

## Early Childhood Education & Care 2211 Child Health, Safety, and Nutrition

This is an information sheet only, not the course syllabus.

### COURSE DESCRIPTION

A comprehensive overview of basic and changing health, safety and nutritional needs of growing children. Appropriate methods to meet these basic needs of young children in group care settings will be emphasized. (3 credit hours)

### COURSE MATERIALS

**Text:** *Health, Safety and Nutrition For The Young Child* (7<sup>th</sup> Edition). Marotz, Lynn R. (2009). Clifton Park, NY: Thomson Delmar Learning.

### COURSE EVALUATION

Unit	Topic	Activity
1	Introduction to Health, Safety, & Nutrition	Read Chapter 1 Discussion Board Question 1 Lab Report 1
2	Health	Read Chapters 2-7 Reflection Questions 1 Web Site Exploration Assignment 1 Lab Reports 2& 3 Discussion Board Question 2 Unit Exam 1
3	Safety	Read Chapters 8-11 Reflection Questions 2 Web Site Exploration Assignment 2 Lab Reports 4-6 Discussion Board Question 3 Unit Exam 2
4	Nutrition: Basic Concepts	Read Chapters 13-16 Reflection Questions 3 Web Site Exploration Assignment 3 Lab Reports 7-8 Discussion Board Question 4 Unit Exam 3
5	Nutrition: Feeding Young Children	Read Chapters 17-20 Reflection Questions 4 Web Site Exploration Assignment 4 Lab Reports 9-11 Discussion Board Question 5 Unit Exam 4 <b>DOCUMENTATION FORM (30 lab hours)</b>

***You will not be able to successfully complete this course without completing the lab hours.***

**Laboratory Assignments:** A total of 30 laboratory hours is required (25 clock hours). The total lab time will consist of observing the health, safety, and nutritional practices of young children in-group care. **Students determine their own lab sites and times.** Lab sites must be licensed by DCFS and reflect quality care as defined by NAEYC. Students will complete 11 lab reports based on observations from the 30 required lab hours. Specific guidelines for each report and grading standards will be provided.

### **GRADING**

All written assignments must conform to standards of academic honesty which includes citing references and writing in your own words. Please review college policy regarding standards of academic conduct (*2007-2009 College Catalog, Student Code of Conduct*).

**The final grade is based on the total number of points recorded for lab reports, unit exams, unit reflection questions, discussion board questions, web site assignments, and verified completion of 30 hours of laboratory observation/participation.**

### **SATISFACTORY/FAIL OPTION**

The satisfactory/fail method is not available for this course since it's a requirement for the ECEC Certificate.

### **INCOMPLETE GRADE POLICY**

An incomplete grade can only be given when all of the following conditions are met.

1. The student requests an Incomplete grade for some unavoidable reason one week prior to the end of the semester.
2. An agreement in writing is reached with the instructor indicating work to be completed and the completion date.
3. The student has completed 80% of the course requirements and must have a grade of C or better. If the remaining course work is not completed by the agreed deadline, then the student will receive a grade of zero for all incomplete assignments and the student's semester grade will be accordingly calculated and submitted as the student's final grade.