

wheat café

Hot foods available from 10:30AM – 1:00PM
Tuesdays and Wednesdays from September 25th through November 28th

	Menu One September 25 – October 24th	Menu Two October 30th – November 28th
Breakfast Items - \$3	Apple-Dulce de Leche Pancake Sandwich <i>with scrambled eggs & bacon</i>	Lola Breakfast Burger <i>ground beef patty, bacon, smoked cheddar and fried egg on English muffin with pickled onion, ketchup & mustard</i>
Soups/Bowls - \$4	Soup of the Day Tuna Poke Bowl <i>seasoned raw tuna, cucumber and avocado on rice with spicy mayo</i>	Soup of the Day Curried Chicken Bowl <i>chicken, potato and chayote in Jamaican style coconut curry over rice</i>
Sandwiches - \$5	Honey Rubbed Roast Pork Sandwich <i>thinly sliced roast pork loin, sautéed broccoli rabe, arugula, tomatoes & avocado</i> Caprese Panini <i>tomato, fresh mozzarella, basil</i>	Vegetarian BLT <i>mushroom bacon, tomatoes, avocado and lettuce on toasted wheat bread with mayo</i> Tacos Al Pastor <i>pork, corn tortillas, onions, cilantro, salsa, lime</i>
Salads - \$5	Brussels Sprout & Arugula with Walnuts <i>cider vinaigrette</i> Baby Beet & Blood Orange Salad <i>sugared walnuts, arugula, red onion, balsamic vinaigrette</i>	Glass Noodle Salad with Shrimp, Chicken & Mint <i>cilantro, green onion, Thai vinaigrette</i> Winter Pear Salad <i>blue cheese, pecans, pomegranate, cider vinaigrette</i>
Burgers/Panini - \$6	Kimchi Pork Burger <i>Havarti cheese, kimchi, special sauce, pretzel roll</i>	Black Bean Burger <i>black bean and farro patty, red pepper spread, red onions, toasted bun</i>
Pizzas/Flatbread - \$5	Mortadella Flatbread <i>pistachio pesto, fresh basil, mozzarella</i>	Buffalo Chicken Pizza <i>chicken, red onion, buffalo sauce, blue cheese, celery, mozzarella</i>
	Fruit Cup - \$2 Yogurt Parfait - \$2 Scones - \$1 Dessert Minis - \$3 Brownies/Bars - \$1	Fruit Cup - \$2 Yogurt Parfait - \$2 Scones - \$1 Dessert Minis - \$3 Brownies/Bars - \$1
Beverages	Hot Coffee or Tea - \$2 Espresso, Cappuccino or Latte - \$3 Iced Tea, Iced Coffee or Lemonade - \$2 Water - \$1.50	Hot Coffee or Tea - \$2 Espresso, Cappuccino or Latte - \$3 Iced Tea, Iced Coffee or Lemonade - \$2 Water - \$1.50