSPECTOR

Property Maintenance and Housing Inspector Certification
In this 10-week course students will identify and discuss the minimum requirements for plumbing, mechanical and basic fire safety systems; analyze and apply enhanced property maintenance skills, and prepare students to sit for the International Property Maintenance and Housing Inspector certification exam.

Monday, Aug. 21 – Oct. 30
6-9 p.m.
PROED-0004-001, $850
Held at CLEC Enterprises, Inc., 5105 Tollview Drive, Suite 270, Rolling Meadows, IL

Residential Code—Plumbing Inspector Certification
This 10-week course will introduce students to the basic code requirements for the proper installation of plumbing systems in one- and two-family dwellings. The instructor will identify and discuss code requirements for the general administration, requirements for the identification of pipe, pipe fittings, traps, fixtures, materials and devices used in plumbing systems, requirements for the installation of fixtures, water heaters, water supply and distribution preparing students to sit for the International Residential Plumbing Inspector certification exam.

Wednesday, Sept. 6-Nov. 8
6-9 p.m.
PROED 0004 002, $850
Class will be held at CLEC Enterprises, Inc., 5105 Tollview Drive, Suite 270, Rolling Meadows, IL.

TRANSPORTATION

Beginning Forklift Training
OSHA Compliance Operator Safety Training This program is geared toward the new forklift operator with little or no experience. It provides classroom training, hands-on practical training and a full operator’s evaluation to meet OSHA compliance.

Tuesday, Oct. 3
8 a.m.-3:30 p.m.
PROED-0018-908, $225
Held at Equipment Depot
751 Expressway Drive, Itasca, IL.

Tuesday, Nov. 7
8 a.m.-3:30 p.m.
PROED-0018-909, $225
Held at Equipment Depot
751 Expressway Drive, Itasca, IL.
The program prepares students with one-on-one assistance to complete the permitting process. It offers classroom instruction and pre-trip experience, with substantial behind-the-wheel skills training and on-the-road driving.

- Over 400 graduates
- 100% job placement
- New funding options available (see page 52)

INFORMATION SESSIONS
Aug. 19, 10 a.m., on campus in Glen Ellyn
Sept. 30, 10 a.m., Addison Center
Nov. 4, 10 a.m., Addison Center

160- AND 240-HOUR COURSE
These programs meet all the Illinois Secretary of State’s requirements and all examiners’ testing is done on-site. Job placement assistance is available upon successful completion.

Upcoming classes are tentatively scheduled to begin Sept. 5, Oct. 2 and Nov. 6. Daytime, evening and weekend options are available. Monday to Friday, 8 a.m. to 4:30 p.m.
Addison Center, Door 6
Please call (630) 942-2275 to register.

GET READY TO ROLL TODAY
You must be 18, hold a current Illinois driver’s license, be fluent in English, meet medical requirements of the Federal Motor Carrier Safety Association Regulations and meet employment standards of the trucking industry.

Contact us for details on how to get on the road to a trucking career, including meeting with a program coordinator and attending a CDL information session. Classes and exams are held at the College of DuPage Addison Center.

COLLEGE OF DUPAGE
TRUCK DRIVING SCHOOL
Addison Center
301 S. Swift Road, #6
Addison, IL
(630) 942-2275
cdl@cod.edu
cod.edu/cdl
You love craft beer—now learn the skills needed for a career in this growing industry.

BUSINESS OF CRAFT BEER PROGRAM
The craft beer industry is booming with a thriving community in the Chicagoland area. Breweries in Chicago and the suburbs continue to expand and gain a stronger foothold in the craft beer scene. College of DuPage Continuing Education offers the Business of Craft Beer program. Focusing on the business of the industry, this program features hands-on courses conducted at local breweries and at College of DuPage.

Courses in the Business of Craft Beer program are pass/fail with homework assigned. Sampling is included with the courses; students must be 21 years of age to attend. Classes may visit area businesses; students are responsible for their own transportation. Those with extensive experience in the industry may contact the program manager to discuss specialized program sequence options.

Visit cod.edu/craftbeer or call us at (630) 942-2412 to learn more.

REGISTER NOW!
College of DuPage
Continuing Education
425 Fawell Blvd., Glen Ellyn, IL
Student Resource Center (SRC)
Room 1110
(630) 942-2208
ce@cod.edu

Advisory Board
Key figures from the Chicago area serve on the advisory board to identify course content, develop curriculum and instruct courses. Learn more today! Contact Danielle Kuglin Seago, program manager, at (630) 942-2412.
CRAFT BEER AMBASSADOR PROGRAM

Craft Beer Ambassador students can choose to take all courses within one term or take specific courses at their own pace. A total of six courses must be completed to complete the Craft Beer Industry Professional program track:
• Foundations of Beer
• Introduction to the Craft Beer Industry
• Promoting Beer
• Front of House Beer Management
• Capstone Course
• One elective

Two tracks are available for participants to select: Craft Beer Industry Professional and Craft Beer Entrepreneurship. Those interested in Craft Beer Industry Professional can participate in the track of courses in either the Fall 2017 or Spring 2018 terms. The Craft Beer Entrepreneurship track will be offered in the spring of 2018.

CRAFT BEER INDUSTRY PROFESSIONAL PROGRAM TRACK
16 weeks
Tuesday and Thursday, Aug. 29 to Dec. 14
6 to 9 p.m. (no class Nov. 23)
PROED-0011-589, $1,399

Program Schedule
Weeks 1 to 5: Introduction to the Craft Beer Industry
Weeks 6 to 10: Promoting Beer as a Brand Ambassador and Front of House Beer Management
Weeks 11 to 16: Elective Course and Capstone

Please note: This track does not include Foundations of Beer

FALL 2017 COURSES

FOUNDATIONS OF BEER
Designed primarily for the weekend beer hobbyist and the budding enthusiast, Beer 101 covers an overview of brewing, beer history and tradition, beer styles, vocabulary and an introduction to food and beer pairing ideas. This course serves as a precursor to the Foundations of the Craft Beer Industry course; those with extensive experience may contact the program manager to discuss specialized sequence options. Formerly called Beer 101.

Saturday and Sunday, Aug. 5 and 6
1-5:30 p.m.
PROED-0011-582, $159
On campus in Glen Ellyn

Tuesday and Thursday, Aug. 10-17
6-9 p.m.
PROED-0011-580, $159
On campus in Glen Ellyn

Wednesday, Aug. 30-Sept. 13
PROED-0011-583, $159
On campus in Glen Ellyn

INTRODUCTION TO THE CRAFT BEER INDUSTRY
Cover all of the basics of beer, from brewing history and beer ingredients to how beer is brewed. Also explore beer styles, off-flavor tastings, beer evaluation, terminology and equipment. Learn about the professions within the craft beer industry and skills needed to be successful in different areas. Students who complete the Foundations course will be eligible to take the Certified Beer Server® exam at a discounted rate of $29. This course is not affiliated with or endorsed by the Cicerone Certification Program.

Tuesday and Thursday, Aug. 29-Sept. 21, 6-9 p.m.
PROED-0011-560, $150
On campus in Glen Ellyn

FRONT OF HOUSE BEER MANAGEMENT
Cover front-of-house management topics related to craft beer. Instruction includes logistics of technical brewing knowledge and quality, hospitality industry and draught maintenance.

Tuesday, Sept. 26-Oct. 31, 6-9 p.m.
PROED-0011-553, $179
On campus in Glen Ellyn

PROMOTING BEER AS A BRAND AMBASSADOR
Gain a working knowledge of social media and promotions. Develop skills you can use in the taproom, at events and online. Discuss branding, messaging, audience, social media platforms, basic strategy, and image and video creation.

Thursday, Sept. 28-Nov. 2, 6-9 p.m.
PROED-0011-552, $279
On campus in Glen Ellyn

BEER SALES AND DISTRIBUTION (ELECTIVE)
Learn all aspects of selling beer from those experienced in the industry. Gain knowledge about how to increase beverage sales while giving the customer a great experience, and discover how this leads to greater revenue for the business. Discuss distributor management, inventory management and volume metrics. Learn how the three-tier system works in the real world and how you can be successful within it.

Tuesday, Nov. 7-Dec. 12, 6-9 p.m.
PROED-0011-555, $279
On campus in Glen Ellyn

BUSINESS OF CRAFT BEER CAPSTONE
Complete your training with this final capstone course, which will synthesize previous coursework into a final product. Gain hands-on experience in the industry, showcase your knowledge and display your abilities. Network with industry professionals and prepare for potential employment opportunities. Please note: Prior to enrollment in this course, you must complete four of the required courses or have permission from the program manager.

Thursday, Nov. 9-Dec. 14, 6-9 p.m.
PROED-0011-560, $279 (no class Nov. 23)
On campus in Glen Ellyn

MATTHEW SMITH

Matthew Smith became interested in craft beer while in college.

“The program allowed me to grasp a wide variety of beer knowledge that I wouldn’t have been able to get elsewhere. I passed my Certified Cicerone® test because of COD. The networking within the program has really helped me on a professional level. It allowed me to seek advice from a wide variety of industry professionals that I wouldn’t have otherwise had access to. On a personal level, I’ve gained a lot of great friends through taking classes in the program.”

Smith currently is working part-time as a brewer/sales representative at Nevin’s Draft Company in Plainfield and is a beer ambassador at the new Red Arrow Taproom in Elmhurst. His long-term goal is to open his own brewery.
MASSAGE THERAPY
Hands-on training that prepares you for real-world career opportunities

This comprehensive 750-hour, one-year program includes both lecture and hands-on training in the theory and practice of various modalities of massage; human anatomy, physiology, pathology and kinesiology (the study of muscles and movement). The program also includes business principles, communication, ethics and clinical studies. Students receive comprehensive exam preparation and clinical experience.

CONTACT US:
College of DuPage
Continuing Education
On campus in Glen Ellyn
Student Resource Center (SRC), Room 1110
(630) 942-2208 • ce@cod.edu

INFORMATION SESSIONS
Massage Therapy information sessions will be held on campus in Glen Ellyn in the Student Resource Center (SRC), Room 1110.

July 12, 6 p.m.
Aug. 1, 10 a.m.
Aug. 16, 6 p.m.

REGISTER NOW!
All classes and labs will be in the renovated facilities of our professional and student clinic.

Upon successful completion of the College of DuPage Massage Therapy program, you will be prepared to take the MBLEx exam for Illinois state licensure. Check cod.edu/massagetherapy for up-to-date program information and information sessions.

CEUs FOR PROFESSIONAL MASSAGE THERAPISTS
Please see page 51 for full details.

MASSAGE CLINIC
Unwind in our professional and student massage therapy clinics.
Schedule your appointment today!

cod.edu/massageclinic

See page 51 for more details!
MASSAGE THERAPY FALL 2017

All classes and labs will be in our dedicated facilities. Prerequisites include attendance at an orientation class and certain health requirements.

SESSION ONE
16 WEEKS
» Wellness Terminology
» Introduction to Massage Therapy
» Sports and Seated Massage
» Massage Therapy Techniques I
» Anatomy and Physiology for Massage Therapy

SESSION TWO
16 WEEKS
» Muscles and Movement
» Pathophysiology for Massage Therapy
» Professional Development—Outreach
» Massage Therapy for Prenatal and Special Populations
» Clinic Basics
» Massage Therapy Techniques II

SESSION THREE
16 WEEKS
» Business of Massage
» Professional Development—Clinic
» Ethics for Massage Therapy
» Licensure Exam Preparation
» Massage Therapy Techniques 3

COURSE SCHEDULE
Discover if massage therapy is your next career! We offer morning and evening classes to meet your scheduling needs. Take the first step toward certification and enroll today.

Introduction to Massage Therapy
Explore the history and development of massage therapy, with overviews of both Eastern and contemporary modalities.

Monday, Sept. 11-Dec. 11
Noon-2:15 p.m.
BMAST-0103-001
On campus in Glen Ellyn

Tuesday and Thursday,
Sept. 5-Dec. 14
8:30-9:45 p.m.
BMAST-0103-002
On campus in Glen Ellyn

Wellness Terminology
Gain an introduction to healthcare terms and abbreviations and develop a wellness model for career longevity. This course is a prerequisite of Anatomy and Physiology for Massage Therapy

Tuesday and Thursday
Sept. 5-Dec. 14
9-11:15 a.m.
BMAST-0101-001
On campus in Glen Ellyn

Wednesday and Thursday
Sept. 5-Dec. 14
6-8:15 p.m.
BMAST-0101-002
On campus in Glen Ellyn

Massage Therapy Techniques I
This course covers body mechanics, sanitation and infection control, and draping techniques. You will also learn about the purpose, effects and application of massage strokes, and the development of a basic Swedish/wellness massage sequence. Other topics include endangerment sites, contraindications, cautions and therapeutic communication skills. This course is a prerequisite of Massage Therapy Techniques II.

Monday and Wednesday
Sept. 6-Dec. 13
8:30-11:45 a.m.
BMAST-0105-001
On campus in Glen Ellyn

Monday and Wednesday
Sept. 6-Dec. 13
6-9:15 p.m.
BMAST-0105-002
On campus in Glen Ellyn

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 47
BUSINESS

Business Analysis

cod.edu/business_analysis

Business Analysis Fundamentals
In recent years, the role of business analyst—a strategic problem-solver with both business process and technology knowledge—is one of the fastest-growing position within the IT industry today. In an era where business processes are being outsourced and technology platforms are rapidly changing, the business analyst continues to be key in most companies today. Discover more about this dynamic role and learn how to prepare for a future career in this discipline.

Saturday, Sept. 16 and 23
8 a.m. - 4 p.m.
PROED-0006-300, $550
On campus in Glen Ellyn

Business Analysis—Advanced
Business analysts must have the ability to analyze the structures, policies and operations of an organization and then provide solutions to help the organization achieve its objectives. To do this, business analysts need to understand the various methods and techniques to implement business change and deliver technology solutions. Learn how to make the business case, draft the executive summary and feasibility study, and develop a cost/benefit, as well as business risk analysis.

Saturday, Oct. 7 and 14
8 a.m. - 4 p.m.
PROED-0006-305, $550
On campus in Glen Ellyn

Online

Business Exam Preparation
Prepare for industry recognized certification with uCertify courses through Business Solutions. This interactive, easy-to-use online exam preparation allow you to assess your readiness for specific certification exams and review subject areas to increase your potential for success. uCertify courses provide the opportunity to study at your own pace, with a wide range of supplemental resources. Each program may have its own educational and experience requirements.

For information and to register, go to cod.edu/conted/online

Certification of Competency in Business Analysis™ (CCBA®)
Course including test prep, $139.99

Certified Business Analysis Professional™ (CBAP®)
Course including test prep, $139.99

PMI-RMP® Risk Management Professional V5
Course including test prep, $139.99

PHR—Professional in Human Resources
Course including test prep, $139.99

SPHR—Senior Professional in Human Resources
Course including test prep, $139.99

CISA—Certified Information System Auditor
Course including test prep, $139.99

CISSP—Certified Information Systems Security Pro
Course, test prep and labs, $239.99

Lean Process Management

cod.edu/lean

Six Sigma Certified Green Belt
Designed for any level professional in any industry that wants to improve processes at their workplace, this workshop is a unique and intensive learning experience in problem-solving with a 99% completion rate. Instruction covers the integrated DMAIC-Lean method for process improvement, based on a company case with individualized problem solving tasks, and includes MS Excel-based numerical and statistical analyses of performance, as well as financial analysis of business results. Upon successful completion of the program, participants may earn the Lean Six Sigma Green Belt certificate granted by the Six Sigma Masters. Fee includes all materials, project review and certification exam. This workshop is presented in partnership with fkiQuality and Six Sigma Masters.

Monday and Wednesday Oct. 2 – Nov. 1
6-9:30 p.m.
PROED-0006-850, $1500
On campus in Glen Ellyn
Exam is Saturday, Nov. 4 at 8:30 a.m. Additional testing dates are available.
Project Management

cod.edu/project_management

Don’t put off your Project Management (PMP®) or Certified Associate in Project Management (CAPM®) certification any longer. Now is the perfect time to prepare for your certification exam at College of DuPage. Our exam preparation series arms you with the knowledge and confidence required to get your project management certification. If you already have your certification, join us to earn your required PDUs.

Please note: 35 project management education hours are required for the PMP exam. These hours are met by registering for the three-course sequence below.

Instructor: A. Kaufman

Essentials of Project Management
Project managers continue to be in demand in the workforce. This two-day, hands-on course, led by a certified Project Management Professional (PMP®), gives you the opportunity to work toward PMP® or CAPM® certification while learning to deliver projects on time, reliably and within your budget. If you are already certified, this course is a great way to earn 14 PDUs. Whether you are already on a project management career track or would like to move that direction, this course is an ideal way to develop your ability to deliver. 14 project management hours.

Friday, Sept. 22 and 29
8 a.m.-4 p.m.
PROED-0011-916, $550
Student Resource Center (SRC), Room 1127

Advanced Project Management
Receive in-depth instruction on advanced topics such as earned value, procurement management, stakeholder relationship management, quality management and team leadership. This course helps project managers improve their project outcomes and successfully deliver complex projects. 14 project management hours

Friday, Oct. 13 and 20
8 a.m.-4 p.m.
PROED-0011-917, $550
Student Resource Center (SRC), Room 1127

Project Management Certification Prep
Take the next step in your career and work toward certification as a Project Management Professional. This one-day course reviews the principles of project management and prepares you for the PMP exam. Test prep materials are included: PMP Project Management Professional Exam Study Guide, A Guide to the Project Management Body of Knowledge (PMBOK Guide) and Rita Mulcahy’s PMP Exam Prep. 7 PDUs

Friday, Nov. 3
8 a.m.-4 p.m.
PROED-0011-918, $475
Student Resource Center (SRC), Room 1127

Project Management Sponsor
Influencing project success is a practical, fast paced, highly interactive way to consistently deliver successful projects. You will learn key roles and responsibilities of a project sponsor and identify key PM tools and techniques. This workshop is not only for project sponsors, but also line managers and key stakeholders interested in project management. 7 project management hours

Friday, Sept. 8
8 a.m.-noon
PROED-0011-915, $175
Student Resource Center (SRC), Room 1127

Scrum
cod.edu/scrum

Certified SCRUM Master® (CSM)
Scrum is a methodology that allows a team to self-organize and make changes quickly, in accordance with agile principles. The scrum master manages the process for how information is exchanged.

A Certified ScrumMaster® (CSM) helps project teams properly use Scrum, increasing the likelihood of the project’s overall success. CSMS understand Scrum values, practices and applications and provide a level of knowledge and expertise above and beyond that of typical project managers. CSMs act as “servant leaders,” helping the rest of the Scrum team work together and learn the Scrum framework. CSMs also protect the team from both internal and external distractions.

Saturday and Sunday, Nov. 4 and 5
8 a.m.-4 p.m.
PROED-0015-700, $1000
On campus in Glen Ellyn

CUSTOMER EXPERIENCE
cod.edu/customer_experience

Certified Customer Service Professional: CCSP
Gain the skills required to secure that next promotion or customer service position you are seeking. Organizations look for individuals with the relationship skills required to represent their organization and keep their customers happy! Understand the impact you can make to an organization—and a customer—by learning the skills required for professional and effective communication, skilful handling of various situations, and confidence in your ability. Knowledge is power—these skills assist you within the workplace, as well as within everyday life. Ensure you have what it takes to progress your career to the next level. Instructor: Christine Churchill

Wednesday and Thursday, Oct. 4 and 5
6-9 p.m.
PROED-0008-501, $195
On campus in Glen Ellyn

Board Member Essentials
This class prepares you to be an educated and impactful board member. Know your legal responsibilities, understand the importance of an effective board, and learn what distinguishes an outstanding board from an average board. At the end of this interactive class, know what questions to ask before you join a board, and gain a deeper understanding of how your service as a board member impacts your community.

Tuesday, Oct. 17
6 p.m.
PROED-0014-003, $95
On campus in Glen Ellyn

Effectively Communicating Your Mission and Impact
Communications and marketing are necessary for raising awareness about your nonprofit organization and its mission. Effective communication promotes your mission and connects you with your constituents, funders and other stakeholders. An effective communication plan has measurable outcomes and is sustainable. In this session, you will create a communication plan for your organization by identifying key stakeholders and their communication needs, creating key messages, choosing the most impactful communication channels/vehicles and determining measurable outcomes and return on investment (ROI).

Friday, Oct. 20
8-11:30 a.m.
PROED-0014-001, $125
On campus in Glen Ellyn

NONPROFIT
cod.edu/nonprofit

Fundraising Essentials
This class includes a discussion of a basic fundraising concept: The Three Cs of Fundraising. Students are introduced to Raiser’s Edge and other donor database management systems, as well as the Moves Management process. Learn how to use The Foundation Directory and discuss board identification, solicitation and training.

Tuesday, Oct. 24
6-9 p.m.
PROED-0014-002, $95
On campus in Glen Ellyn

Go to next page
Excel for Business Intelligence—Advanced
Learn the most effective ways to put Excel to work as a reporting and analytics tool. Tap into the true business potential of Excel by gaining a sound understanding and moving to advanced knowledge of the product and its business intelligence capabilities. It is easier than ever to gather data and use it to create powerful reports, scorecard and dashboards. Use advanced graphs and presentation techniques to maximize impact, employ macros and PivotTables to take your spreadsheets to a new level, and use superfunctions to solve complex problems. Gain the skills you need to turn your raw data into clear information that supports key decisions.

Friday, Nov. 17
8-11:30 a.m.
PRD0005-901, $95
Naperville Center Room

HEALTHCARE

Anesthesia Technologist Bridge Program
One of the first in the nation to address the changing credentialing for anesthesia technicians, College of DuPage offers this online bridge program. This professional development program trains students to assist licensed anesthesiologists and certified registered nurse anesthetists in providing safe and quality care to surgical patients. Classes are delivered entirely online. Students earn the 40 CEUs needed to sit for the CAAHEP National Certification Examination to become certified as an anesthesia technologist. To qualify, students must be a certified anesthesia technician from ASATT.
Sept. 5-Dec. 22
Online
BH8TH-0300-001, $525

Coronal Polishing and Fissure Sealant for Dental Assistants
If you have more than 1,000 hours of clinical assisting experience, you qualify to register for the Coronal Polishing and Fissure Sealant program. Following the guidelines of the Illinois Dental Practice Act, this course is designed to provide participating dental assistants with the proper background knowledge and clinical experience in coronal polishing to enable them to perform this procedure in a dental practice setting. Instruction includes didactic study of anatomy, physiology, pharmacology and dental emergencies. Additional focus is placed on knowledge and skills required to successfully apply sealants in a clinical setting. Other topics covered include tooth anatomy and physiology, tooth morphology, sealant contraindications and the sequence of bonding and sealant placement. A written exam is required for completion. Participants must agree to act as a patient for coronal polishing. Each participant must follow OSHA guidelines for infection control and use of personal protective equipment (mask, gloves, eyewear and clinic gown or lab coat). Instructor: Gerry Halligan
Sunday, Oct. 22
7:30 a.m.-6:30 p.m.
BDENT-0200-001, $495
Health and Science Center (HSC), Room 1122

Local Anesthesia Clinical Course for Dental Hygienists
This four-day course satisfies the State of Illinois requirements allowing dental hygienists to administer local anesthesia under the general supervision of a licensed dentist. Learn the skills and knowledge for safe and effective administration of local anesthesia in dental hygiene practice. Students must agree to receive, as well as administer, injections. Hygienists who are in the first trimester of pregnancy or at medical risk for any other reasons should seek the consent of their primary physician before registering. Any handouts and learning techniques are presented based on published materials. The guidelines for this course follow the Illinois Dental Practice Act. Instructor: Gerry Halligan
Saturday and Sunday, Oct. 28, 29, Nov. 4, 5
8 a.m.-5 p.m.
BDENT-0300-001, $999
Health and Science Center (HSC), Room 1122

PATRICIA O’SHAUGHNESSY
Patricia O’Shaughnessy was born to do massage.
“As a small child, I would massage my father’s shoulders when he came home from a hard day at work, and I was the only person that my mother would allow to touch her feet,” she said.

“The energy and effort of my students keep me at the top my game, so I always try to provide the best experience for them. It is so affirming to see them grow and become enthusiastic practitioners.”

After exploring several career paths, she rediscovered massage therapy and operated her own practice for many years. Eventually, an opportunity to teach part-time at a private massage school crossed her path, and that lead to full-time teaching, clinic supervision and becoming a lead instructor. She now manages the Massage Therapy program at College of DuPage.

“As a massage therapist, I became very excited about the results that were achieved by receiving massage on a regular basis and the role I had in facilitating wellness in my clients,” she said. “I was passionate about massage and I wanted to share my knowledge and enthusiasm.”

“Patricia O’Shaughnessy was born to do massage. As a small child, I would massage my father’s shoulders when he came home from a hard day at work, and I was the only person that my mother would allow to touch her feet,” she said.

“The energy and effort of my students keep me at the top my game, so I always try to provide the best experience for them. It is so affirming to see them grow and become enthusiastic practitioners.”

Patricia O’Shaughnessy was born to do massage. “As a small child, I would massage my father’s shoulders when he came home from a hard day at work, and I was the only person that my mother would allow to touch her feet,” she said.

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“The energy and effort of my students keep me at the top my game, so I always try to provide the best experience for them. It is so affirming to see them grow and become enthusiastic practitioners.”
RN 16-Week Refresher
Designed for Illinois Registered Nurses (RNs) who have not actively practiced nursing in recent years, have an active Illinois RN license and wish to return to clinical practice, this course includes didactic, lab and clinical components. A current BLS CPR certification is required and all current clinical health requirements (including physical, titer, background check and drug screen) must be met prior to the first day of the clinical.
For more information and for spring dates, call (630) 942-2208 or email healthcare@cod.edu.

Train the Trainer—Certified Nurse Aide Instructor Course for RNs
Successful completion of this IDPH-approved course qualifies registered nurses (RNs) licensed in Illinois to develop and teach a Basic Nursing Assistant Training Program (BNATP). Eligibility requirements include a current Illinois RN license, a minimum of two years nursing experience and at least one year of experience caring for the elderly or chronically ill of any age. Participants are required to present a training simulation module. This course includes the Alzheimer’s component and IDPH Approved Evaluator Workshop. Instructor: G. Kas
For permission to register, please send a current copy of your resume, including your nursing experience, to healthcare@cod.edu.

Summer 2017:
Monday to Friday, Aug. 14-18
8 a.m.- 4 p.m., $599
DuPage Convalescent Center
BNURS-0030-001

Spring 2018:
Monday to Friday, Jan. 15-19
8 a.m.- 4 p.m., $599
DuPage Convalescent Center
BNURS-0030-001

Monday to Friday, March 19-23
8 a.m.- 4 p.m., $599
DuPage Convalescent Center
BNURS-0030-002

These courses have been approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) to provide continuing education hours for licensed massage therapists. Classes are held on campus in Glen Ellyn in the Student Resource Center (SRC), Room 1131. Go to cod.edu/massagetherapy.

Table Thai—Prone
Explore this ancient massage modality that continues to gain popularity. The focus is on techniques that can be performed on a massage table, making it easy to perform without dedicated mat space or extra equipment. Thai I covers techniques for clients in the prone position. 15 CE hours
Sunday, Nov. 5-19
1-6:30 p.m.
BMAST-0504-001, $300

Table Thai—Supine
A continuation of Thai Massage I, focusing on techniques performed in the supine position. 15 CE hours
Sunday, Sept. 10-24
1-6:30 p.m.
BMAST-0502-001, $300

Change up Chair Massage
Take your chair massage to a new level! Learn a variety of techniques from a combination of modalities adapted to be chair friendly. 6 CE hours
Sunday, Oct. 8
11 a.m.-4:30 p.m.
BMAST-0504-001, $130

Reflexology: Easy Feet
Spend a day on your feet! Examine the basics of reflexology, learn the history and techniques, study the hand and foot charts, and learn the precautions to safely construct reflexology protocols for common ailments. 7 CE hours
Sunday, Oct. 22
10 a.m.-5:30 p.m.
BMAST-0503-001, $150

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 51
FINANCIAL ASSISTANCE FOR CAREER TRAINING

Alternative loans are available for several Continuing Education non-credit professional development programs. These non-federal loans are made by a lender, such as a bank. To find out more, visit elmselect.com and enter “College of DuPage” to learn what options are available.

Eligible programs include:
- Truck Driving (CDL)
- Massage Therapy
- Dental Assistant
- Pharmacy Technician
- Veterinary Assistant
- Lean Six Sigma Green Belt
- Project Management Certification
- RN Refresher

cod.edu/ce_options

CHANGING LIVES

Students count on the College of DuPage Foundation to help them achieve their life goals—whether taking that next step after high school or forging a new career. Generous donors make it possible. Make a gift today.

“This scholarship has enabled me to begin my nursing studies. As a mother of four, I am proud to set an example for my children on the importance of a college education.”
—Barbara Garay, COD Foundation scholarship recipient

To make a gift or learn more, visit foundation.cod.edu or call (630) 942-2462.

College of DuPage Foundation
ADULT
Test Preparation

GMAT Test Preparation—Online
Go online to prepare for the GMAT exam. Using Cambridge test preparation materials, develop a personalized study plan by assessing your scores and diagnosing problem areas. Students have five months from first log-in to complete the course.
PROED-0025-003, $475

GRE Test Preparation—Online
Go online to prepare for the new GRE exam format. Using Cambridge test preparation materials, develop a personalized study plan by assessing your scores and diagnosing problem areas. Students have five months from first log-in to complete the course.
PROED-0025-007, $475

LSAT Test Preparation—Online
Go online to prepare for the LSAT exam. Using Cambridge test preparation materials, develop a personalized study plan by assessing your scores and diagnosing problem areas. Students have five months from first log-in to complete the course.
PROED-0025-008, $475

ADJUNCT FACULTY TRAINING
Whether you are a new instructor, or considering entering the field, this program provides basic and advanced techniques for adjunct faculty. Training topics include syllabi preparation, classroom management and formative and summative assessments.
PROED-0006-200, $500

This 12-week online class begins with an on-campus meeting:
Monday, Sept. 11, 6-9 p.m.
Student Resource Center (SRC), Room 3030
There will be two additional on-campus meetings for this course:
Oct. 16 and Dec. 11

Join us for an information session on Monday, Aug. 28 at 6 p.m.
cod.edu/adjunct_training

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 53
ONLINE CLASSES

Non-Credit
Personal, Professional and Career Courses

ED2GO
www.ed2go.com/dupage

ONLINE CAREER TRAINING

Online career training programs can start you on a path to an in-demand profession. You can begin these programs at any time and learn at your own pace.

» 6-12 month programs
» More than 100 programs available
» Many approved by national certifying bodies and prepare students for national certifying exams
» Helpful student support staff to help with program completion

All courses require Internet access, email and a Web browser. Some courses may have additional requirements. For a complete list of available courses, detailed course descriptions, requirements, demonstrations, and additional information, visit www.ed2go.com/dupage. If you need assistance or have questions, call (630) 942-2208.

Registration is easy:
» Find a course or view a demo at: careertraining.ed2go.com/dupage.
» Choose the department and course title you are interested in, and select the ‘Enroll Now’ button.
» Follow the instructions to enroll and pay for your course.
» Print out your confirmation notice.
Online Medical Transcription Editor
Prepare for a career in medical transcription and editing. This program is approved by the Association for Healthcare Documentation Integrity (AHDI). Topics studied include documentation, biomedical sciences, and editing theory. Enrollment includes ebooks, a transcription foot pedal, an AHDI membership and a voucher to take the Registered Healthcare Documentation Specialist (RHDS) exam.
HLTHS-0030-101, BCAST-0700-001, $2,995

Online Veterinary Assisting with Medical Office Administration
Develop the knowledge and skills needed to work as a veterinary assistant or medical office assistant. Topics studied include office and exam room procedures, communication and client relations, and small and large animal nursing. Enrollment includes a Certified Medical Administrative Assistant (CMAA) exam voucher.
HLTHS-0030-102, BCAST-0730-001, $3,495

Online Microsoft Office 2016 Bundle
Prepare to earn the Microsoft Office Specialist Master certification with training on Microsoft Word, Excel, PowerPoint, Outlook, and Access. Gain a foundation in beginning and advanced concepts and complete a variety of hands-on exercises. Enrollment includes ebooks as well as five quick reference cards.
HLTHS-0003-110, BCAST-0800-001, $499

Additional courses available through Career Step are provided below. Find further details about these courses at cod.edu/careerstep.

Online Pharmacy Technician
BCAST-0710-001, $1,995

Online Veterinary Assistant
BCAST-0720-001, $1,999

Online Microsoft Access
BCAST-0810-001, $149

Online Microsoft Excel
BCAST-0820-001, $149

Online Microsoft Outlook
BCAST-0830-001, $149

Online Microsoft PowerPoint
BCAST-0840-001, $149

Online Microsoft Word
BCAST-0850-001, $149

Register online at myaccess.cod.edu | For more information, call (630) 942-2208 | 55
Eligibility
Students who have tested in the 95th percentile or higher on an appropriate achievement test (ACT, SAT, Explore, etc.) are eligible to apply. Students who believe they are qualified, but who do not have an appropriate test score, may petition for enrollment by calling the Talent Search office at (630) 942-2208.

Registration
New students must submit a copy of their standardized test scores along with the mail-in registration form. Returning students may register by mail, fax at (630) 942-3785 or phone (630) 942-2208.

Please note: No student under the age of 16 can be left unescorted on the campus. Parents are responsible for escorting students to and from all classes, unless the student is enrolled in supervision.

YOUTH ACADEMY
TALENT SEARCH
College of DuPage provides challenging academic experiences that enhance the achievement and performance of gifted students grades 3 to 12. Courses are designed to complement coursework anticipated at higher levels, cover an extended range of topics, and use innovative approaches to learning. For additional information about the Talent Search program, call Continuing Education at (630) 942-2208 or visit our website at cod.edu/youth.
SAT Test Preparation Comprehensive
Review math, science reasoning, reading and English usage in preparation for the new SAT exam. Practice under simulated testing conditions using authentic SAT questions, and gain an introduction to the SAT writing section.

Saturday, Oct 14 - Nov 18
9 a.m.-3 p.m.
YEHSC-0004-009, $425
On campus in Glen Ellyn

Tuesday and Thursday, Sept 26 - Nov 2
5-8 p.m.
YEHSC-0004-012, $425
On campus in Glen Ellyn

SAT Math Test Preparation
Prepare for the math sections of the new SAT. Topics include linear expressions, creating and solving equations, ratios, percentages, problem solving and data analysis.

Saturday, Aug 26 - Sept 30
12:30-3:30 p.m.
YEHSC-0004-011, $249
On campus in Glen Ellyn

Tuesday, Aug 22 - Oct 3
5-8 p.m. (no class Sept 4)
YEHSC-0004-013, $249
On campus in Glen Ellyn

Tutoring
Continuing Education offers private, professional tutoring in the following subject areas:
- Algebra
- English/Reading Comprehension
- Foreign Language
- Geometry
- Standardized test preparation
- Trigonometry

All tutors hold a minimum of a bachelor's degree and have been selected for their tutoring skills, knowledge and sensitivity to individual needs. If you don't see your topic listed here, please inquire about additional subjects and all efforts will be made to find an appropriate tutor. Call (630) 942-2208 for details.

Two hours—$119
Four hours—$225
Six hours—$299

Youth Scholarship Donations
Donate to Continuing Education's Youth Leadership Scholarship fund and give a child the chance to explore, develop and grow to their maximum potential. The Youth Leadership Scholarship can be used for any Continuing Education Youth Academy course or camp.

It's never too early to develop an appreciation of lifelong learning—your donation offers a priceless gift!

To learn more, contact Continuing Education at (630) 942-2208 or the College of DuPage Foundation at (630) 942-2462. Donate online at foundation.cod.edu
ANIMA SINGS WITH COD
Continuing Education at College of DuPage is proud to partner with Anima-Glen Ellyn Children’s Chorus to offer new music programs for youth in grades 5 to 12.

Anima classes

**Fundamentals of Music Literacy**
Grades 6 to 12
Junior high and high school students can improve their understanding of music notation, pitch and rhythm reading, key signatures, scales, basic chords and inner hearing. This can enhance private lesson work, individual curiosity, or just support a love of performance and/or music listening. Instructor: Mary Doughty Mauch

Wednesday, Sept. 27-Nov. 8
6:30-7:30 p.m. (no class Oct. 18)
MUSIC-0001-201, $199
On campus in Glen Ellyn

**Grand Time for Singing: Multigenerational Music Making**
Grandparents and grandchildren will enjoy discovering or rediscovering favorite songs of past eras through singing in a relaxed and fun atmosphere. Bring your grandchild or grandparent along or come individually. Most suitable for children ages 5 to 12 and grandparents of any age. Each participant must register. Instructor: Mary Doughty Mauch

Saturday, Oct. 7
10-11 a.m.
MUSIC-0001-203, $20
On campus in Glen Ellyn

Saturday, Nov. 11
10-11 a.m.
MUSIC-0001-204, $20
On campus in Glen Ellyn

Saturday, Dec. 9
10-11 a.m.
MUSIC-0001-205, $20
On campus in Glen Ellyn

**Introduction to Voice Class**
Ages 10 to 13
A course for students wanting to try voice lessons in a fun, interactive group setting. Students will explore the fundamentals of singing technic and develop a basic understanding of appropriate posture, breath control and support, and tonal placement. This can enhance individual curiosity or just support a love of performance and/or singing. Instructor: Mary Doughty Mauch.

Monday, Sept. 18-Nov. 13
5:30-6:30 p.m. (no class Oct. 16)
MUSIC-0001-206, $100
On campus in Glen Ellyn

Founded in 1964, Anima-Glen Ellyn Children’s Chorus is one of the leading children and youth choirs in America, with a rich heritage that has served as an artistic and educational model across North America. Using choral music as a vehicle, Anima develops leaders for tomorrow through artistic excellence, teamwork and global learning gained from diverse repertoire and travel. Anima performs regularly in concert locally, nationally and internationally.

**ANIMA 2017-18 REHEARSAL SCHEDULE**

**Touring Chorus**
*Advanced Ensemble for grades 7 to 12, by audition only*
Tuesday and Thursday, 6-7:45 p.m.
Rehearsals run late August to late May.

**Concert Chorus**
*Intermediate Ensemble for grades 4 to 9, by hearing placement only*
Tuesday and Thursday, 6-7:45 p.m.
Rehearsals run late August to late May.

**Treble Chorus**
*Beginning Ensemble for grades 2 to 4. No hearing required*
Tuesday, 4:30-6 p.m.
Rehearsals run late August to late May.

**KidSingers**
*Introductory Class for grades K-1. No hearing placement required*
Tuesday, 5-5:45 p.m.
Rehearsals run September to December.

For more information or to register for Anima’s ensembles, visit [www.animasingers.org](http://www.animasingers.org) or call (630) 858-2471.
Calling High School Dancers!
In partnership with COD’s Liberal Arts Department, Continuing Education offers a new opportunity for high school students with intermediate-level jazz or ballet skills!

**DANCE**

Participate in one of these courses for the opportunity to dance alongside COD students as special guest performance artists at the Fall College of DuPage Dance Fusion Showcase at the MAC’s Belushi Performance Theater.

**Jazz**
Learn classic Jazz movements consisting of entire body floor warm ups including body isolations, stretching and strengthening exercises as well as movement variations across the floor. Choreography will also be learned and rehearsed as part of the class.

Tuesday, Aug. 22-Oct. 31
7-8:50 p.m.
YEHSC-0007-700, $299
Physical Education Center (PEC), Room 145

**Ballet**
Perform entire body floor warm up, beginning to intermediate level full ballet barre work, choreography and variations. Center on floor work to rehearse the choreography for the showcase ballet piece.

Wednesday, Aug. 23-Nov. 1
7-8:50 p.m.
YEHSC-0007-701, $249
Physical Education Center (PEC), Room 145

**Rehearsal/Performance Week Schedule**
These sessions are mandatory for all dance students.

Monday, Oct. 30: Tech set
Tuesday, Oct. 31: Dance rehearsal, 6 to 11 p.m.
Wednesday, Nov. 1: Dance rehearsal, 6 to 11 p.m.
Thursday, Nov. 2: Dance rehearsal, 6 to 11 p.m.
Saturday, Nov. 4: Showcase performance

**SUNSET 5K**
Presented by DuPage Medical Group
WE CARE FOR YOU

**SATURDAY, SEPT. 23, 2017**
2 to 7:30 p.m.—FOOD TRUCK RALLY AND TOUCH-A-TRUCK
4 p.m.—100-YARD YOUTH DASH (AGES 4 TO 9)
5 p.m.—SUNSET 5K

**Race registration fees:**
No need to register for a race to enjoy the 15+ food trucks!

- $5 Current COD students
- $10 Seniors (60+) and kids (5-12)
- $20 General registration through Sept. 16
- $5 100-Yard Youth Dash (ages 4-9)

Visit our website for a full registration fee schedule.

Each high school district served by College of DuPage will have a dedicated scholarship funded by race proceeds for their graduates who attend COD.
PUBLIC SAFETY TELECOMMUNICATOR

Individuals who call 911 are often in a state of panic—a properly trained telecommunicator can control the call with empathy, remain calm, know the appropriate response and provide clear instructions until field personnel arrive. The College of DuPage 911 Public Safety Telecommunicator Certification course combines classroom instruction and use of an advanced simulated 911 communications center. The Basic 80-Hour Public Safety Dispatch course will result in the Emergency Telecommunicator Certification, recognized through the International Association of Emergency Dispatchers (IAED).

Tuesday and Thursday
Aug. 22 to Dec. 14
6:30 to 9 p.m., $759
Homeland Security Training Center (HTC)

WIOA Approved Program

This program is on the COD approved list for the Workforce Innovation and Opportunity Act (WIOA). To determine your eligibility, contact Adela Meitz at (630) 942-2389 or meitza@cod.edu. To learn more about WIOA, visit www.worknetdupage.org.

HSTI PODCASTS

Introducing Homeland Security Training Institute Podcasts! Associate Dean, Tom Brady, meets with experts and professionals to discuss important topics related to law enforcement, disaster preparedness, emergency response and private security.

New episodes are available each month. Find them at cod.edu/hsti.

NEW THIS FALL

• Unmanned Aerial Vehicle (UAV) classes!
• Continuity of Operations for Business, Community and Homes
Join us for a fun and free open house that offers the community a sneak preview of our upcoming enrichment and professional development programs. This event, held at the beginning of each term, is a great way for you to get acquainted with our courses and meet College representatives. Don’t miss the chance to visit the Continuing Education department located in the Student Resource Center near the main cafeteria on campus in Glen Ellyn.

On Sampler Day only: Receive exclusive discounts on classes and workshops!

For information, contact College of DuPage Continuing Education, (630) 942-2208 or CE@cod.edu. Registration is welcomed but not required.

Fall Sampler Day:
Saturday, Aug. 19, 2017
10 a.m. to 2 p.m.
College of DuPage
Continuing Education
Student Resource Center (SRC), Room 1110
Refreshments are provided.

Check cod.edu/conted for details.

Sample classes include:
- Alfred, England’s Greatest King
- CDL
- 50th Anniversary of the Beatles’ Sgt. Pepper’s Lonely Hearts Club Band
- Estate Planning
- Exploring Writing
- Gelli Printmaking: A New Way to Create Monoprints
- Great Films: Combine Talking about Films and Literature
- Interior Design and Decor
- Life Skills for Adults with Cognitive Disabilities
- Makeup
- Tai Chi
- The Alternative History of WWII

For the complete schedule of Sampler Day classes, go to cod.edu/conted/featured
MAPS AND LOCATIONS

For more maps and related information, visit cod.edu/maps.

College of DuPage Campus – Glen Ellyn

Buildings

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<tr>
<th>Building</th>
<th>Location</th>
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<tbody>
<tr>
<td>BIC</td>
<td>Rodney K. Berg Instructional Center</td>
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<td>CHC</td>
<td>Culinary &amp; Hospitality Center</td>
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<td>EC</td>
<td>Early Childhood Center</td>
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<td>GH</td>
<td>Greenhouse</td>
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<td>HEC</td>
<td>Robert J. Miller Homeland Security Education Center</td>
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<td>HSC</td>
<td>Health and Science Center</td>
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<td>HTC</td>
<td>Homeland Security Training Center</td>
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<td>MAC</td>
<td>Harold D. McAninch Arts Center</td>
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<td>PEC</td>
<td>Physical Education and Community Recreation Center</td>
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<td>SCC</td>
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<td>TEC</td>
<td>Technical Education Center</td>
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Parking

- Accessible
- Bus Stop
- Employee
- Guest/30-Minute
- Motorcycle
- Shipping and Receiving
- Electric Car Charging Station

Off Campus

- Addison Center: 301 S. Swift Road, Addison
- Bolingbrook Training Center: 479 Quadrangl Drive, Bolingbrook
- Brookdale Senior Center Living: 60 N. Nicoll Avenue, Glen Ellyn
- Carol Stream Center: 500 N. Kuhn Road, Carol Stream
- DuPage County Convalescent Center: 421 N. County Farm Road, Wheaton
- Elmhurst Memorial Hospital: 155 E. Brush Hill Road, Elmhurst
- Equipment Depot: 751 Expressway Drive, Itasca
- Grace Lutheran Church: 200 N. Catherine Ave., La Grange
- Marianjoy Rehabilitation Hospital: 26W171 Roosevelt Road, Wheaton
- My Chef Station: 632 E. Irving Park Road, Roselle
- Naperville Center: 1223 Rickert Drive, Naperville
- Riverwalk Community Center: 305 W. Jackson Ave., Naperville
- Villa St. Benedict: 1920 Maple Ave., Lisle
- Westmont Center: 650 Pasquinielli Drive, Westmont
FALL 2017 REGISTRATION FORM

Fax this form to: (630) 942-3785 or mail to: Continuing Education, College of DuPage, 425 Fawell Blvd., Glen Ellyn, IL 60137
You can also register in person on campus in Glen Ellyn: Student Resource Center (SRC), Room 1110
You will receive a confirmation letter within three to four business days after enrollment is received and payment is processed.

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<th>STUDENT FIRST NAME</th>
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<th>BIRTHDATE</th>
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EMAIL (FOR YOUTH EDUCATION STUDENTS, PLEASE PROVIDE A PARENT’S EMAIL):

FOR YOUTH EDUCATION STUDENTS

GRADE LEVEL IN FALL 2017 | SCHOOL STUDENT WILL ATTEND FALL 2017
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TOTAL

PAYMENT

Your registration is not official until payment is received.

- [ ] CHECK ENCLOSED (to College of DuPage)
- [ ] CREDIT CARD Please call (630) 942-2208.

CONTINUING EDUCATION SCHOLARSHIP FUNDS

- [ ] I’d like to contribute to the Youth Leadership Scholarship
  Donation amount: ________

- [ ] I’d like to contribute to the Lifelong Learning Scholarship
  Donation amount: ________

Thank you! A member of the COD Foundation will contact you to complete your donation!
FREE ENGLISH CLASSES

Develop the English language skills you need for work, education and everyday communications through the free English Language Acquisition (ELA) program at College of DuPage. Classes offered at more than 25 locations, including: Addison, Bensenville, Lombard, Naperville, West Chicago and Westmont.

Jump Start Scholarship
Eligible ELA and HSE/GED® Program completers may qualify for the $500 Jump Start Scholarship, which provides tuition assistance to help you begin your studies at COD.

Call today to get started!
(630) 942-3697
ELA@cod.edu