PHYSICAL EDUCATION 2254
First Aid and CPR
3 credit hours

This is an information sheet only, not the course syllabus.

COURSE DESCRIPTION
The value and need for training in emergency first aid, cardiopulmonary resuscitation and automatic external defibrillators are emphasized with certification granted upon successful completion of the course. (3 lecture hours)

REQUIRED AND RECOMMENDED COURSE MATERIALS
Please follow the instructions below to locate information on the textbook and other materials for this course.

1. From COD home page, click on myACCESS.
2. Click on Search for Credit Classes.
3. From the Term drop-down box select the term.
4. Choose your course from the Subjects drop-down menu.
5. In the Course # field, enter your course number.
6. In the Section field, enter the course section number if known.
7. From the Course Types drop-down menu select Internet/Online.
8. Scroll to the bottom of the page and click on SUBMIT.
9. Click on the Section Name and Title link.
10. Click on Click here for prices of required textbook(s) and supplies and course material information will be displayed.

Alternatively, you can visit the COD Bookstore website to find this information.

COURSE OUTLINE

| Unit 1: Chapters 1-4 | Chapter 1 Study Questions  
| Chapter 2 Study Questions  
| Chapter 3 Study Questions  
| Chapter 4 Study Questions  
| Unit Assignment: Research Good Samaritan Law in State of Illinois. (2 page paper) |
|-----------------------|---------------------------------------------------------------|
| Unit 2: Chapters 5-8  | Chapter 5 Study Questions  
| Chapter 6 Study Questions  
| Chapter 7 Study Questions  
| Chapter 8 Study Questions  
| Unit Assignment: Research statistics on CPR success. (2 page paper) |
|-----------------------|---------------------------------------------------------------|
| Unit 3: Chapters 9-13 | Chapter 9 Study Questions  
| Chapter 10 Study Questions  
| Chapter 11 Study Questions  
| Chapter 12 Study Questions  
| Chapter 13 Study Questions  
| Unit Assignment: Research a burn unit in the United States and the most common injuries they treat. (2 page paper) |
Unit 4: Chapters 14-17
Chapter 14 Study Questions
Chapter 15 Study Questions
Chapter 16 Study Questions
Chapter 17 Study Questions
Unit Assignment: Research the most common musculoskeletal injuries. (2 page paper)

Unit 5: Chapters 18-21
Chapter 18 Study Questions
Chapter 19 Study Questions
Chapter 20 Study Questions
Chapter 21 Study Questions
Unit Assignment: Research common causes of childhood poisonings. (2 page paper)

Final Project
Option 1: Video yourself performing simulated adult, infant and child CPR, rescue breathing and choking. Email to instructor.
Option 2: Attend CPR training session with instructor. Dates TBA.

EVALUATION/GRADING
Grades will be based on the following:

<table>
<thead>
<tr>
<th></th>
<th>Points</th>
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<tbody>
<tr>
<td>Chapter Review Questions (21 sets)</td>
<td>600</td>
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<tr>
<td>5 Unit Assignment Papers (5 total)</td>
<td>200</td>
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<tr>
<td>CPR Training Film/Session</td>
<td>200</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>1,000 points</strong></td>
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<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>92%-100%</td>
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<tr>
<td>B</td>
<td>82%-91%</td>
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<tr>
<td>C</td>
<td>72%-81%</td>
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<tr>
<td>D</td>
<td>60%-71%</td>
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<tr>
<td>F</td>
<td>Less than 60%</td>
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Satisfactory/Fail Option
The S/F grade option is not available to students in this course.

Incomplete Grade Policy
If you cannot complete the course by the end of the semester, you may request the instructor issue you an Incomplete grade. The decision to issue you an Incomplete grade is up to the sole discretion of the instructor.