

# FEATURES

## Walking class explores local forest preserves

By Heidi Koos  
Features Editor

Nine students enrolled in Fitness Walk I were out in a steady rain at the Kline Creek Farm forest preserve on Sunday.

"Walking in Your Own Backyard" is one of the college's offerings through the Field and Experiential Program. Students explore our area's forest preserves on Sundays during hikes that can range from two to 10 miles in length.

"One of my motivations was seeing the places you drive by and never see," student Cathleen Wallin said.

Wallin took the class this past spring and said the trails were muddier than but she still enjoyed the experience.

"It helps you to walk faster. When you're by yourself it's tempting to stop after five or six miles," Wallin said.

Bill Norris has taught the class for five semesters and said the group goes out in all types of weather. The only exception is when the class witnesses lightning because many students use metal

walking sticks.

Norris issues pedometers at the beginning of class for students to start monitoring the average amount of steps they take daily. Students then use this data to make fitness goals.

"I have people keep a journal. It keeps you a little more honest because you don't want a gap in the journal," Norris said.

"Hiking's easy - other things involve equipment and schedules. I'm okay with the rain. It rained last semester and somebody set up an umbrella and we ate lunch under it," Wallin said.

Norris co-teaches the class with his wife because over time he's noticed that students can't always keep up with a "killer pace." With another supervisor present it's possible to have two groups of walkers.

"A big thing is the social aspect," Larry Ward, associate professor of music and humanities, said.

Norris agreed that many students take the class because they don't feel safe walking by themselves in for-



Photo by Aldo Blanco

Bill Norris, instructor, leads Eleen Chudric and Kathy Luczynsky on a six mile hike at Kline Creek Farm in Winfield as part of the Fitness Walk I class "Walking in Your Own Backyard."

est preserves. A group of his former students still get together to walk.

Norris also teaches rock climbing, hiking, canoeing,

caving, cross-country skiing and snowshoeing. This winter he will take a class to ski in Michigan's Upper Peninsula and tour several waterfalls in different frozen states.

Kline Creek Farm is a living history farm with volunteers and workers that tend to the farm's animals and chores. Kline Creek has horses, chick-

see 'Walking' page 10

## Study abroad scholarship's due date approaching

By Heidi Koos  
Features Editor

Applications for the college's spring semester College of DuPage Study Abroad Scholarships that awards between \$500 and \$1500 are due Oct. 20. Qualifying students must have at least 12 hours of college credit courses, a cumulative grade point average of 2.75 or greater and be enrolled in six or more credit hours.

An essay is also required in which students explain how the program will benefit them professionally. According to Helen Feng, co-chair of the Study Abroad Scholarship Committee and professor of history, if the applicants are all equal in objective criteria, the essay will be the deciding factor.

"It's important there's a connection between a student's course of study here and where they're going. When they return, how are they going to use this opportunity to give back to the community? If the student reveals something unique the readers will notice and the student will stand out," Feng said.

Feng said she understood the perception that studying abroad is an academic experience reserved for wealthy students.

"That is why this fund exists. Being able to go on a study abroad program is culturally enriching. Especially



Photo by Aldo Blanco

Helen Feng is a professor of history and co-chair of the study abroad scholarship committee with Julia Fitzpatrick-Cooper, professor of ornamental horticulture.

in this globalizing world it's important for students to go out there and learn about the world's communities. We wish we could give out more scholarships," Feng said.

Scholarships are awarded on a merit basis and can be used for programs that range from two to 16 weeks in length.

Since its inception in 1994,

the college's scholarship fund has awarded over \$64,000.

Money for the fund is provided by individual donations, an annual allocation from general education funds and the revenue from taffy apple and Fanny May candy sales by the committee.

Feng said the committee of a dozen faculty and classified staff works with the McAninch Arts Center to provide special tickets for shows with an international theme. A donation to the scholarship is built into the ticket price and audience members are invited to a pre-concert lecture that helps them prepare for what they are about to listen to.

This spring the committee began selling tickets for prize drawings before Global Flicks films and during International Education Week.

Feng said the committee receives two or three applications for semester programs. Competition for summer programs that are less expensive and shorter in duration is high - the committee receives 12 to 20 summer applications.

Feng described the benefits that travel would provide students.

"Learning to communicate in a different way, seeing the way of life of a different people and a new autonomy and self-knowledge," Feng said.

For information on study abroad programs offered this spring by the college see page 11.

## "Images" producer presents college life for public access

By Heidi Koos  
Features Editor

"Images," the half hour long cable show about people and events at the college, airs on 14 public access cable stations in the Western suburbs. Kevin Willman, producer and director of video multimedia, edits the show in the Open Campus Center offices near the college's radio station and Public Information departments.

Willman meets once a month with Brian Kleeman, news bureau coordinator, and his staff to determine what will be included in the next show. The last "Images" edition highlighted Stephen Cummins, the Art Center director and the Sept. 19 College Fair.

Willman receives story ideas from viewers through e-mail requests and the news releases from Public Information. He determines if stories have a visual component that will be good for television and if they can be efficiently shot. Most segments will include two interviews and footage from one shoot, but in the past Willman has produced stories that involved up to six interviews and multiple shoots.

Willman said that each 29 minute show represents 154 see 'Images' page 10



Photo by Aldo Blanco

Kevin Willman (left) and Paul Thompson (right) work on color correction and timing in the control room of the Multimedia Services department. They are producers of the monthly show "Images."

'Images' from page 9 hours of production and editing. The monthly budget for the show is \$5,400 and includes the time spent writing the copy, duplicating the edition on DVD and creating a streaming video version for the Internet.

Scott Wager, the college's radio station manager, is the host of "Images." However, Willman is considering a new segment to be hosted by a student that will be like Window to the World's Channel 11 program "Wild Chicago."

In 2005 Willman won a platinum Aurora Award for a video he produced titled "Success Has No Gender" about different professionals that defy gender expectations.

"It was a neat thing to do because we looked at people in the automotive and child care industries and you learn about them, about what they want to do," Willman said.

The multimedia department produces promotional pieces for the college, telecourses for the college's li-

brary that are broadcast live to 50 to 250 sites, training videos for the college's vocational programs and "Career Paths," a cable access show that is produced every two months and spotlights successful college alumni.

Willman recently spent six months creating the college's admissions video. Students gave their perspective on what the college is like and advice for future students that included getting involved in campus activities and seeing the counselors.

Willman photographed the recent "Portraits of a Soldier," an exhibit of portraits of Illinois soldiers killed in the Afghanistan and Iraq wars.

He created a montage of each soldier's eyes with shots that begin in close up and then expand to reveal their full faces. Willman described the process as "emotional."

He is also proud of the work he did filming children from a Keeneyville county elementary school that visited the college with the aim of sparking the young students'

dreams of higher education.

Willman writes the text and creates the graphics for the DVD menu screens of educational training videos that were transferred from tape to a digital format when the department acquired new cameras this spring.

Willman spends much of his time in one of the department's seven editing suites that are outfitted with track lighting overhead to reduce eye strain.

The multimedia department has a staging area that can house up to three separate sets at one time. Actors for training videos are hired through an agency in Chicago.

The main control room can accommodate 12 to 15 people and soon four large television screens will replace the bank of 20 small monitors.

Willman usually has one student worker that he is mentoring at any given time.

Workers are multimedia majors and are recommended by teachers in the program as top students.

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### 'Walking' from page 9

ens, ewes and bees.

Other forest preserves the class will visit this semester include:

#### Danada

Location:

The entrance is located on the east side of Naperville Rd, one mile south of Butterfield Rd.

Features:

- rolling terrain
- prairies and woodlands
- waterfowl, herons, deer, foxes, coyotes, grassland birds
- horses grazing at Danada Equestrian Center
- access to fishing along shores of Rice Lake

#### Herrick Lake

Location:

The main entrance is located on the south side of Butterfield Rd approximately two miles west of Naperville Rd.

Features:

- connects to Illinois Prairie Path
- relatively level terrain, some rolling hills
- meadows with deer, red foxes, dickcissels, savanna sparrows and meadowlarks
- night herons, wood peewees, woodcocks, chickadees and scarlet tanagers
- forests with elm, maple, oaks, hickories
- marsh areas with great blue herons, egrets and waterfowl
- boat, canoe and kayak rentals

#### Waterfall Glen

Location:

The main entrance is on Northgate Rd. From I-55, take Cass Ave. half a mile south to Northgate Rd. Turn right on Northgate, and go 400 feet to the lot.

Features:

- popular cross-country ski trails
- additional unmarked paths to explore on foot
- prairies, savannas, oak-maple woodlands and scenic overlooks
- location of three-quarters of plant species in DuPage County
- gently rolling to hilly terrain with some steep sections
- south leg of Main Trail and remnants of early-1900's Lincoln Park Nursery

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**Biomathematics Seminar**

Dr. Anton Weisstein, Assistant Professor of Biology, Division of Science, Truman State University will present "Unveiling the Past: New Analyses for Inferring Evolutionary and Demographic Histories from Current Patterns of Genetic Variations." from 1:00 p.m. to 2:00 p.m. on Oct. 19 in IC 1000.

The Benedictine University – College of DuPage Biomathematics Seminar is designed to introduce undergraduate students to current trends in biomathematics.

**Books Beyond Borders**

An international children's literature fair will be held from 9:00 a.m. to 4:00 p.m. in Oct. 20 in SRC 1544, hosted by the Writers Read Program and the College of DuPage Library.

**Student Workshop**

Are you overwhelmed and confused about your college major and career path? A seminar titled "Jobs, Trends and the Economy - A Workshop for Undeclared Majors" will be from noon to 1:00 p.m. in SRC 1450a.

**The Chicago Council on Global Affairs**

Kevin Bales, professor emeritus at Roehampton University, will present a speech entitled "Ending Slavery" from 7:00 to 9:00 p.m. on Oct. 22 in SRC 2800.

Bales serves on the board of directors of the International Cocoa Initiative, an organization working to eliminate forced labor in the chocolate industry. He co-wrote a documentary based on his work, "Slavery: A Global Investigation", for which he won the Peabody award in 2000 and two Emmy Awards in 2002.

Ticket prices are \$10 for members and admission is free for students and faculty. For more information, call the College of DuPage International Education Office, 630-942-3078.

**Domestic Violence Fair**

October is Domestic Violence Awareness Month. The Third Annual Domestic Violence Awareness Fair will be from 10:00 a.m. to 7:30 p.m. on Oct. 25 in the hallway outside the Library.

**International Brown Bag**

Professor Chris Goergen and assistant professor Chris Miller will present "What We Can Learn From the Netherlands: Immigration, Environment, Education and Sports" from 12:30 p.m. to 1:30 p.m. on Oct. 25 in SRC 1450 (in the cafeteria). The professors will show slides from their recent exchange program to the Netherlands and discuss issues of importance to the Dutch.

**Page Turners**

In 1949, Orwell published a dystopic vision of our time. A future where individual privacy was abolished, surveillance cameras were in every home, countries existed in a constant state of war and governments lied to their people.

Page Turners book club will be discussing "1984" by George Orwell at 3:00 p.m. on Nov. 8 in Follett's college bookstore. This event is co-sponsored by the Page Turners and the Sci-Fi Fantasy Club.

Read the book and join us in our discussion.

**Study abroad programs and future scholarships to apply for:**

**Canterbury**

Travel back through the ages as you live and study in Canterbury, England. Relive the Norman conquest. See where Thomas Becket was murdered. Walk along an ancient Roman wall. College of DuPage invites you to spend 13 weeks exploring the social, political and historical aspects of British culture.

**Salzburg**

Situated in the northern foothills of the Alps near the Bavarian border, Salzburg is considered one of the world's most beautiful cities, with scenic landscapes and a rich architectural heritage.

**ICISP (Illinois Consortium for International Studies and**

**Programs)**

Scholarships are in the amount of \$500 for semester or summer programs. Students participating in an ICISP program are eligible to apply. The College of DuPage deadline is Nov. 20 for spring programs and April 6 for summer and fall programs. Applications are available in the International Education office, Berg Instructional Center (IC), Room 3116.

**WISP (Work Immersion Study Program in Germany)**

This scholarship program is for students to learn about German culture while participating in a paid summer internship. Applicants must have taken at least one semester of German, be 18

to 27 years old, enrolled in a community college, and majoring in a business or technical field.

The application deadline is Dec. 15 for the summer program. Additional information at [www.cdsintl.org/fromusa/wisp.htm](http://www.cdsintl.org/fromusa/wisp.htm).

**CBYX (Congress-Bundestag Youth Exchange for Young Professionals)**

The Congress-Bundestag Youth Exchange (CBYX) for Young Professionals is a year-long scholarship program that involves language study, academic courses and an internship. Applicants must be 18 to 24 years old at the start of the program and have a high school diploma or its equiv-

alent. German language proficiency is not required, but strongly recommended. The deadline for the program beginning the following July is Dec. 1.

Additional information and application available at [www.cdsintl.org/cbyx](http://www.cdsintl.org/cbyx).

**National Security Education Program (NSEP/BOREN)**

This scholarship is for language study in developing countries. Scholarships vary in amounts from \$2,500 to \$20,000 depending on the length of the program. Scholarship awards can apply to summer 2008, fall 2008 or spring 2009. The College of DuPage deadline is early February 2008. Additional information at [www.iie.org/nsep](http://www.iie.org/nsep).

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