

SPORTS

A dream not realized

Netters fail to upset Rock Valley after fifth set breakdown

By Bob Bajek
Sports Editor

There appeared to be magic in the air Friday night at Grayslake, Ill. It was the regional semifinal. The Chaps pushed nationally ranked Rock Valley into a fifth set after dramatically winning the previous set.

That magic disappeared when the fifth set began as DuPage had a breakdown. The Golden Eagles moved ahead 11-1 and prevented the upset.

"We mentally broke down and we were almost scared to make a mistake," setter Lauren Verstat said. "Rock Valley didn't beat us; we beat ourselves. It was our errors that won the game for them."

The Chaps weren't able to stop the Golden Eagles from pulling away in the last set. Rock Valley picked up the intensity and placed their attacks well. DuPage didn't communicate well and were not moving to the ball.

"They finally started playing ball and we came apart," head coach John Pangan said. "We have some young ladies on our team and no one wanted the responsibility of screwing up."

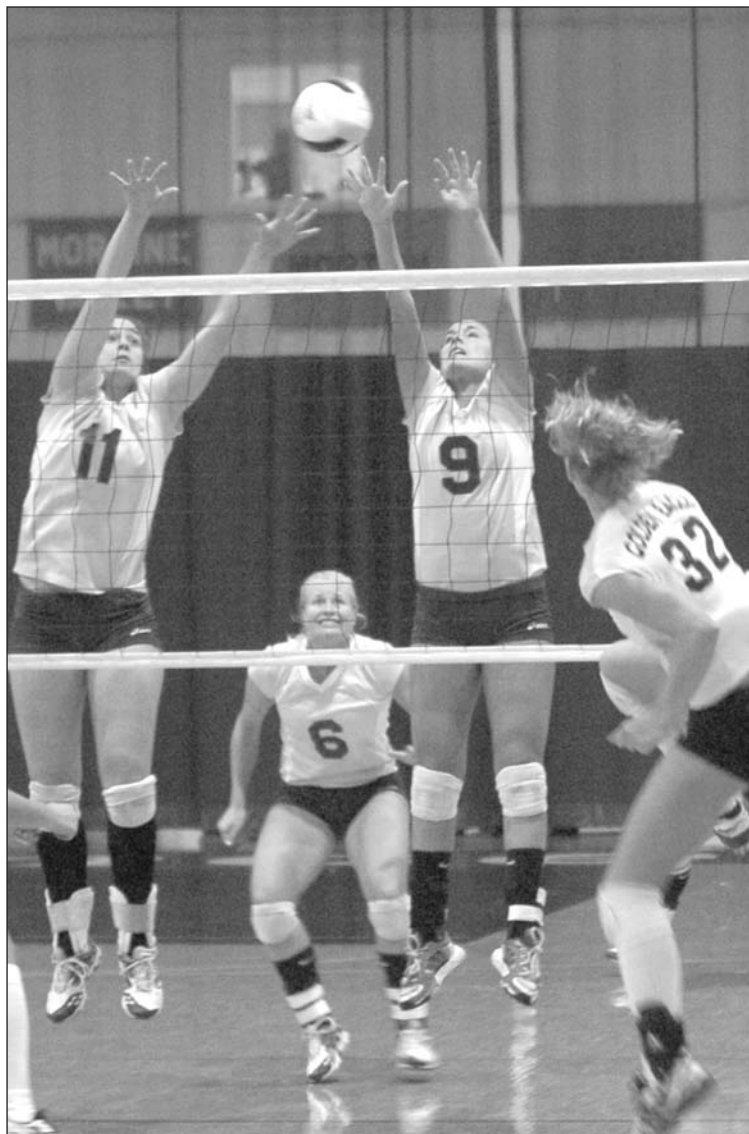


Photo by Aldo Blanco

Chaps Veronica Vandeleur and Christa Pomatto fail to block Rock Valley Hannah Goodrich's (32) attack.

Pangan's team played very well in the first four sets. Rock

Valley came out with intensity. The Chaps countered the

Golden Eagle attack with going all out on plays and sacrificing their bodies for digs. Outside hitter Christa Pomatto said her team was focused.

"We came out with high intensity the entire game except for the last match," Pomatto said.

Rock Valley won the first set 30-27. In the second set, DuPage started to serve extremely well. This kept Rock Valley off balance and gave the Chaps the match.

"The first game we weren't good (at serving) and had one ace," Pomatto said. "In the second game, we had 10 aces."

Libero Lauren Vrdsky, who was named to the All-Tournament Team, said she noticed that Rock Valley was beginning to press after the game was tied.

"Every point we would go to the middle," Vrdsky said. "It goes into their heads that we were going to fight tonight."

The netters continued to play inspired ball in the third set. Pomatto and right side Veronica Vandeleur continued to dominate the front with blocking and kills. The Chaps opened up a 23-18 lead. That put them into position to win

the set and take a 2-1 lead.

Mistakes reared its ugly head with errors and not attacking the ball hard enough. The Golden Eagles fought back to a 27-27 tie.

Verstat was set to serve. The Wheaton resident hit the ball out of bounds. Outside hitter Amanda Connelly had a kill but Rock Valley attacked quickly for two kills to ice the set.

"You just got to stay focused and make every point count," Verstat said. "You have to not think that you can let up on a team even though you are ahead."

The Chaps rebounded in the fourth set. Trailing the Golden Eagles 13-10, Pangan's team went on a 17-7 run to clinch the set and force a final showdown. The hitters dominated Rock Valley defensively and offensively on the run.

"They earned their points," Pangan said. "The kids came back in the fourth."

Even though the Chaps fell to their rivals, they said that they achieved a lot by playing hard against a nationally ranked team.

"I'm most proud of the way this team came together as a team," Vandeleur said. "We left a glimpse of DuPage volleyball for next season."

Cheering takes bravery, skill

By Bob Bajek
Sports Editor

When with their peers, DuPage cheerleaders are stereotyped as not being athletic. They are thought of as pretty girls in a club anyone can join.

Cheerleading, however, requires a lot of bravery and skill to participate on the team.

"People think that we aren't athletes," cheerleader Jennelle Reeves said. "People think that we are fake, stuck up, stupid and annoying."

"Either you're gay and not good at other sports or you're a gymnast," cheerleader David Bias said. "I ran track and played baseball and tennis."

There are many skills that a cheerleader must have. They have to be proficient in tumbling. They perform tumbling passes that include backhand springs, back and front tucks

and the tricky standing full.

"It's almost like a back flip but I almost do a 360 degree turn," cheerleader Martrez Taylor said.

The cheerleaders also do complex pyramids and stunting (lifting) with a male cheerleader as the base and the female as the flyer.

"I never did partner stunting before college," Reeves said. "With my partner David Bias, we consider ourselves in a relationship. He has to catch me if something goes wrong."

In order to do stunts, the girls have to work on their flexibility while the guys weightlift. A base needs arm and leg strength to lift his partner.

"When I weightlift, I lift upper and lower body," Martrez said. "You have to do a whole body workout."

Things have gone wrong before for Reeves and her teammates. There have been

see 'Skill' page 22

The road ends here

Penalty kicks prevent women's soccer from national berth

By Bob Bajek
Sports Editor

The Chaps were fired up to play Richland, Texas for the District Championship on Saturday. If they won, they would be headed to New York for nationals.

DuPage played great defense, but Richland's Lyndi Cline scored two goals on penalty kicks to end the Chaps hopes for a championship season.

"We had two critical fouls that we've been talking about all year that we can't have in (the 18-yard box)," head coach Jason Hunter said. "To their credit, Cline hit two rockets in the upper 90s. You've got to tip your hat be-



Photo by Aldo Blanco

Striker Kelsey Muruato slide tackles Richland defender Jacqueline Zalstein to stop a pass.

cause they were better than us today."

Other than the two goals, it was an evenly matched game. No goals were scored in the first 24 minutes. Hunter's team was playing very hard. They made aggressive slide tackles to prevent goals on Richland fast breaks and stayed close to their assignments.

"We played great for a while but we gave up two stupid goals," goalie Carrie Dastyck said. "We played well overall."

Midfielder Karissa Kerber was trying to prevent Cline from scoring on a good cross in the 24th. The Wheaton resident accidentally knocked Cline

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Last year doesn't matter

Hoopsters ready to work hard for a successful season

By Bob Bajek
Sports Editor

If the men's basketball team only leaves with one lesson from training camp, head coach Don Klaas hopes that lesson is "nothing is handed to anyone."

"Every year's a new challenge," Klaas said. "Nothing is handed to you. (We have to) get back to work."

Klaas' team was third in the nation last year and is ranked seventh in preseason polls; however, he won't let last season's accomplishments cloud his team's focus.

"Teams are gunning for us," shooting guard Mike Wood said. "They are going to play their best against us so they can say they beat College of DuPage."

Wood is one of seven returning players from last year's national team. Returning starters Tim Niles, Otis Scarver and Ryan Tyszkiewicz bring much needed experience and leadership to this year's team. Returning

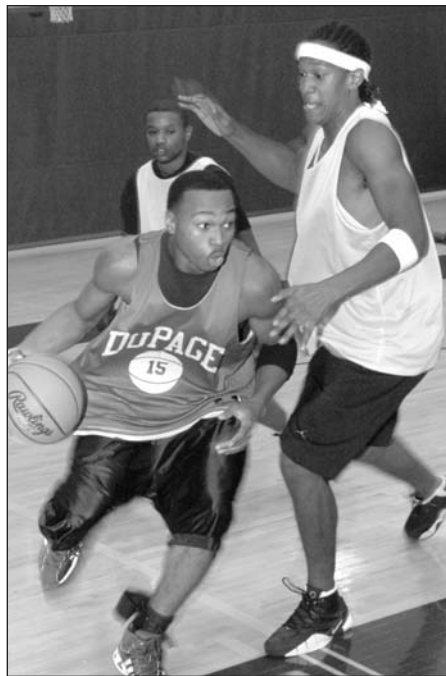


Photo by Aldo Blanco

Point guard Tim Niles (left) makes a move during Tuesday's practice.

players Reggie Smith and Jon Gillett round out the starting lineup.

"I always give the sophomores a bet-

ter chance at the beginning of the year," Klaas said.

"It helps that they have been through the battles before," Wood said.

Niles will be counted on greatly. He was named All-American last year and has been named All-American First Team in a preseason poll. The Des Plaines resident said that this hasn't affected him.

"For the most part, I upped my game a lot," Niles said. "Being a leader on the team, it just heightened my performance."

"My expectation is high because he is a talented player," Klaas said of Niles. "My expectation is for him to led the team."

The Chaps have been working on fundamentals this training camp and learning how to work together as a team. Wood and Niles know the importance of preparing for the season.

"Every Tuesday night, we play an open gym to mesh as a team," Wood said. "The freshmen recruits are told to come in and play with us."

"It's very important going into the preseason that you need to improve," Niles said. "They need to think of the team instead of themselves."

The freshmen have made their adjustments to the college game. Freshman guard John Shodipo said he learned lessons in camp.

"The game is faster and you have to play a whole lot smarter," Shodipo said. "You have to play hard every night because everyone is as good as you."

Klaas said that the freshmen will play a crucial role this season, but they will have to play within his team-oriented system.

"We build the players from a finger and make it into a fist," Klaas said.

The hoopsters are preparing for their first game against Lake County on Nov. 13 in the P.E. arena at 7 p.m.

Niles is very excited about the season opener.

"We actually have more athletic ability than last year," the point guard said. "I think we can repeat. Anything is possible."

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down in the 18-yard box and it set up the free kick. Cline drilled it through past Dastych.

"I really felt that I let my team down," Kerber said. "I felt that goal was completely my fault."

For the rest of the half, Kerber and teammates Ashley Bergmann and Sarah Coleman played inspired defense. They kept the Chaparrals in the game by trailing 1-0 at the half.

In the second half, the Chaps had a good shot to get on the board in the 53rd minute. Striker Kelsey Muruato was in position to score so defender Sarah Podczewski fed her the ball. Even with a slide, the cross was a little too far for Muruato to kick.

"They passed to their teammates feet and we weren't doing it," Kerber said.

DuPage began to feel fatigued later in the game due to Richland's speed. It also didn't help that Richland has the nation's two top goalies, Kyndra Grazetti and Michelle McDonald. McDonald boldly stepped up in the box to clear striker Karla Trejo's fast break in the 77th minute.

"I could tell we were getting tired after a while and I think it affected us in terms of getting the ball upfield and scoring," Dastych said.

As time was winding down, Coleman played with passion. The Hanover Park resident almost scored a goal twice in the final minutes and was yelling at her teammates to play with urgency.

"We needed to get two goals before the game was over," Coleman said. "Even though I wasn't a captain, I thought that I needed to show everyone the importance of the 90 minutes."

This defeat ends a successful season in which DuPage took home the Region IV title. Next year, up to 15 players could return as sophomores. Coleman said she is excited for next season.

"These girls are amazing women and soccer players," the freshman said. "Next year, I hope we change it and go to the Final Four and win."



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'Skill' from page 20
smaller wounds like
scrapes and bruises but
also more serious in-
juries.

Many of the guys get
shin and arm splints
from lifting the girls. A
splint is when the mus-
cle separates from the
bone.

Girls usually get in-
jured on the tosses.
Reeves broke her arm
earlier this season on a
stunt. Last year she tore
her ACL.

Cheerleader Brianne
Carey may have the
record for the worst in-
jury on the team. As a
high school freshman
she broke her neck.

"I fell and I hyper ex-
tended my neck," Carey
said. "I stretched out
my two top neck verte-
brae. I was in a neck
brace for a year."

Head coach Elizabeth
Romanow said that she
trains her athletes to do
the stunts and tumbling
safely. She also makes
sure that she is safety
certified.

Romanow said that
she feels her team
should be on equal foot-
ing with the other
sports on campus since
cheerleading is risky.

"They do a lot of
things that other people
don't have the courage
for," Romanow said.

—SportsBriefs—

Cross Country

The Chaparral men
and women's teams
qualified to run at na-
tionals. The men placed
second in the Region IV
meet on Oct. 27.

Women's captain Becca
Smith placed second out
of eight runners while
the men's captain Justin
Jones placed third out of
20.

The NJCAA Division
III National Tournament
will be held this Satur-
day at Long Island, N.Y.

Women's Basketball

Chris Cotton's team
has gone on a fast start
by winning its first two
games of the season.

On Saturday, the Chaps
beat Malcolm X at
Chicago. Guards
LeChelle Williams and
Bonnie Nge led the way
with 18 and 10 points re-
spectively in a 61-52 vic-
tory.

Success continued for
the Chaps Tuesday on
the road. They edged
Madison Area Technical
College 53-50. Williams
scored 19 points while
Nge added 11.

DuPage will try to con-
tinue their hot streak on
their home opener Nov.
13 against McHenry. Tip-
off is at 5 p.m.

Swimming

The men and women's
swim teams begin their
season at the University
of Chicago. They will be
competing in the Maroon
Invitational today at 6
p.m. and Saturday at 10
a.m.

Men's Soccer

Jakub Gerlach has been
named Defensive Player
of the Year in Region IV.

Gerlach, who was
named to the All-Region
IV first team, was joined
by two other teammates,
Edson Sepulveda and
Don Cook. They were
named to the All-Region
IV second team.

All three players were
selected to the N4C all-
conference team.

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Athlete of the Week



Name: LaChelle Williams
Sport: Basketball
Major: Education
Year: Freshman
Age: 19



Photos by Aldo Blanco

Q: When did you start playing basketball?
A: I started in fifth grade.

Q: What is most challenging about being a shooting guard?
A: You always got to be ready.

Q: What is your favorite memory of the sport?
A: During my freshman year in high school, there was two seconds left (in the game) and I made a half court shot.

Q: What do you love about basketball?
A: Basically, the fundamentals of the game and the experiences that you go through.

Q: How do you feel about this year's team?
A: As most people see, we aren't a tall team. We have a lot of doubters. (However) we are pulling together and are 2-0. I think we can go far this year.

Q: What was your best game?
A: I had a 29 point game against our rivals my junior year.

Q: What are your goals for this year?
A: Everything that I was taught I should put it on the court. Hopeful, this is my teammates goal. If we put it together we will go far.

Q: Have you won any awards?
A: I was both team MVP and All-Conference for three years in high school.

Q: Who inspires you?
A: My sister Lenae Williams. She plays for the Detroit Shock in the WNBA.

Sport Schedule Fall '07

FOOTBALL

AUGUST		
Sat., 18	Scrimmage vs. Marian (IN)	
*Sat., 25	ROCK VALLEY	W 29-27
SEPTEMBER		
*Sat., 1	at Joliet	W 34-22
*Sat., 8	GRAND RAPIDS (MI)	L 27-30
*Sat., 15	at Harper	W 43-27
Sun., 23	CARTHAGE (WI) JV	W 66-12
*Sat., 29	IOWA CENTRAL	L 14-44
OCTOBER		
*Sat., 6	at North Dakota Science	W 21-20
*Sat., 13	NORTH IOWA AREA	L 6-23
*Sat., 20	at Ellsworth (IA)	W 58-23
Sat., 27	PLAYOFFS	L 33-51
NOVEMBER		
Sat., 3	PLAYOFFS	TBA
Sat., 17	Bowl Game	TBA

VOLLEYBALL

AUGUST		
Sat., 18	Jamboree at Harper	
Fri., 24	12th Annual DuPage Classic	L, L
Sat., 25	12th Annual DuPage Classic	L, L
Thu., 30	OLIVE HARVEY	W
SEPTEMBER		
Sat., 1	at Ancilla (IN)	L, L
*Thu., 6	at Rock Valley	L
Sat., 8	18th Annual DuPage Invite	W, W, L
*Tue., 11	JOLIET	L
Fri., 14	at Lake County Tourney	L, L
Sat., 15	at Lake County Tourney	L, L
*Tue., 18	ROCK VALLEY	L
Thu., 20	SOUTH SUBURBAN	L
*Tue., 25	HARPER	L
Fri., 28	16th Annual Chaparral Invite	W, L
Sat., 29	16th Annual Chaparral Invite	L, L
OCTOBER		
*Tue., 2	at Triton	W
*Thu., 4	at Joliet	L
*Tue., 9	at Harper	L
Tue., 16	MORAIN VALLEY	L
Sat., 20	at Ancilla (IN)	L, W, W, L
*Thu., 25	TRITON	W
Sat., 27	Triangular at Highland	L, L
Tue., 30	REGION IV PLAYOFFS	W
NOVEMBER		
Fri., 2	REGION IV FINAL @ Lake Country	L
Fri., 16	NJCAA Division III Nationals at Rochester, MN	TBA
Sat., 17	NJCAA Division III Nationals at Rochester, MN	TBA

WOMEN'S SOCCER

AUGUST		
Sun., 26	PARKLAND	L 1-2
Fri., 31	JOHNSON CO. (KS) at Oakton	L 2-5
SEPTEMBER		
Sun., 2	vs. Iowa Central at Oakton	L 0-4
*Wed., 5	JOLIET	W 6-1
*Fri., 7	TRITON	W 5-0
Thu., 13	SOUTH SUBURBAN	W 9-0
Sat., 15	TRINITY CHRISTIAN	L 0-2
*Wed., 19	HARPER	W 1-0
Thu., 27	LAKE COUNTY	L 3-4
Sun., 30	OAKTON	L 0-2
OCTOBER		
*Fri., 5	at Triton	W 5-0
Sat., 6	at Elgin	L 1-2
Mon., 8	MORAIN VALLEY	W 6-0
Sun., 14	ROCHESTER (MN)	L 0-1
*Wed., 17	at Harper	W 4-0
Thu., 18	at Waubensee	W 1-0
*Sat., 20	at Joliet	W 3-0
Tue., 23	REGION IV PLAYOFF	W 6-0
Sat., 27	REGION IV FINALS	W 2-1
NOVEMBER		
Fri., 2	Dist. Tournament at Region IV	3 p.m.
Sat., 3	Dist. Tournament at Region IV	L 0-2
Sat., 10	NJCCA Division III Nationals @ Tyler, TX	TBA
Sun., 11	NJCCA Division III Nationals @ Tyler, TX	TBA

WOMEN'S TENNIS

AUGUST		
Wed., 29	ST. FRANCIS	W 8-1
Thu., 30	CALUMET COLLEGE OF ST. JOE'S	W 9-0
SEPTEMBER		
Tue., 4	at Elmhurst	W 9-0
Thu., 6	BENEDICTINE	postponed
Sat., 8	Dave Webster Doubles Classic	9 a.m.
Mon., 10	at Lewis	L 3-6
Wed., 12	at Rock Valley	W 9-0
Sat., 15	at Rend Lake	W 9-0
Wed., 19	at McHenry	W 9-0
Fri., 21	DuPAGE-DePAUL INVITATIONAL	2 p.m.
Sun., 23	DuPAGE-DePAUL INVITATIONAL	9 a.m.
Mon., 24	MORAIN VALLEY	W 8-1
Sat., 29	ROBERT MORRIS	W 9-0
OCTOBER		
Mon., 1	at North Central	L 3-5
Wed., 3	at Univ. of Chicago	L 3-6
Sat., 6	Region IV Tournament	W 9-0

MEN'S SOCCER

AUGUST		
Sat., 25	Owens (OH) at South Bend, IN at Lake County	L 1-2 T 3-3
SEPTEMBER		
Sat., 1	PRAIRIE STATE	W 3-1
*Wed., 5	at Joliet	W 3-2 (2ot)
*Fri., 7	at Triton	L 0-2
Sun., 9	OAKTON	T 2-2 (2ot)
Sat., 15	vs. Jefferson (MO) at Lincoln Land	L 0-1
*Wed., 19	at Harper	W 1-0
Thu., 20	ELGIN	W 2-0 (2ot)
Sat., 22	at Lincoln Land	T 0-0 (2ot)
Sun., 23	ILLINOIS CENTRAL at Lincoln Land	L 0-1
Tue., 25	KENNEDY-KING	W 4-1
Sun., 30	KISHWAUKEE	W 2-0
OCTOBER		
Tue., 2	McHENRY	W 5-0
*Wed., 3	JOLIET	W 1-0
*Fri., 5	TRITON	L 0-2
Sat., 6	MORAIN VALLEY	L 0-1
Mon., 8	MORTON	L 2-3
*Wed., 10	HARPER	W 3-0
Sat., 13	SOUTH SUBURBAN	T 2-2 (2ot)
Sun., 14	vs. Jefferson (MO) at Lincoln Land	L 1-2
Sat., 20	REGION IV PLAYOFFS	W 1-0
Wed., 23	REGION IV PLAYOFFS	W 1-0 (2ot)
Sat., 27	REGION IV PLAYOFFS	L 1-2 (ot)
NOVEMBER		
Sat., 3	DISTRICT PAYOFF @ Region XI	12 p.m.
Thu., 15	NJCAA Division I National Tourney at Tyler, TX	TBA
Fri., 16	NJCAA Division I National Tourney at Tyler, TX	TBA
Sun., 18	NJCAA Division I National Tourney at Tyler, TX	TBA

CROSS COUNTRY

AUGUST		
Fri., 31	at Elmhurst College, Elmhurst, IL	5 p.m.
SEPTEMBER		
Sat., 15	Midwest Collegiate Kenosha, WI	1 p.m.
Sat., 29	at Loyola University	11 a.m.
OCTOBER		
Sat., 13	at University of Wisconsin Regional IV Championships at Palos Hills, IL	1 p.m. 10 a.m.
NOVEMBER		
Sat., 10	NJCCA Division III Nationals at Long Island, NY	

GOLF

AUGUST		
Fri., 24	Freeport, IL	cancelled
Fri., 31	Port Byron, IL	10 a.m.
SEPTEMBER		
Thu., 6	Romeoville, IL	12 p.m.
Sun., 9	Bloomington, IL	12:30 p.m.
Mon., 10	Bloomington, IL	8 a.m.
Fri., 14	Sterling, IL	10 a.m.
Tue., 18	Plainfield, IL	11 a.m.
Fri., 21	Oglesby, IL	11 a.m.
Sat., 22	Oglesby, IL	8 a.m.
Fri., 28	Byron, IL	12:30 p.m.
OCTOBER		
Thu., 4	Region IV Tournament Byron, IL	10 a.m.
Fri., 5	Region IV Tournament Byron, IL	9 a.m.
Sat., 6	Region IV Tournament Byron, IL	9 a.m.

* denotes conference games
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