

FEATURES

Blood drive to draw from large pool of donors

By Keisha Edwards
Sports Editor

Just put out your arm and prop up your feet. The whole procedure takes approximately 45 minutes to complete.

The college is hosting a Blood Drive from 9 a.m. to 3:30 p.m. on Wednesday, Nov. 16 in SRC 1450 A & B.

Hospitals rely on donated blood to keep the blood supply where it should be.

It's important that every community has a sufficient quantity of blood available for every situation.

LifeSource, a nonprofit organization, makes the connection between those that need blood and those that are willing to donate it.

The blood is collected by LifeSource, which provides blood to 94 percent of the Chicago land area.

More than 1,500 donors are needed on a daily basis just to meet the needs of patients in the LifeSource service area.

Every unit of blood donated helps three individual people, but there is a great need for diversity of blood types.

So all ethnicities are encouraged to donate, because rare blood types are specific to race.

LifeSource reaches out to businesses, the military, religious organizations, community groups, high schools and to us the colleges.

The highest number of units that the college has ever collected was 78 units in 2004, which is nothing for a campus of our size said staff nurse Gail Deckert of Health and Special Services.

About five percent of the



Photo by Robert Bykowski

Gail Deckert, staff nurse and blood drive coordinator, draws blood from administrative assistant Melissa Foerstel.

eligible population donates blood.

Donors must be in good health and weigh at least 110 pounds.

Donors must wait 56 days in between donations and have proper ID.

Donors can safely use certain medications such as antibiotics, but not within three days before donating.

If you were hospitalized, have had surgery, or have existing medical conditions acquire at the LifeSource help desk at 1-800-486-0608 for further information.

Also those who have traveled or lived outside the country in such places as Haiti, Korea, India, the Mexican Ruins, or any place at risk for malaria should call the help desk.

Travelers may still be eligible to donate.

Stop in Health Services at IC 2001 contact the office at 942-2154 with any questions or to set up an appointment.

Prior to donating there will be a brief physical (blood pressure, pulse, temperature and a iron count).

There will also be a medical history and a questionnaire about your lifestyle.

Enjoy pre-donation refreshments. Actually donate the blood and then enjoy post-donation refreshments.

"It's important to get a good nights sleep, and eat a full and health breakfast before donating," said Deckert.

LifeSource will be holding a small raffle after the blood drive to thank people for their support.

Student-driven award will recognize outstanding advisors

By Keisha Edwards
Sports Editor

A new award has been developed to recognize those who provide outstanding academic advising to students.

The Academic Quality Improvement Program has been working on the "Outstanding Adviser Award" for three years and is finally ready to give it a go.

The award will recognize two people, one from the Academic Affairs Division and one from the Student Affairs Division.

"I'm pleased that we've finally gotten ourselves to this point. It was what faculty, classified and part-time faculty thought we should be doing, to acknowledge the good work that many of our advisors do. So I'm thrilled that we're ready to run our

first award," said Dean of student services Jocelyn Harney.

The students will be the ones nominating the advisors who hold certain qualities that all advisors should hold.

The person nominated should have strong interpersonal skills and they should also have a caring and helpful attitude.

The nominees need to have demonstrated a mastery of institutional regulations, policies and procedures.

The nomination period will begin Friday and conclude on January 13, 2006.

All nomination forms can be dropped into a ballot box in Counseling and Advising Services (SRC 2044), Library Circulation Desk, Student Activities (SRC 1800), Student Affairs Office (IC 2115) and other various locations throughout the campus.

Nominees will be notified and asked to provide more information about themselves.

Then a selection committee will ask the nominees a series of questions. They will then be evaluated and two individuals will be chosen.

The winner of the award will receive a monetary award, a plaque and a trip to the national advising conference.

"I think it's a very nice honor to be nominated by the students for the services you have provided, plus I think it's a wonderful honor to win," said Mandy Kouri, Advising Support Coordinator.

The award's main purpose is to value the advising component at the college and show how important our advisors really are.

F.Y.I.

■ AAWCC White Elephant and Bake Sale

The American Association for Women in Community Colleges will hold a White Elephant and bake sale from 10 a.m. to 2 p.m. on Nov. 17 in the SRC foyer.

Call Jackie Reuland at 942-2567 for more information.

■ Degree requirements workshop

Wondering how to complete a degree by combining quarter and semester credits?

Attend this presentation from noon to 1 p.m. on Nov. 8 in SRC 1450A (inside the cafeteria) with Counselor Carol Giegerich for a better understanding of the process of degree completion.

Gain an understanding of the conversion of quarter

credits to semester credits and how it affects your degree.

■ CCFR event

Sunil Khilnani and Paul H. Nitze of Johns Hopkins University will present "Global Transitions" at 7 p.m. on Nov. 14 in SRC 2800.

Tickets are free for students, faculty and staff.

Call the MAC box office at 942-4000 for tickets.

■ Thanksgiving bake sale

The Hospitality Administration is offering its annual Thanksgiving bake sale.

Order your holiday pumpkin pie, cheesecake, dinner rolls and more.

Orders must be placed by noon on Nov. 14.

For more details, call Chef Chris Thielman at 942-2720.

Columbia's problems are mystery to most

By Jayne Baessler
Correspondent

Zulia Mena, the first elected congresswomen in Columbia, gave a presentation on understanding the crisis that is going on in the troubled country on Oct. 27.

Seeing is believing. Mena explained that the best way to understand Columbia's crisis would be to visit the poverty stricken area.

Instead, the United States government and the Columbian government are keeping quiet about the severe social injustice issue.

"The tax money that United States citizens are paying goes directly to the Columbian government and is used almost entirely on war expenses," said Mena.

The United States associates cocaine and coffee with this part of the world, unaware of the other underlying issues going on.

Columbia is very wealthy in natural resources and agriculture. In effect, the United States is also being deprived of the benefits that Columbia has to offer.

The people are beyond the government's control, and the president is not elected by the people.

Instead, government officials are chosen on the basis of prominence, power and wealth, such as elite athletes.

On the other hand, people such as Mena are chosen by popular vote and are representatives of a specific area.

However, Mena declared that there are only a few representatives in all of

Columbia who care about their job to help improve literacy, end unemployment and supply clean drinking water to people.

"People are living on less than a dollar a day and are dying mainly due to the cause of dirty drinking water," said Mena.

Unfortunately, the president in Columbia controls all of the power and his intentions are not directed towards the people.

"To speak out and share your point of view is considered a crime," said Mena.

People are unable to defend themselves and the president thinks the best way to deal with issues in his own country and around the world should be done through guns and means of death.

There are only five wealthy families in all of Columbia and they are the people making sure that the president's demands become a reality.

"The government is the biggest perpetrator of violence," said Mena.

Mena compared the president of Columbia to George W. Bush by saying that the leaders of each country do not listen to anyone besides themselves and refuse the opinions of others.

People who chose to vote for representatives will have to pay for their vote by suffering increased hunger.

Bad attitudes are spreading all over Columbia and it is the students around the world who are making the biggest changes by making their friends, family and congress more aware of the problems in Columbia.