**Nasogastric Tube Removal**

**Student Name:** ___________________________________  **Student Signature:** ________________________________

**Evaluator Signature:** 1st attempt _____________________  Date:  ____________  □ Satisfactory*  □ Unsatisfactory^

**Evaluator Signature:** 2nd attempt _____________________  Date:  ____________  □ Satisfactory*  □ Unsatisfactory^

**Evaluator Signature:** 3rd attempt _____________________  Date:  ____________  □ Satisfactory*  □ Unsatisfactory^  

### PERFORMANCE BEHAVIORS

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<tr>
<th>S*</th>
<th>U^</th>
<th>COMMENTS</th>
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**Assessment**

1. Avoid distractions
2. Check prescriber’s order
3. **Check chart for allergies.**

**Planning**

4. Identify expected outcomes, rationales for insertion or removal.
5. Identify what teaching you might need to provide to the patient.
6. Gather equipment
   a. Bath towel or blue pad
   b. Normal saline solution
   c. Catheter tip syringe
   d. Color-coded pH paper
   e. Adhesive remover
   f. Facial tissue

**Implementation**

7. Upon entering room:
   a. **Perform hand hygiene**
   b. Be aware of your spatial safety, have call light within reach
   c. Identify self
   d. **Identify patient using two forms of identification (i.e., Name, birth date, medical record number) while comparing MAR to patient wrist band**
   e. **Ask patient if he or she has any allergies and check for allergy band**
   f. Assure privacy
   g. Explain what is about to occur, including patient expected discomforts
   h. Allow for patient questions
   i. Raise bed to comfortable working height.
   j. **Perform necessary assessments**
   k. Don clean gloves
8. If tube is attached to suction, turn off suction.
9. Assess nares, oral cavity and presence of peristalsis or flatus.
10. Place patient in Semi-Fowler’s position.
11. Place towel across patient’s chest.
12. Disconnect tubing from wall suction.
14. Measure pH of gastric contents with color-coded pH paper.
15. If tube is in place, flush with 30 cc of air or normal saline.
16. Detach distal end of tube from gown and remove tape from nose.
17. Pinch tube with clamp or fold tube over and pinch with fingers.
18. Instruct patient to take a deep breath.
19. Gently and continuously remove tube (once you reach the epiglottis you can remove quickly) into towel while patient is holding breath.
20. When possible, wrap tube up quickly with towel.
21. Provide oral care and remove adhesive from nose.
22. Prior to leaving room:
   a. Dispose of equipment.
   b. **Lower bed.**
   c. **Raise appropriate rails.**
   d. **Leave light and belongings in reach.**
   e. **Perform hand hygiene**

**Evaluation**

23. Record procedure, patient’s response to procedure and evaluation data.

*S = Satisfactory,  ^U = Unsatisfactory  **Critical Behaviors that need to be stated or done in order to pass the skill.

Skills Sheet Nasogastric Tube Removal  updated 06032015/dg